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Results and lessons learned of prevention
program to support parents
(Closer each other-further from risky behaviors)
implemented in Tajikistan and Kazakhstan

Central Asia Drug Action Program (CADAP 6)
Prevention Component

Lisbon Addictions 2019
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Introduction

- Prevention program addressed to parents «Closer each other – further from risky behaviors» developed by European and Central Asia experts on the basis of scientific background and tested in Kazakhstan, Kirgizstan, Tajikistan and Uzbekistan.
- Goal of the program: to involve parents into prevention of risky behaviors of their children and to increase parents' skills
- Program consists of 3 parental meetings leaded by classroom teachers
- Evaluation of the program employed quantitative and qualitative methods - the results of quantitative evaluation are the only matter of the presentation



Content of the program

- Three sessions (45-60 minutes each) with parents conducted by teachers during parental meetings in schools
- Parents of teenager school students covered by the program
- Teachers trained by certified trainers who were earlier trained by European experts
- Each session implemented using interactive methods
- Home work for parents after first and second session.

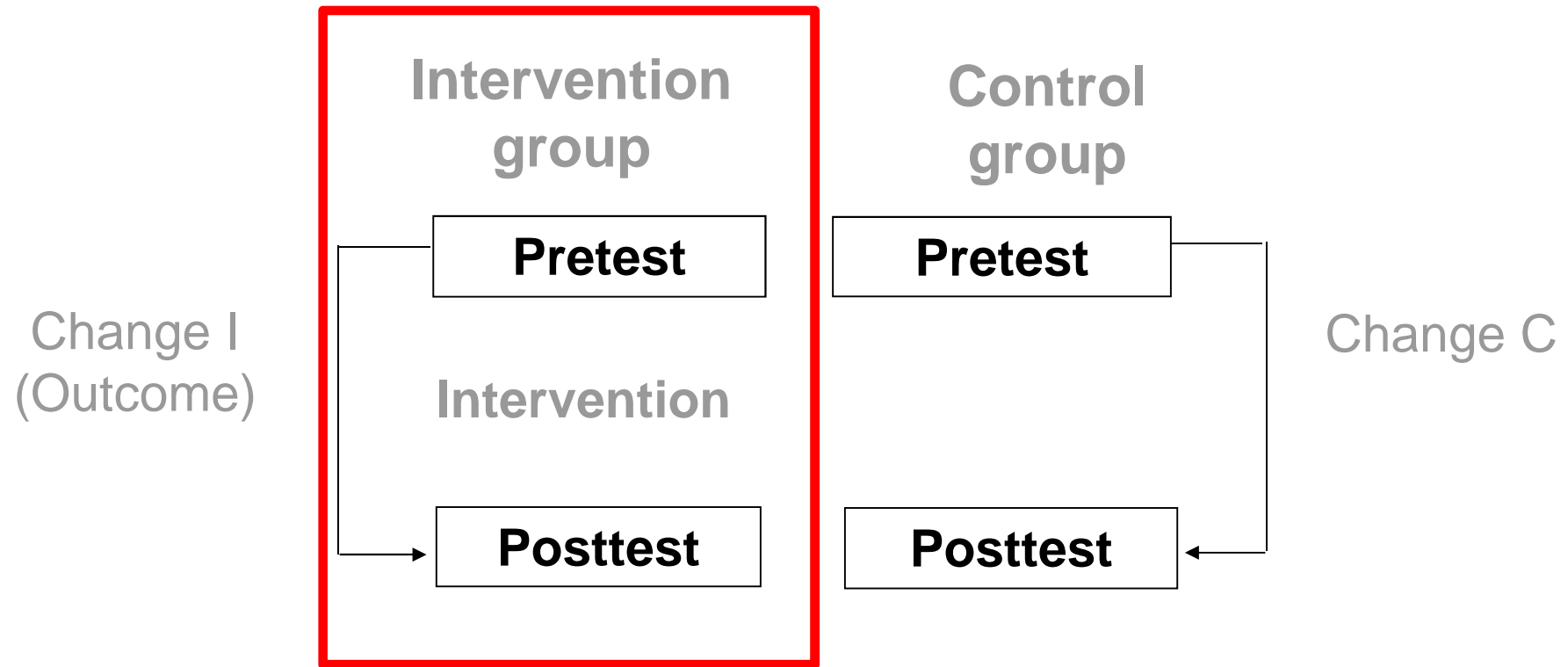


Evaluation method

- Self-administrated short questionnaire for parents participating in parental meetings
- Russian and national languages versions
- Data collected anonymously twice:
 - Pretest applied in the beginning of first parental meeting
 - Posttest applied at the end of last parental meeting
- Post-test questionnaire for intervention group contained questions on program assessment additionally to questions from pretest



Design of outcome and impact evaluation



$$\text{Impact} = \text{change I} - \text{change C}$$

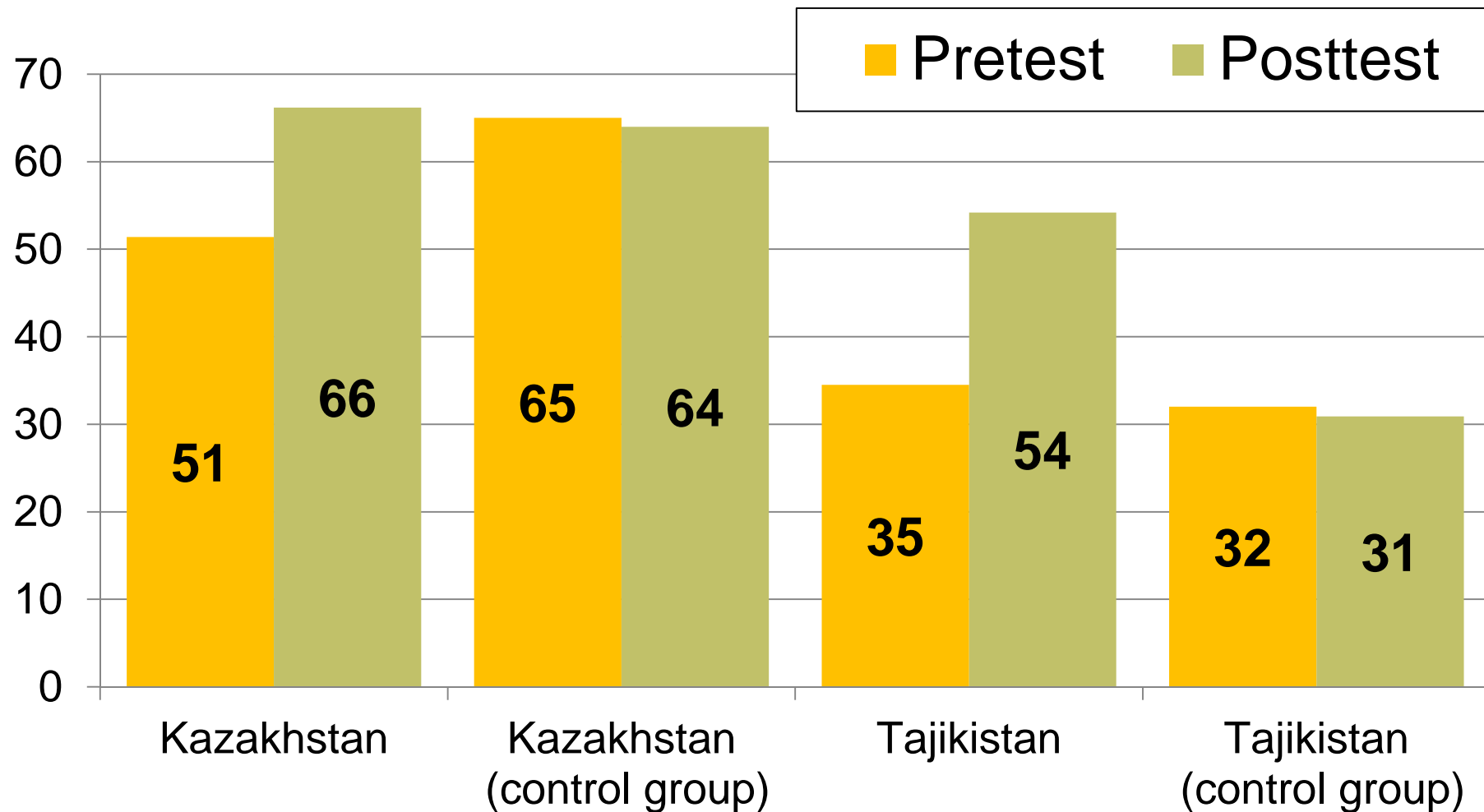


Samples

		Pretest	Posttest
Kazakhstan (Aktobe, Karaganda, Kokshetau, Shymkent)	Intervention group	4618	4011
	control group	1248	1252
Tajikistan (Kulyab, Khorog, Dushanbe, Khujand, Yavan district, Tursunzade)	Intervention group	5454	5498
	control group	1372	1361

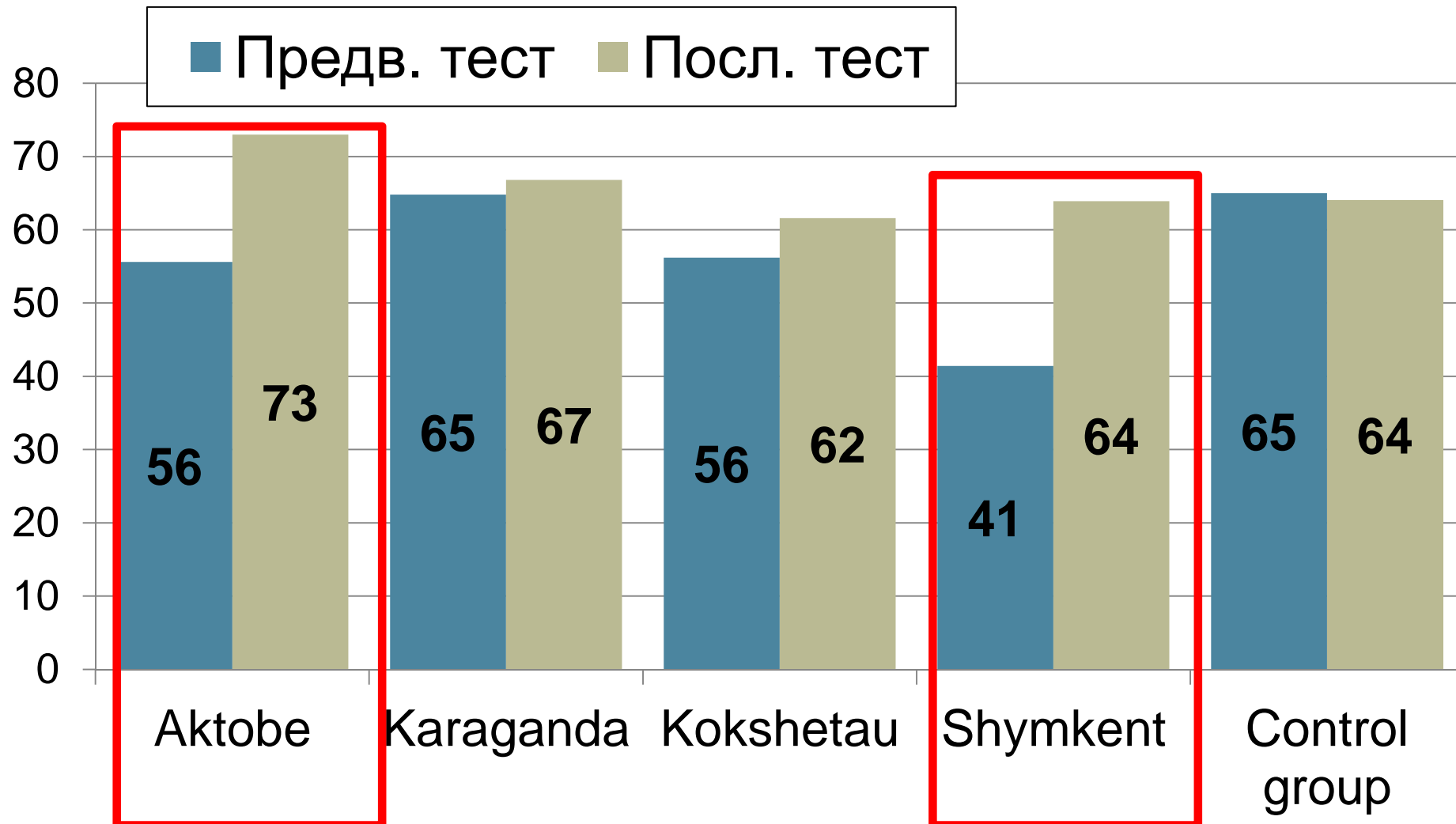


I usually spend at least 15 minutes talking to a child,
paying attention to him (% Definitely YES)



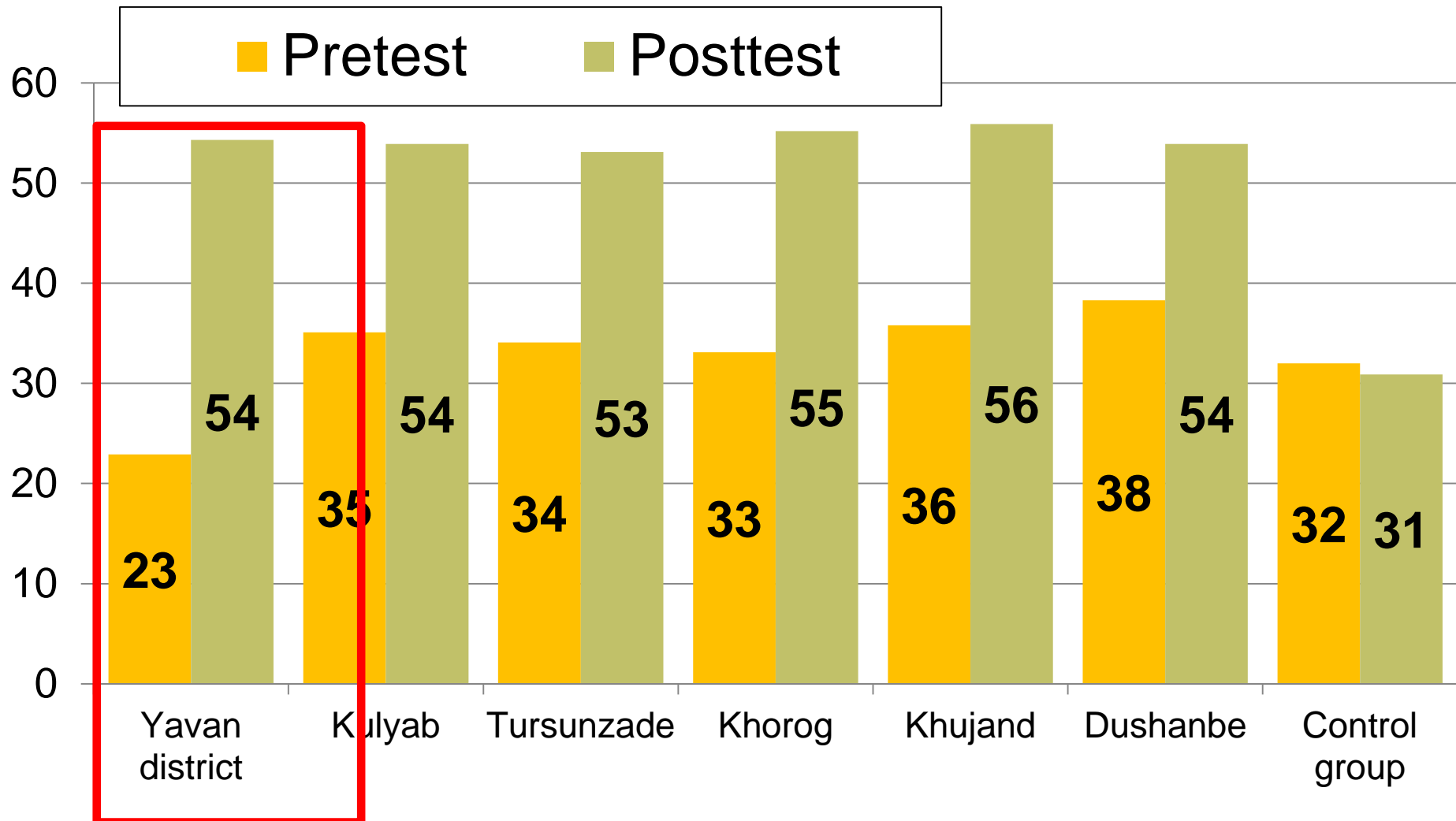


I usually spend at least 15 minutes talking to a child, paying attention to him (% Definitely YES) **Kazakhstan**



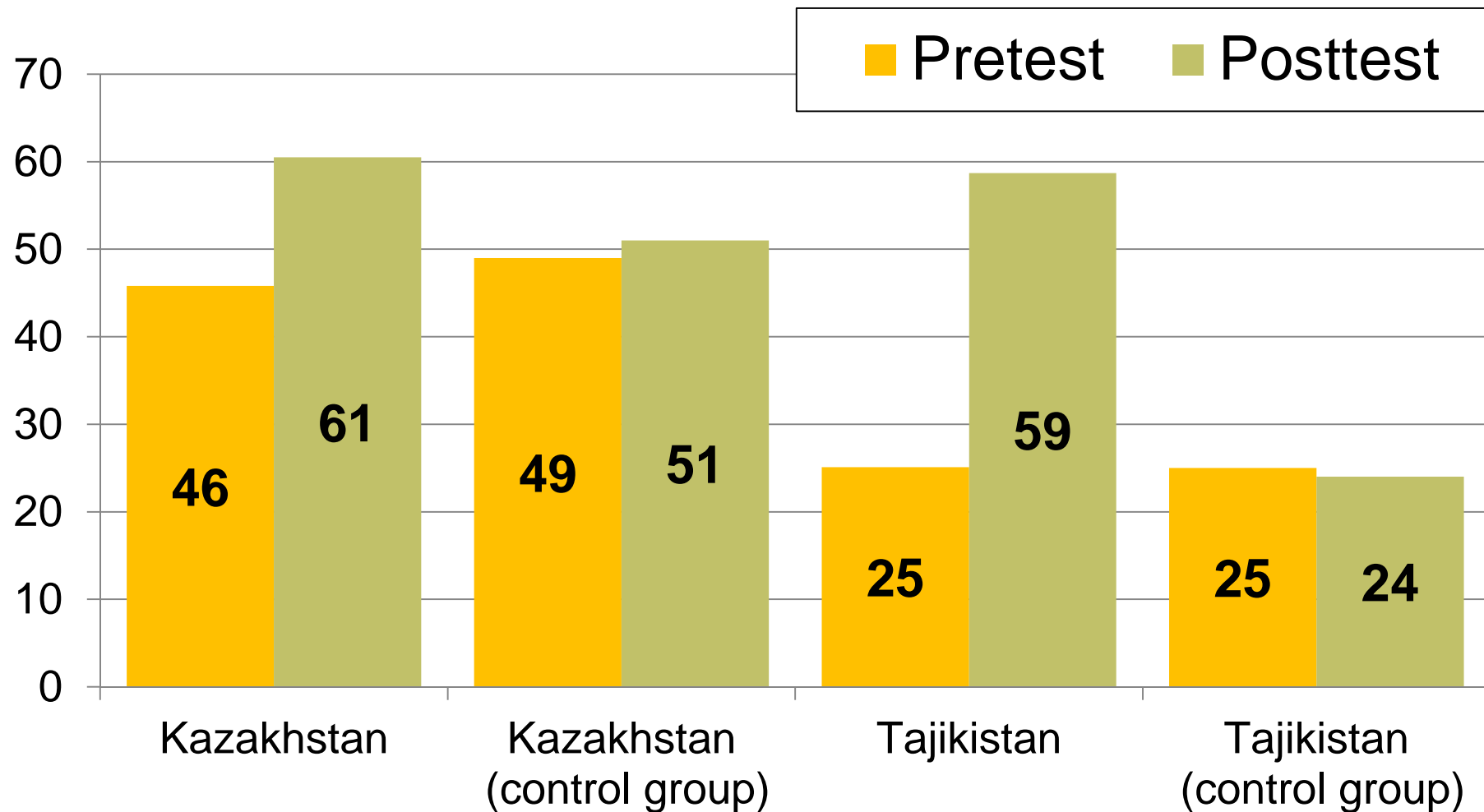


I usually spend at least 15 minutes talking to a child, paying attention to him (% Definitely YES) **Tajikistan**



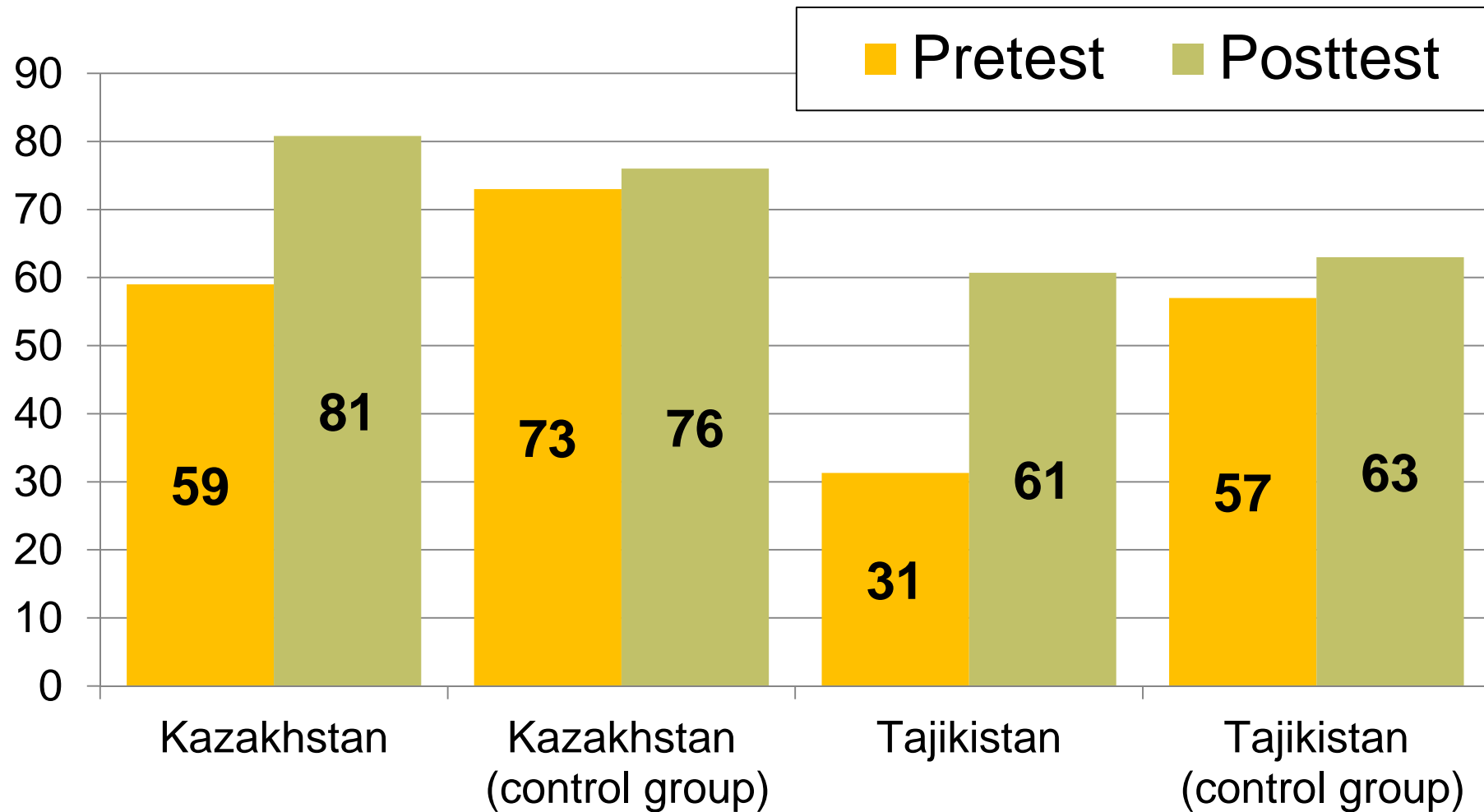


If my child had drug problems, I know where to go for help (% Definitely YES)



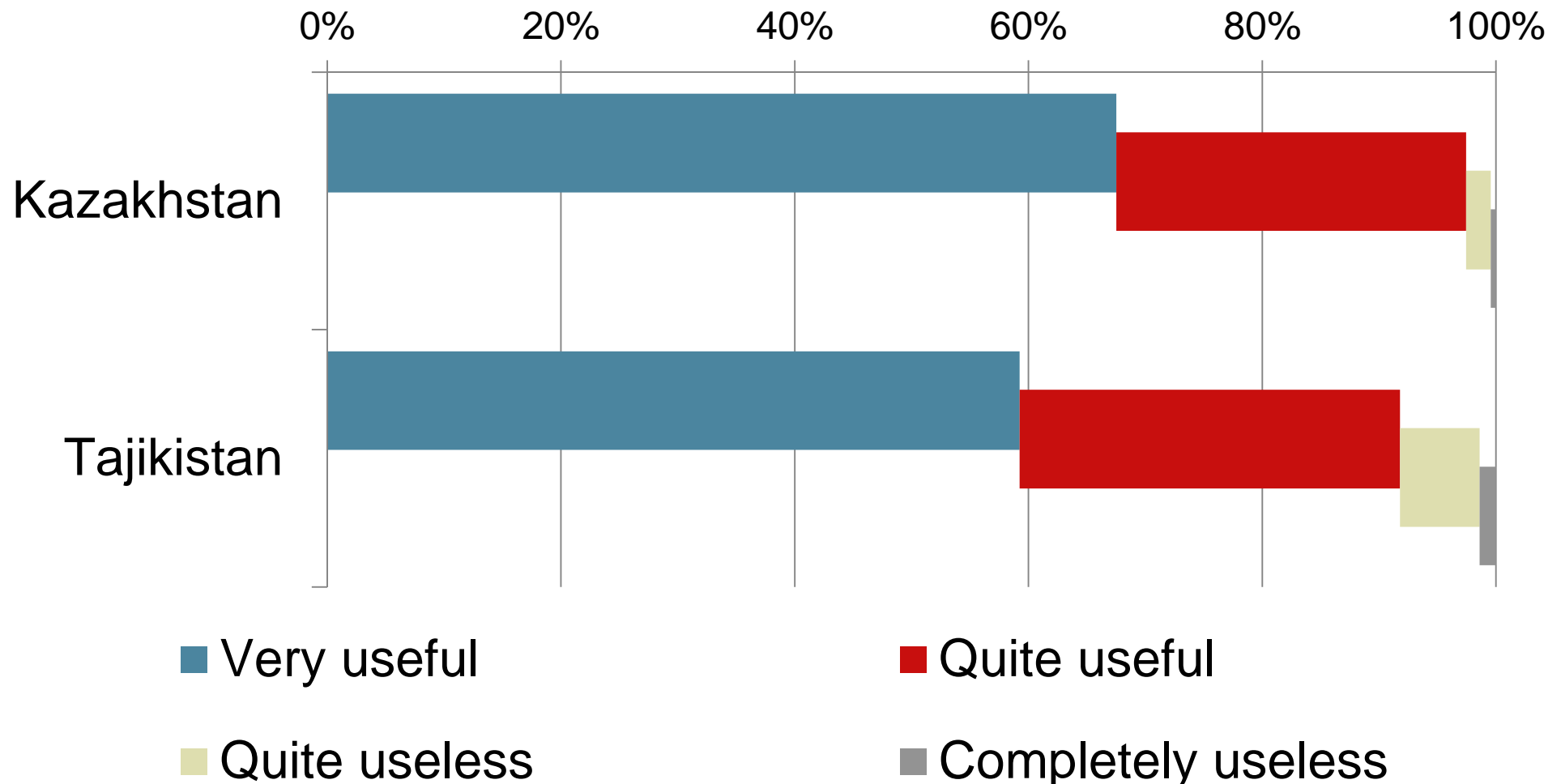


My child knows what rules he must follow regarding alcohol (% Definitely YES)





General assessment of the parental meetings held in the scope of the program





Conclusions

- Results of survey show positive outcome :
 - parental approach and strategies improved
- Results of survey confirmed impact of the program:
 - The changes of indicators in intervention schools (with program) were beneficial while there was no change observed in control schools
- The results were different depending on the place of implementation



Lesson learnt

- Importance of cultural context which was differentiated by country and also within countries
- Focus on the family and particular on the parents is in line with cultural context of countries of the region
- New interactive methods to work with parents were successful and they improve communication between teachers and parents as a positive side effect.