

Session: The challenges of monitoring new drugs

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Use of physiologically based pharmacokinetic modelling of new psychoactive substances

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**In relation to this presentation, the lead author has not
conflict of interest that need to be disclosed**

Problem Statement

- **Increased number of detections of New Psychoactive Substances in Europe (nearly two NPS are detected every week)**
- **It stands as a major challenge to drug policy and practice regarding the implementation of European legislation on NPS, and to develop a best practice protocol on prevention.**

ESTIMATE NPS USE IN EUROPEAN POPULATIONS



Wastewater plants
and sampling

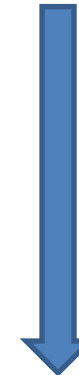
+



Urine samples from
patients admitted in
emergence rooms in
central hospitals

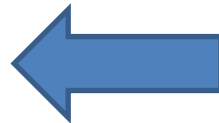


**NPS
Quantification**



**NPS pharmacokinetic properties
(metabolism and excretion patterns)**

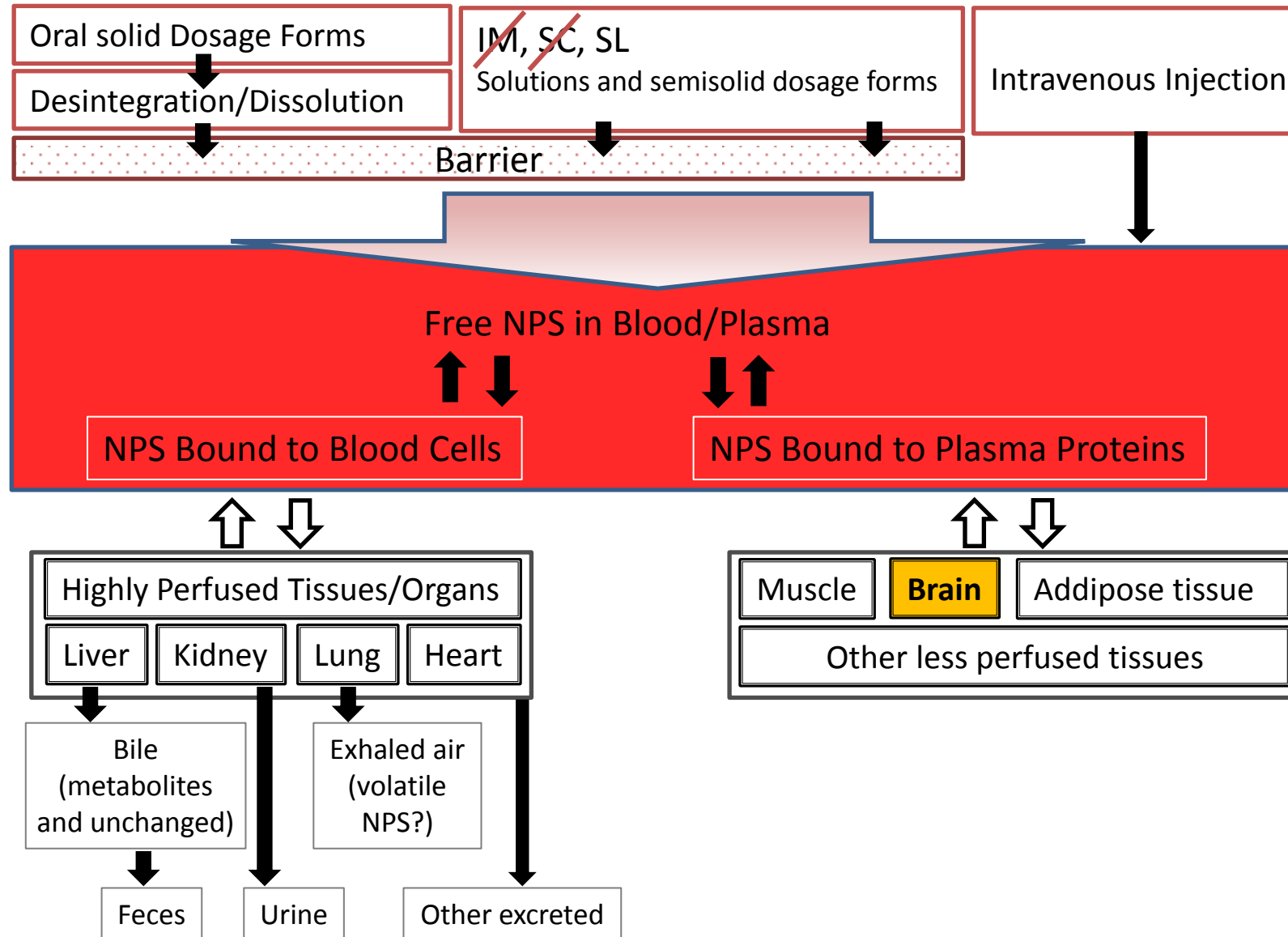
- From literature for specific compounds
- Predicted *in silico* for undescribed NPS



Estimates of NPS population
consumption patterns

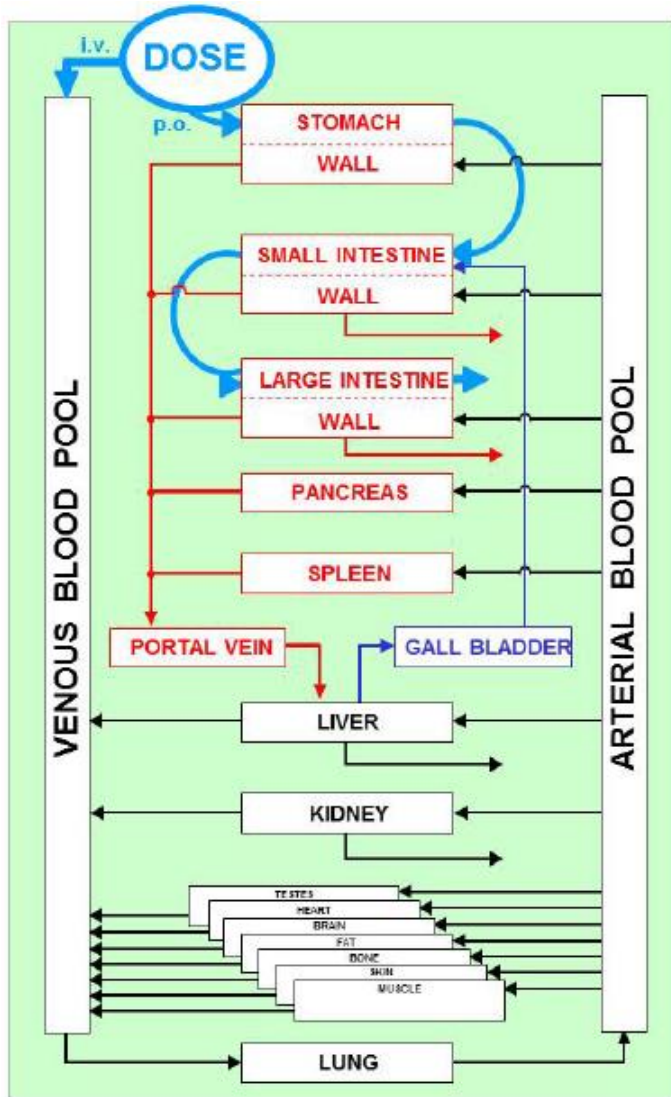
PHARMACOKINETICS OF SMALL MOLECULES

Use of physiologically based pharmacokinetic modelling of new psychoactive substances



What body does to a drug/drug product?

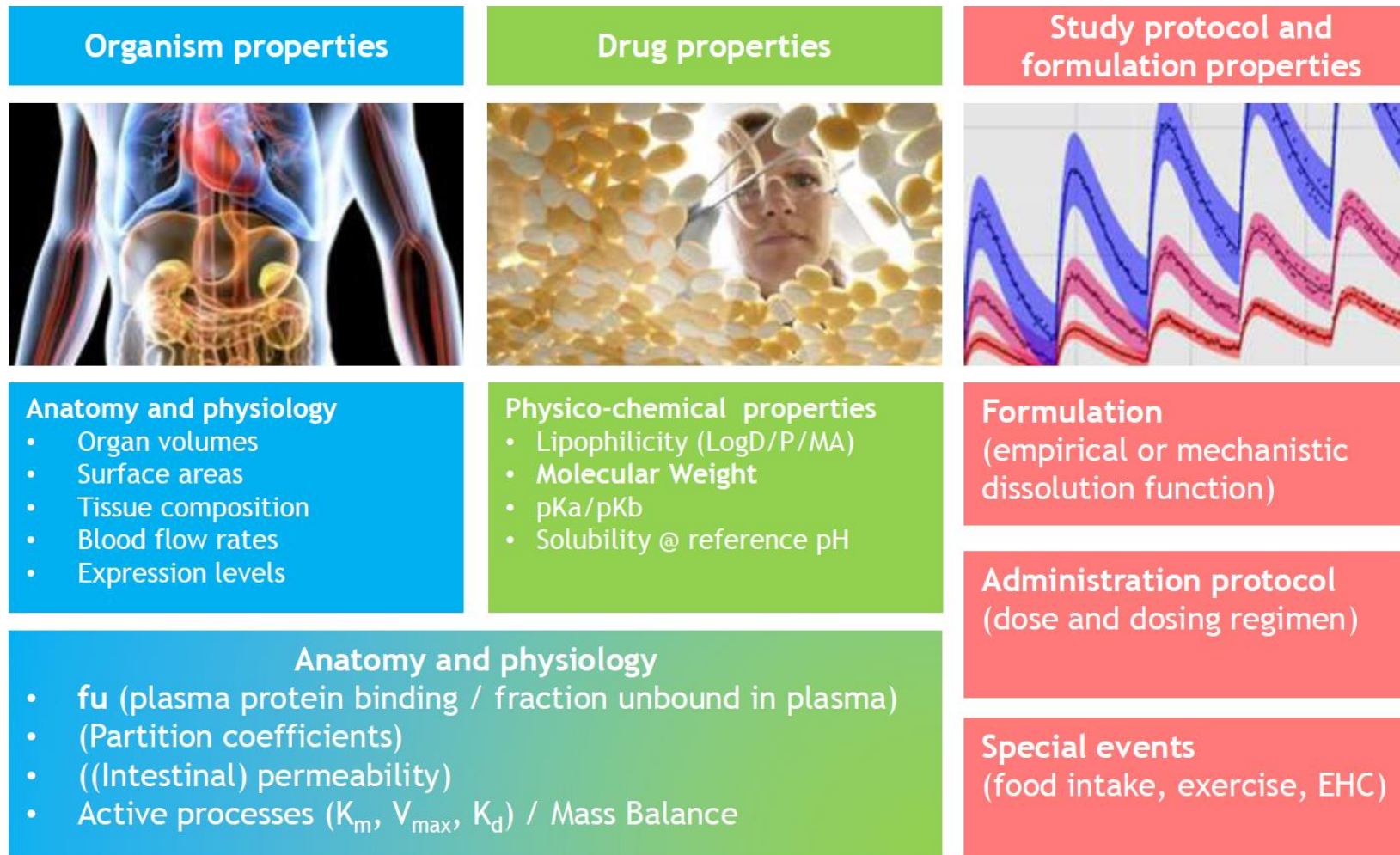
PREDICTION OF HUMAN ABSORPTION, DISTRIBUTION AND ELIMINATION THROUGH *IN SILICO* MODELS



PK-Sim[®] (Open Systems Pharmacology)
<http://www.open-systems-pharmacology.org/>

- ✓ PK-Sim[®] is a reliable, powerful and easy-to-use modelling & simulation tools for pharmaceutical and other life-sciences applications.
- ✓ PK-Sim[®] is qualified and accepted by the scientific community including academia, regulatory agencies and industry.

PK-Sim[®] is a comprehensive software tool for whole-body physiologically based pharmacokinetic modelling



OBJECTIVES

- **To develop NPS PBPK model for healthy teenage (15-18 years old) and adult (18-64 years old) populations**
- **To compare PBPK model predictions for pharmacokinetic exposure with published data for cathinone and mephedrone**
- **To simulate virtual populations and estimate pharmacokinetic profiles and derived pharmacokinetic parameters for other NPS for different age groups, in the simulated population**

PK-Sim[®] (Open Systems Pharmacology)

✓ Information regarding the compound (basic physical-chemistry properties)

Basic Physico-chemistry
 ADME
 Advanced Parameters

Is small molecule

Lipophilicity:

Experiment	Lipophilicity	Default	
Measurement	-0.20 Log Units	<input type="checkbox"/>	+ ×
DrugBank	-0.07 Log Units	<input checked="" type="checkbox"/>	+ ×

Fraction unbound (plasma, reference value):

Binds to: Albumin α1-acid glycoprotein Unknown

Experiment	Fraction Unbound	Species	
Lelo et al. 1986	0.70	Human	▼ + ×

Molweight:

Molecular weight	194.20 g/mol
Has halogens	No ▼
Effective molecular weight	194.20 g/mol

Compound type / pka:

Base	▼	0.80
Neutral	▼	<None>
Neutral	▼	<None>

Solubility:

Experiment	Solubility at Ref-pH	Ref-pH	Solubility gain per charge	pH-dependent Solubility	
Water solubility	21600.00 mg/l	7.00	1000.00	Show Graph	▼ + ×

PK-Sim[®] (Open Systems Pharmacology)

- ✓ Information regarding the compound (ADME properties)

Basic Physico-chemistry

ADME

Advanced Parameters

- └─ Absorption
 - Specific Intestinal Permeability
- └─ Distribution
 - Distribution Calculation
 - └─ Specific Binding
 - Protein Binding Partners
- └─ Metabolism
 - └─ Metabolizing Enzymes
 - CYP1A2
 - MM
 - Total Hepatic Clearance
- └─ Transport & Excretion
 - Transport Proteins
 - └─ Renal Clearances
 - Birkett and Miners 1991
 - Biliary Clearance
- Inhibition
- Induction


Absorption -> Specific Intestinal Permeability


Specific intestinal permeability


Experiment	Permeability	Default		
Calculated	...	Show Values	<input checked="" type="checkbox"/>	+ ×
Caffeine_human_PO	...	2.97E-7 cm/s	<input type="checkbox"/>	+ ×
Caffeine_mouse_PO	...	1.19E-6 cm/s	<input type="checkbox"/>	+ ×
fitted	...	3.03E-6 dm/min	<input type="checkbox"/>	+ ×

PK-Sim[®] (Open Systems Pharmacology)

- ✓ Information regarding the population selected for biosimulation (biometrics)

 Biometrics

 Anatomy & Physiology

 Expression

Population Properties

Species:	<input type="text" value="Human"/>		▼
Population:	<input type="text" value="European (ICRP, 2002)"/>		▼
Gender:	<input type="text" value="Male"/>		▼
Calculation methods:	<input type="text" value="Endothelial surface areas"/>	<input type="text" value="Organ vascularization"/>	▼

Individual Parameters

Age:	<input type="text" value="30.00"/>	<input type="text" value="year(s)"/>	▼	Mean
Weight:	<input type="text" value="73.00"/>	<input type="text" value="kg"/>	▼	
Height:	<input type="text" value="176.00"/>	<input type="text" value="cm"/>	▼	
BMI:	<input type="text" value="23.57"/>	<input type="text" value="kg/m<sup>2</sup>"/>	▼	

PK-Sim[®] (Open Systems Pharmacology)

- ✓ Information regarding the population selected for biosimulation (anatomy and physiology)

Physiology -> Flow rates -> Blood flow rates

Scale: 1.00 [Reset]

Name	Value	Percentile	Value Description	Favorites
Organs				
Bone				
Specific blood flow rate	2.75 ml/min/100g organ	50%		<input type="checkbox"/>
Blood flow rate	0.32 l/min			<input type="checkbox"/>
Brain				
Specific blood flow rate	51.68 ml/min/100g organ	50%		<input type="checkbox"/>
Blood flow rate	0.78 l/min			<input type="checkbox"/>
Fat				
Specific blood flow rate	2.18 ml/min/100g organ	50%		<input type="checkbox"/>
Blood flow rate	0.32 l/min			<input type="checkbox"/>
Gonads				
Specific blood flow rate	8.06 ml/min/100g organ	50%		<input type="checkbox"/>
Blood flow rate	3.25E-3 l/min			<input type="checkbox"/>
Heart				
Specific blood flow rate	62.34 ml/min/100g organ	50%		<input type="checkbox"/>
Blood flow rate	0.26 l/min			<input type="checkbox"/>
Kidney				
Specific blood flow rate	302.71 ml/min/100g organ	50%		<input type="checkbox"/>
Blood flow rate	1.33 l/min			<input type="checkbox"/>
Large Intestine				

PK-Sim[®] (Open Systems Pharmacology)

- ✓ Information regarding the population selected for biosimulation (anatomy and physiology)

Physiology -> Tissue and body fluid physiology -> Tissue composition -> PK-Sim standard

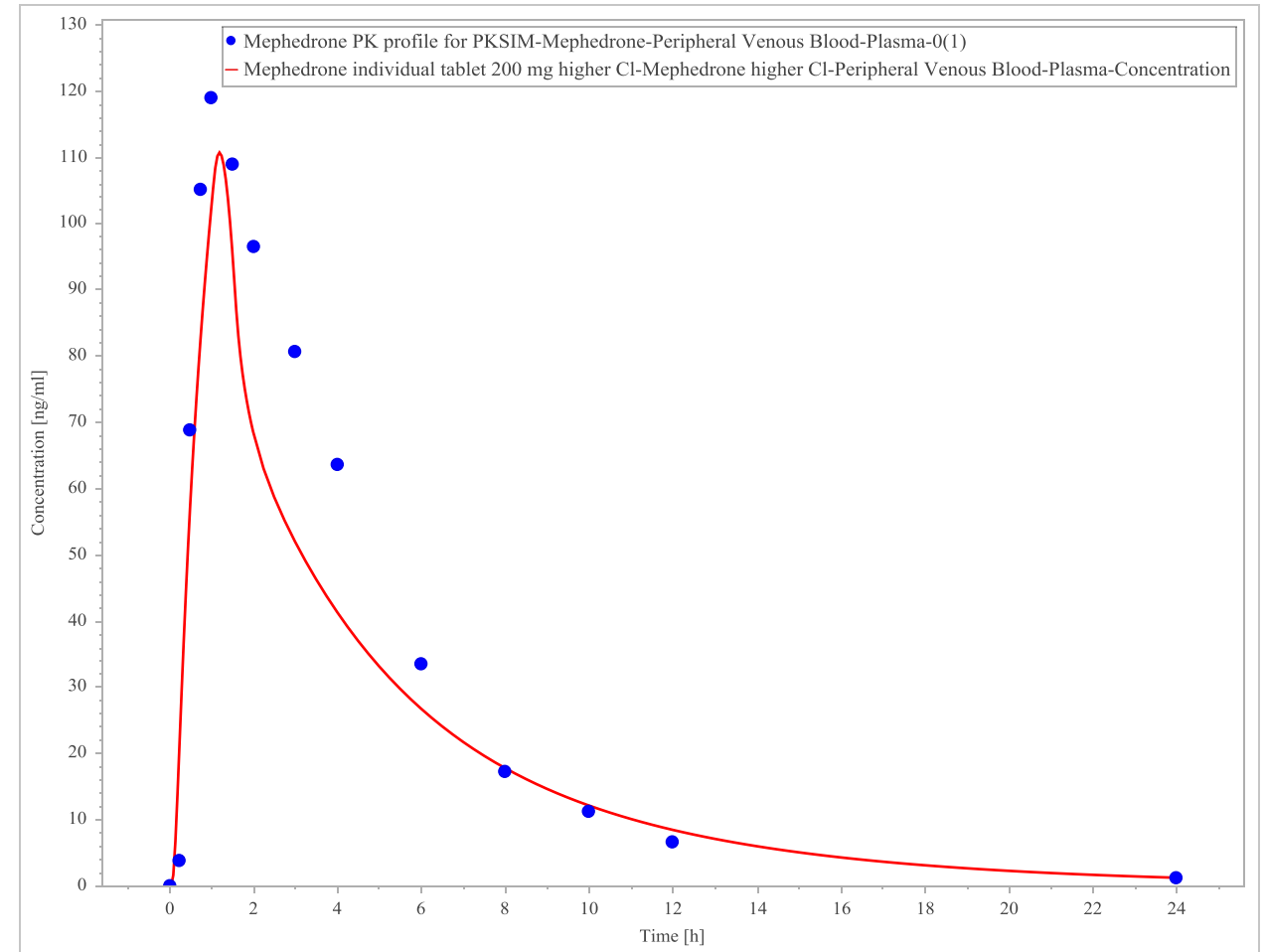
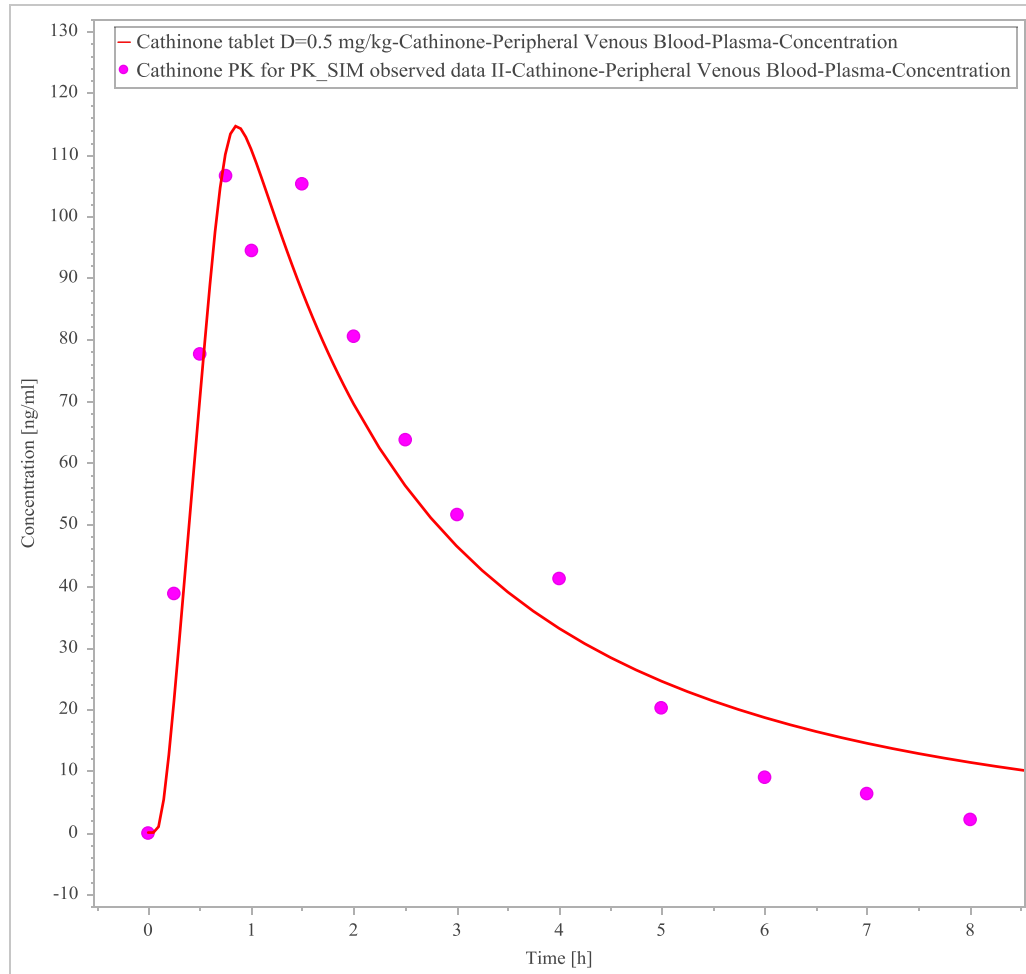
Scale 1.00 [Reset]

Drag a column header here to group by that column

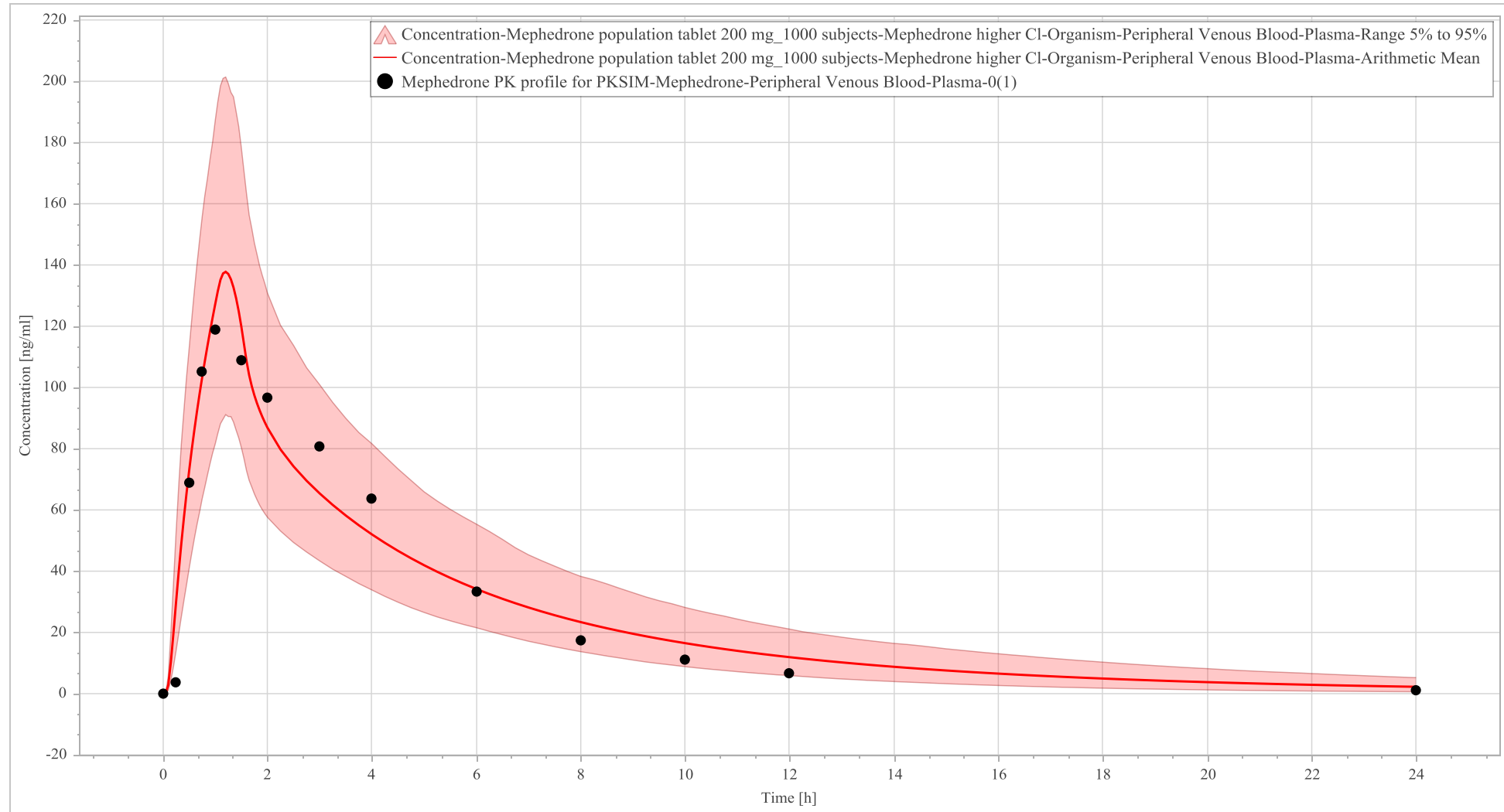
Name	Organ	Value	Category	Value Description	Favorites
Vf (lipid)	Bone	0.27	Organs		<input type="checkbox"/>
Vf (protein)	Bone	0.27	Organs		<input type="checkbox"/>
Vf (water)	Bone	0.47	Organs		<input type="checkbox"/>
Vf (lipid)	Brain	0.11	Organs		<input type="checkbox"/>
Vf (protein)	Brain	0.08	Organs		<input type="checkbox"/>
Vf (water)	Brain	0.81	Organs		<input type="checkbox"/>
Vf (lipid)	Fat	0.80	Organs		<input type="checkbox"/>
Vf (protein)	Fat	0.05	Organs		<input type="checkbox"/>
Vf (water)	Fat	0.15	Organs		<input type="checkbox"/>
Vf (lipid)	Gonads	0.03	Organs		<input type="checkbox"/>
Vf (protein)	Gonads	0.12	Organs		<input type="checkbox"/>
Vf (water)	Gonads	0.80	Organs		<input type="checkbox"/>
Vf (lipid)	Heart	0.10	Organs		<input type="checkbox"/>
Vf (protein)	Heart	0.17	Organs		<input type="checkbox"/>
Vf (water)	Heart	0.73	Organs		<input type="checkbox"/>
Vf (lipid)	Kidney	0.05	Organs		<input type="checkbox"/>
Vf (protein)	Kidney	0.17	Organs		<input type="checkbox"/>
Vf (water)	Kidney	0.77	Organs		<input type="checkbox"/>
Vf (lipid)	Stomach	0.06	Organs		<input type="checkbox"/>
Vf (protein)	Stomach	0.13	Organs		<input type="checkbox"/>
Vf (water)	Stomach	0.79	Organs		<input type="checkbox"/>

PK-Sim[®] (Open Systems Pharmacology)

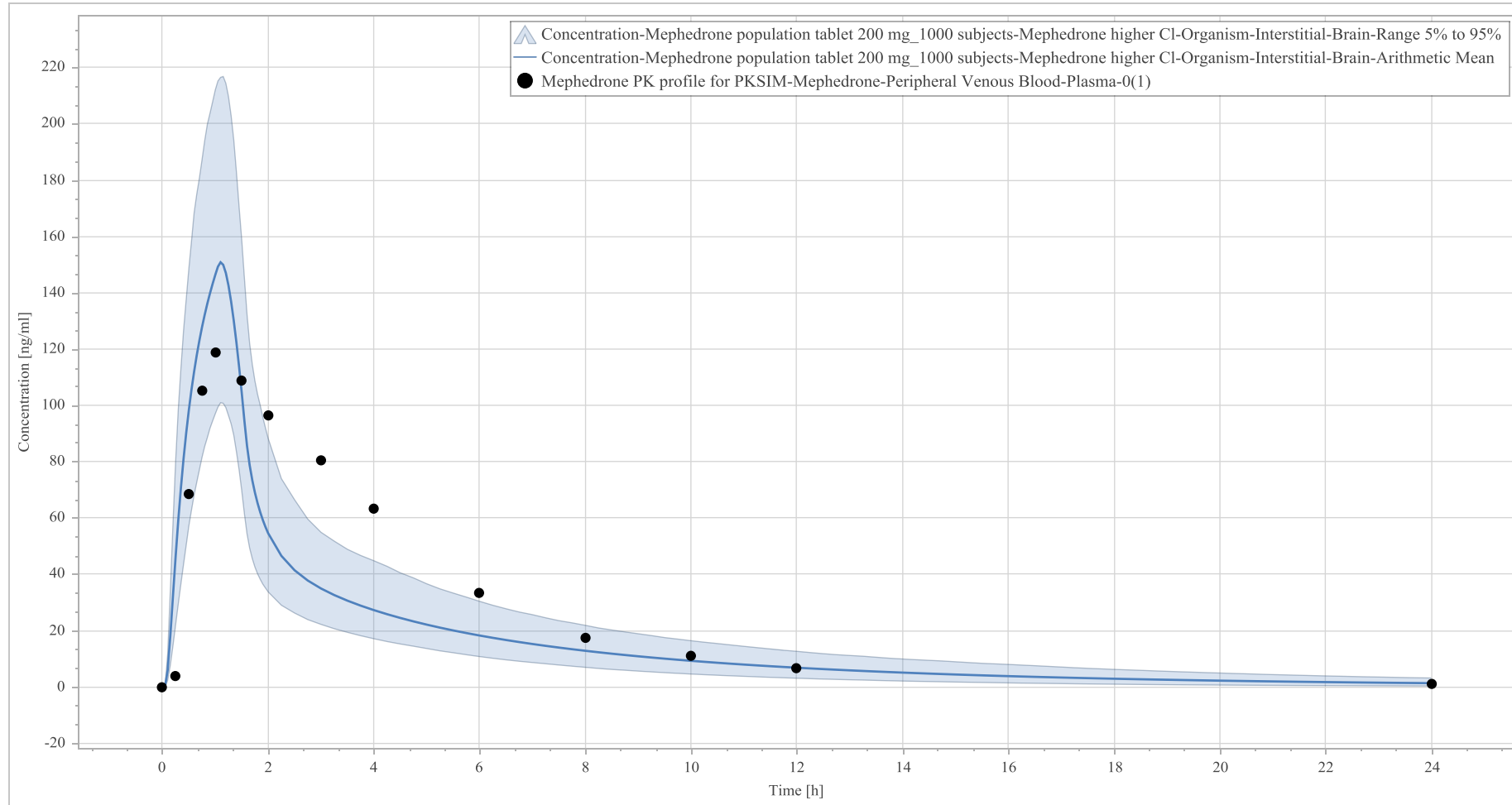
- ✓ Biosimulation in the selected population (validation of the model – example for cathinone and mephedrone)



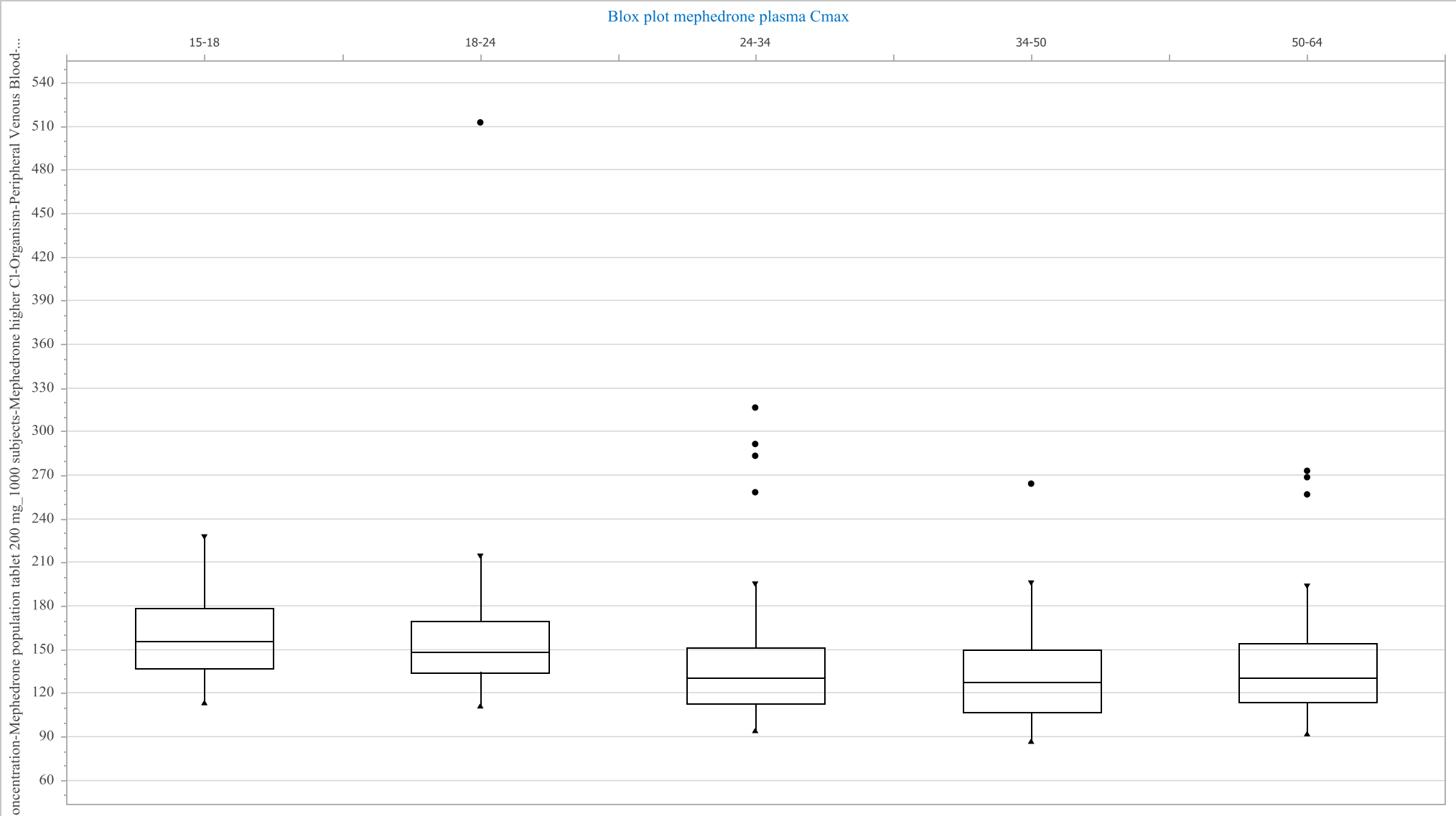
- ✓ Biosimulation in the selected population (prediction for mephedrone pharmacokinetic profiles in the population)
- ✓ Simulation of 1000 subjects



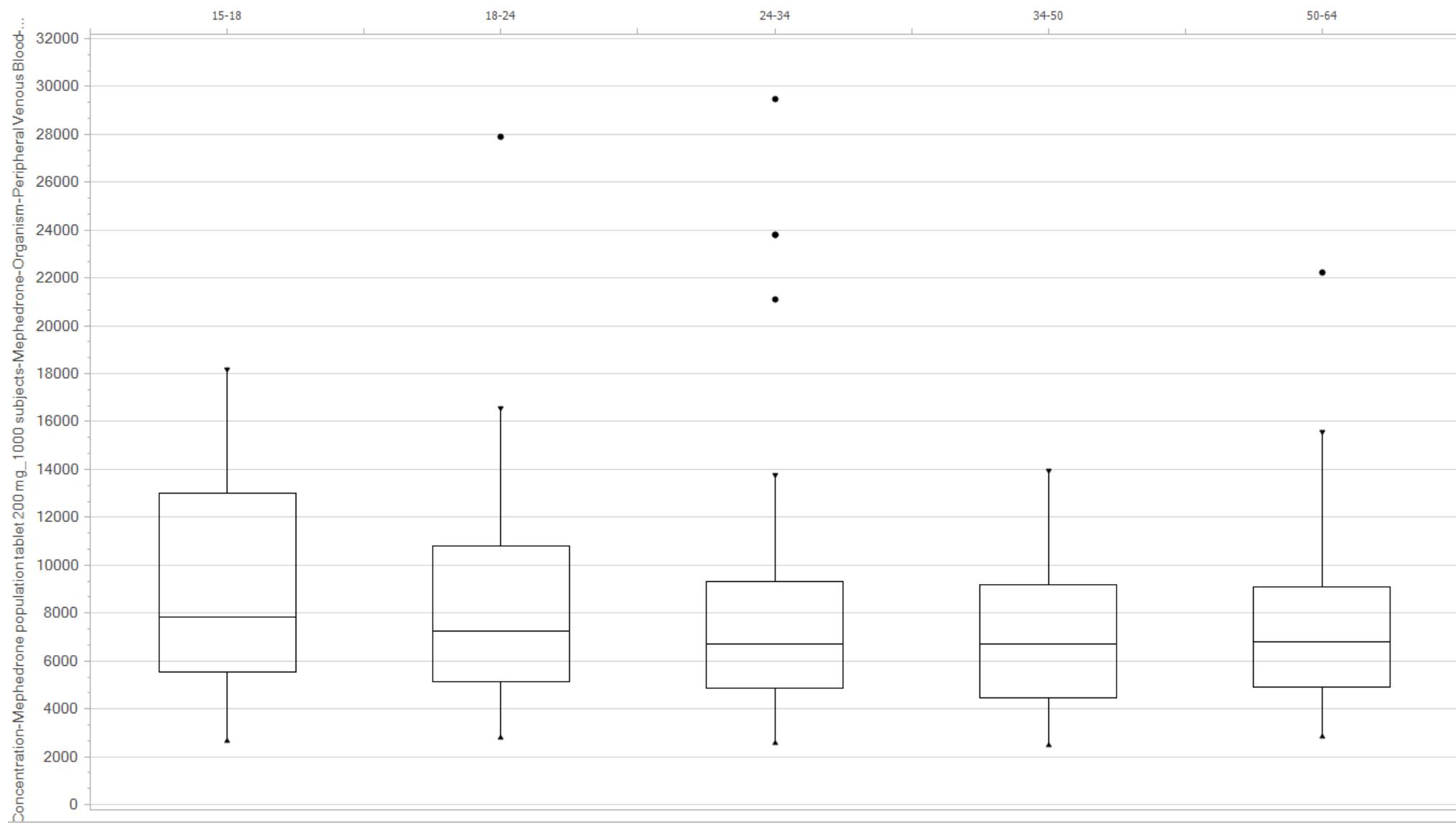
- ✓ Biosimulation in the selected population (prediction for mephedrone pharmacokinetic profiles in the population)
- ✓ Simulation of 1000 subjects



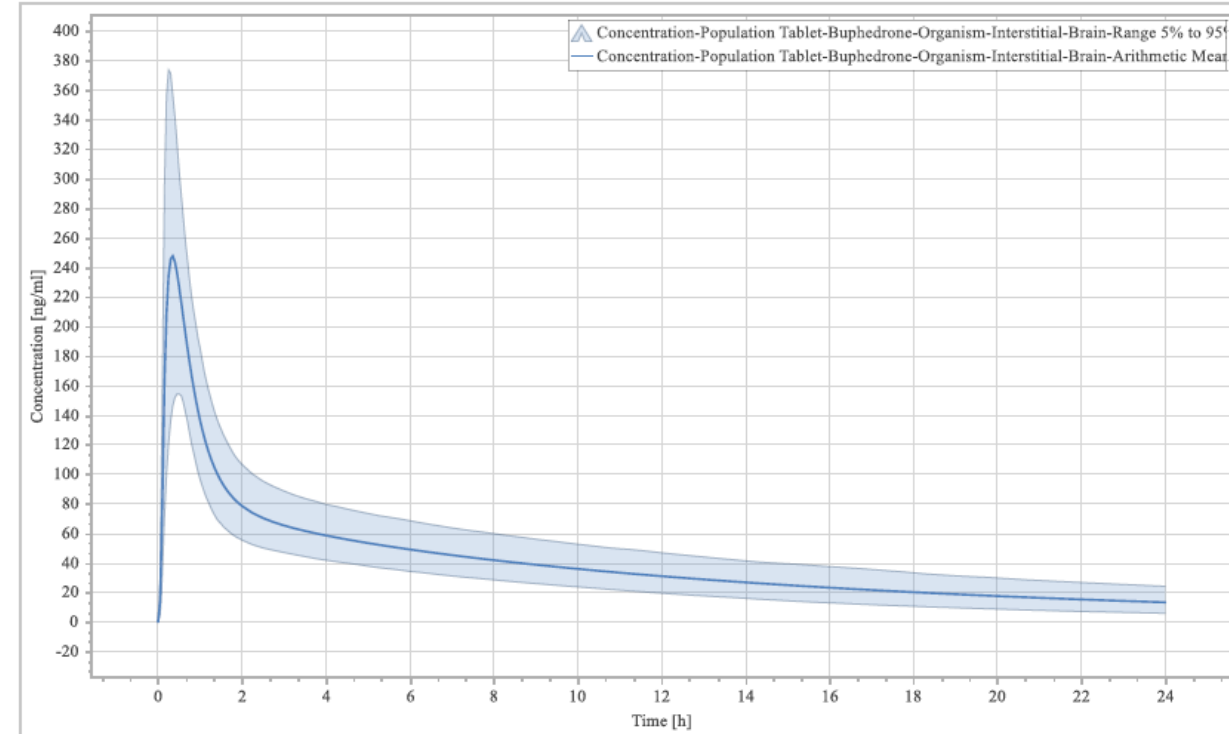
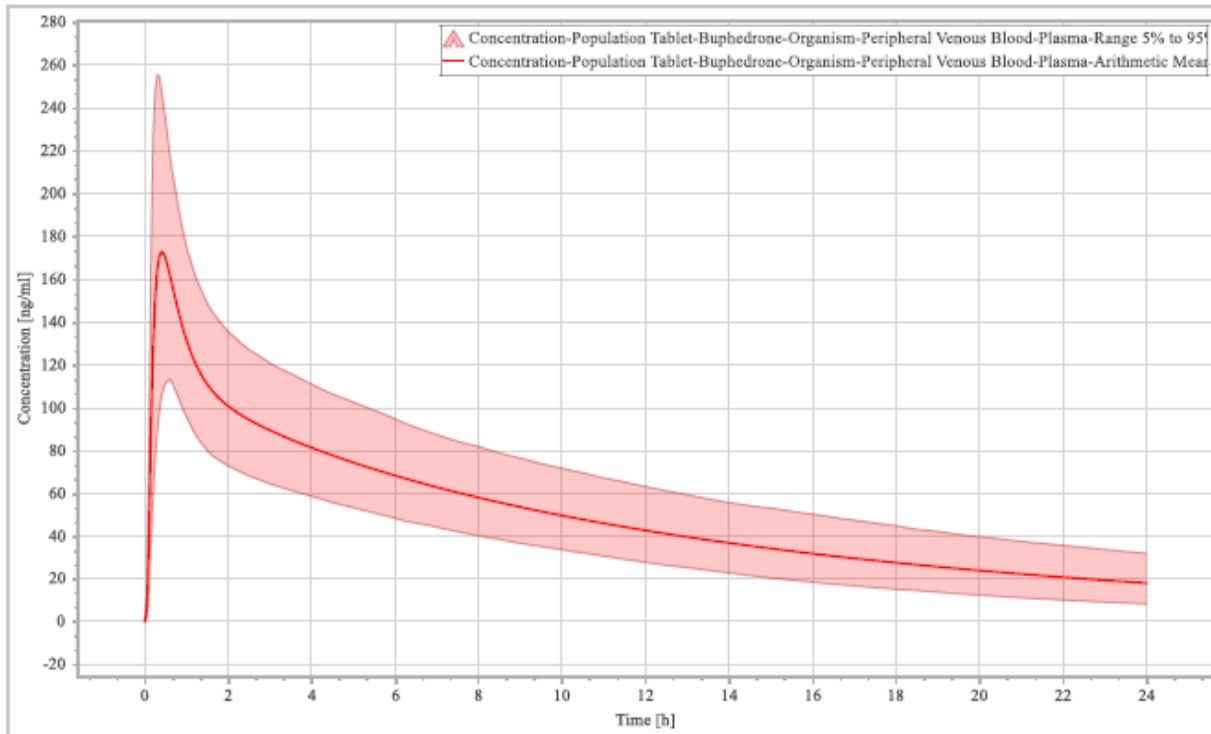
Simulation of 1000 subjects (*Box-Whisker of maximum plasma concentration (C_{max}) by age groups) for mephedrone*



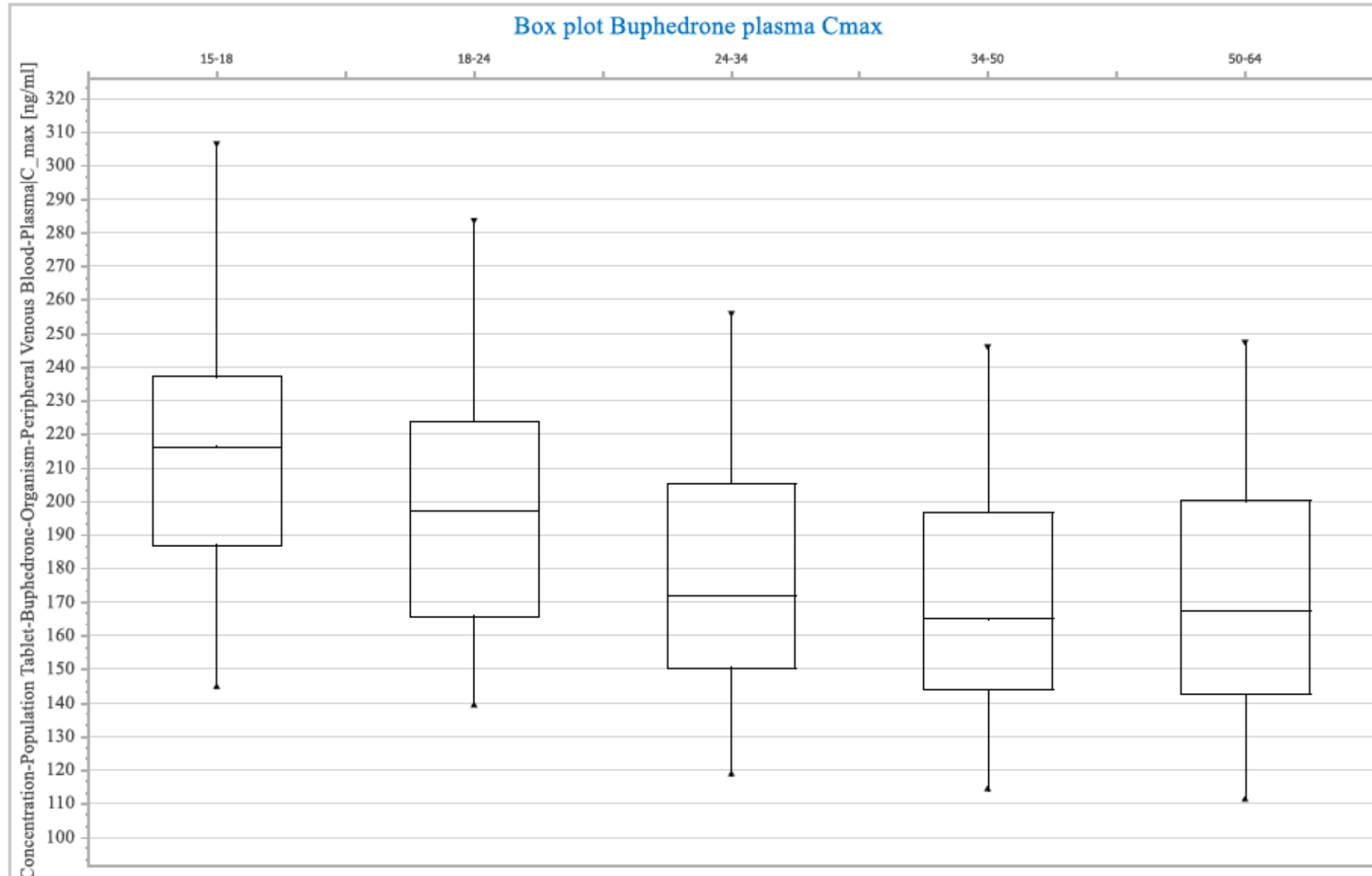
Simulation of 1000 subjects (*Box-Whisker of exposition (AUC_{0-inf}) by age groups*) for mephedrone



- ✓ Biosimulation in the selected population (prediction for buphedrone pharmacokinetic profiles in the population)
- ✓ Simulation of 1000 subjects



Simulation of 1000 subjects (*Box-Whisker of maximum plasma concentration (C_{max}) by age groups) for buphedrone*



Simulation of 1000 subjects (*mean results for tested NPS*)

PK Parameters	Cathinone Dose 200 mg		Mephedrone Dose 200 mg		Buphedrone Dose 100 mg	
	<i>Interstitial Brain</i>	<i>Plasma</i>	<i>Interstitial Brain</i>	<i>Plasma</i>	<i>Interstitial Brain</i>	<i>Plasma</i>
C_{max} (ng/mL)	154.60	125.01	150.84	137.66	247.82	173.02
C_{max} (μ M)	1.04	0.84	0.85	0.78	1.40	0.98
AUC_{0-inf} (ng.h/mL)	361.20	450.10	426.90	605.25	1202.86	1509.64
AUC_{0-inf} (μ mol.h/mL)	2.42×10^{-3}	3.02×10^{-3}	2.41×10^{-3}	3.41×10^{-3}	0.00679	0.00852
T_{max} (h)		0.85		1.20		0.40
Elimination half-life ($t_{1/2}$) (h)	5.32	4.74	5.54	5.22	10.23	10.07

Simulation of 1000 subjects (*mean results for tested NPS*)

PK Parameters	4-FMC Dose 100 mg		N-ethylhexedrone Dose 100 mg		4-MEC Dose 100 mg	
	<i>Interstitial Brain</i>	<i>Plasma</i>	<i>Interstitial Brain</i>	<i>Plasma</i>	<i>Interstitial Brain</i>	<i>Plasma</i>
<i>C_{max} (ng/mL)</i>	492.55	617.47	33.36	38.55	178.65	169.05
<i>C_{max} (μM)</i>	2.72	3.41	0.15	0.18	0.93	0.88
<i>AUC_{0-inf} (ng.h/mL)</i>	2173.05	27012.69	1926.68	3587.92	2588.34	4133.70
<i>AUC_{0-inf} (μmol.h/mL)</i>	0.01	0.01	8.78 x 10 ⁻³	0.02	0.01	0.02
<i>T_{max} (h)</i>		0.30		0.40		0.45
<i>Elimination half-life (t_{1/2}) (h)</i>	9.52	9.44	111.62	120.46	27.50	27.24

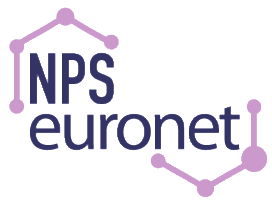
CONCLUSIONS

- **PK-Sim[®] is a powerful tool for developing PBPK models for prediction of *in vivo* NPS exposure and pharmacokinetic properties**
- **PBPK models enable predictions for different population cohorts (ex. teenage (15-18 years old) populations)**
- **PBPK models may help on the assessment of public health risks on the use of NPS and challenging drug policy**
- **PBPK models may help on the assessment of public health risks caused by the use of NPS and in the challenging drug policy and consumption prevention of these substances**

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Thank you for your attention

Nuno Silva / Paulo Paixão / Álvaro Lopes
Faculty of Pharmacy, UL



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PTDC/SAU-TOX/32515/2017

