



# Clinical guidelines on alcohol use disorders in Europe



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- On behalf of EUFAS



Nasjonal kompetansetjeneste for  
samtidig rusmisbruk og psykisk lidelse

# Background

- EUFAS founded in 2010
- EUFAS aims:
  - Reinforce addiction research
  - Suggest policies based on evidence
  - Improve and harmonise prevention and treatment

# Methods

- All EUFAS member countries + Sweden: n = 24
- Survey developed by Guidelines subgroup of EUFAS
- Online survey coordinated by Norway
- Conducted between May and August 2018
- 100% response rate
- Discrepancies resolved by checking source documents and/or communications with respondents
- Relationship to GDP and WHO health report rank

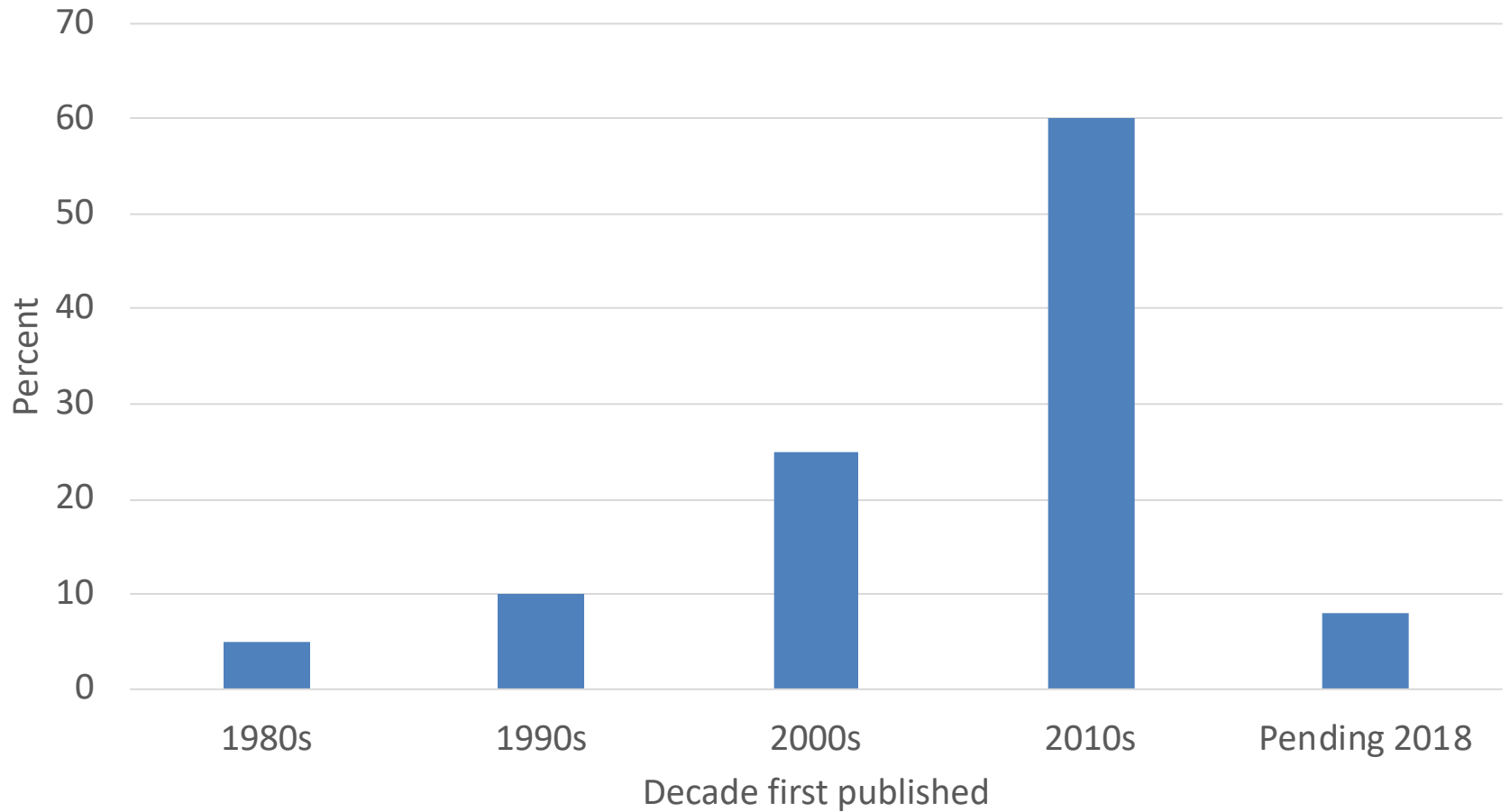
# Survey content

1. Guideline methodology (e.g. Systematic reviews, clinical consensus)
2. Range of expertise of contributors (e.g. Psychiatrists, drug workers, patient representatives)
3. Which topics covered (e.g. SBI, detoxification, pharmacological interventions)
4. Definition of a standard drink
5. Publishing, funding, endorsements and dissemination (e.g. Government, medical societies, NGOs)

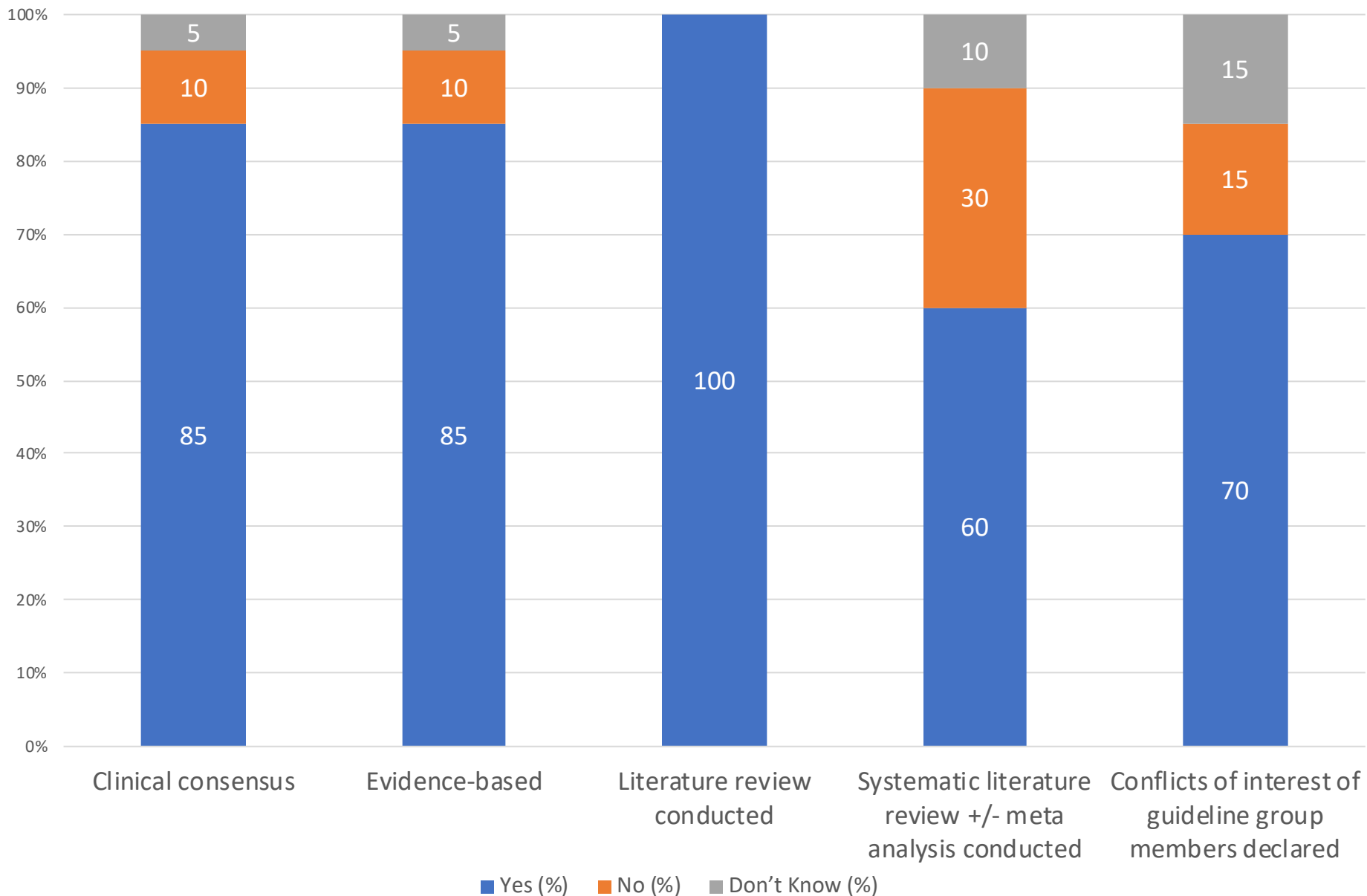
# Countries surveyed (n=24)

Have a national alcohol clinical guideline (year of most recent published update)	Do not have a national alcohol clinical guideline
Austria (2017)	Lithuania
Belgium (2015)	Luxembourg
Croatia (2013)	Romania
Czech Republic (2016)	
Denmark (2018)	
Finland (2015)	
France (2015)	
Germany (2015)	
Greece (2013)	
Hungary (2017)	
Ireland (2017)	
Italy (2010)	
Netherlands (2009)	
Norway (2014)	
Poland (2013)	
Portugal (2014)	
Russia (2015)	
Spain (2014)	
Switzerland* (2015)	
United Kingdom (2015)	

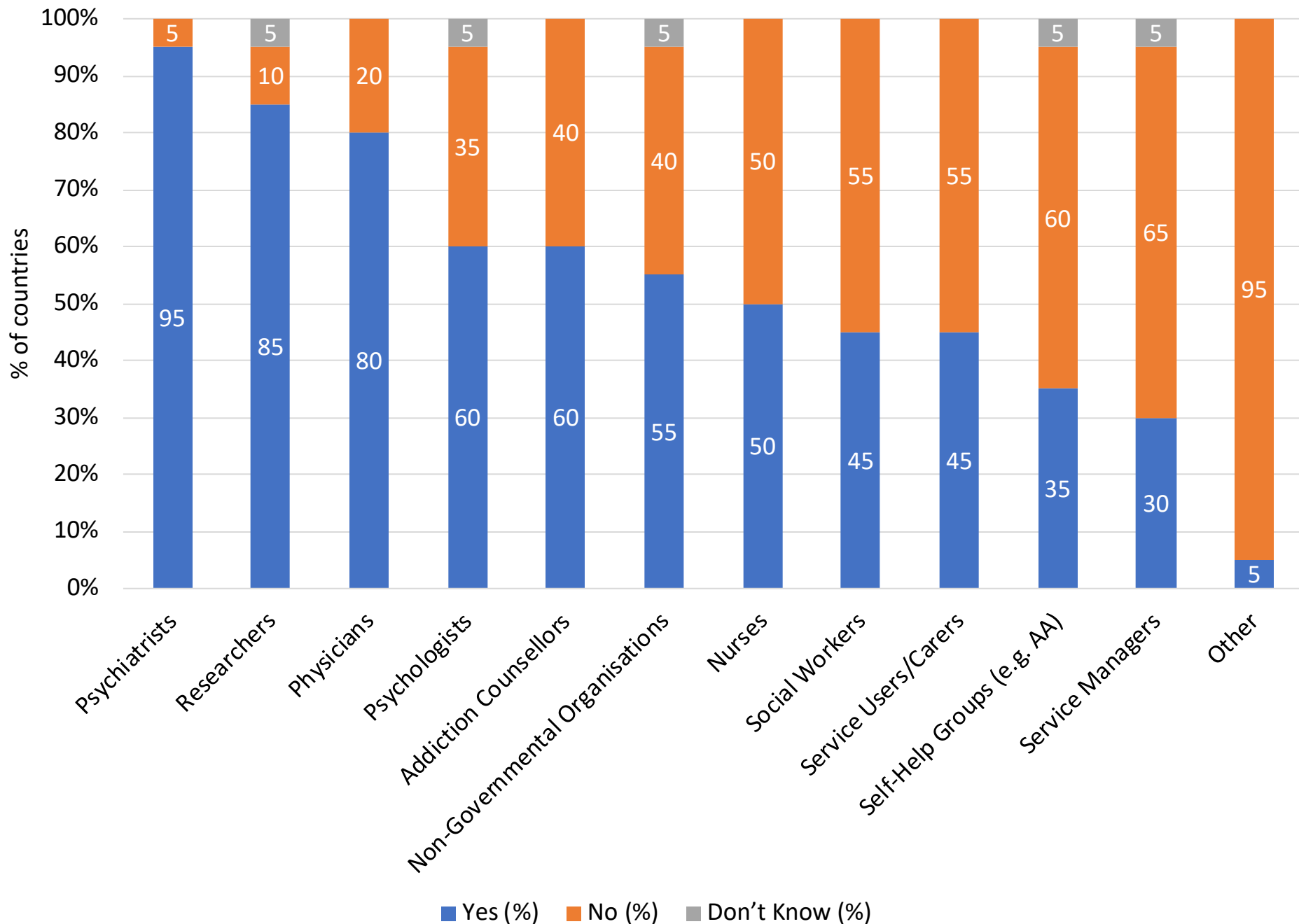
# Decade first alcohol guideline published



# Methodologies used to produce the AUD clinical guidelines

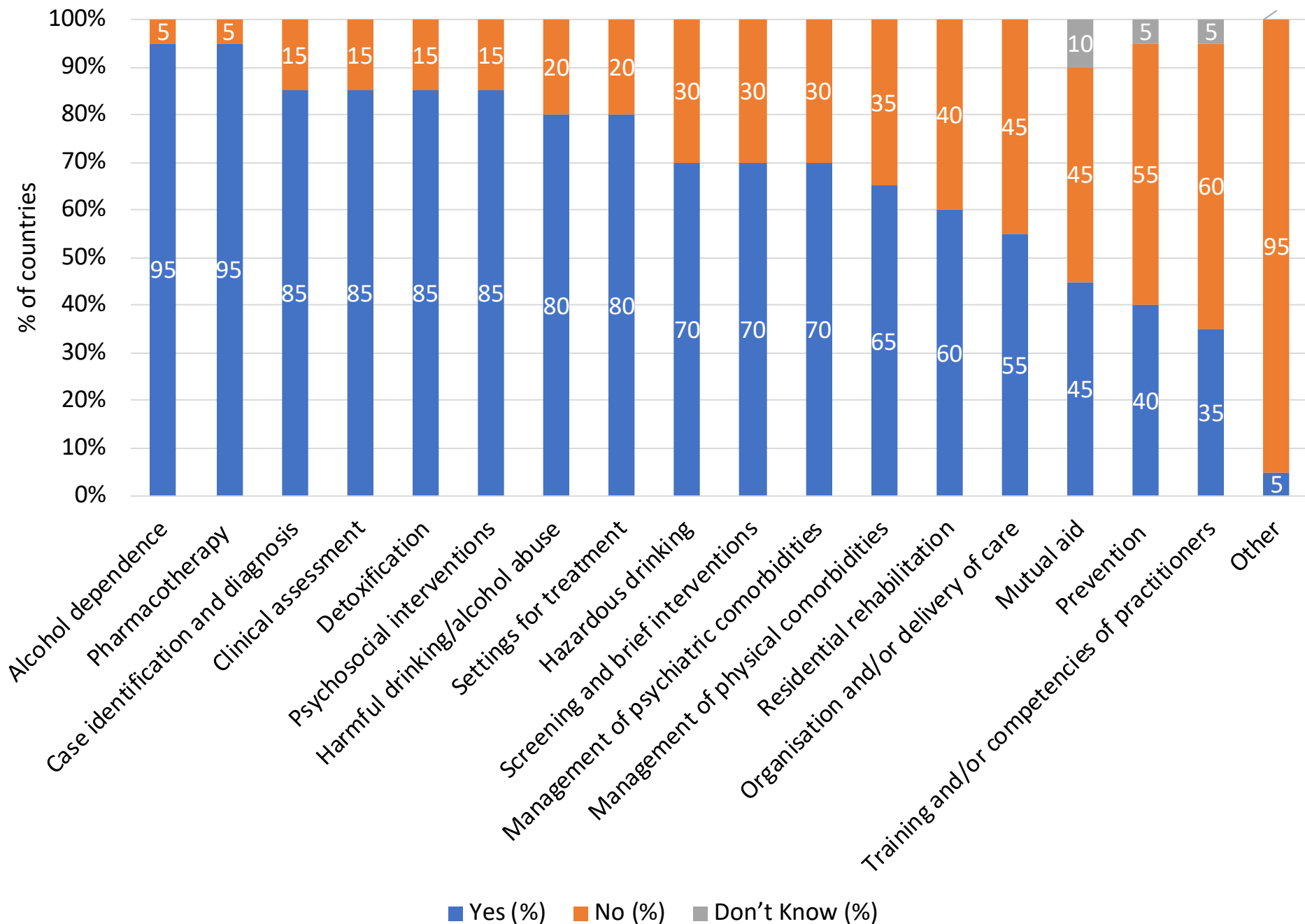


# Professional groups involved in developing the AUD clinical guidelines

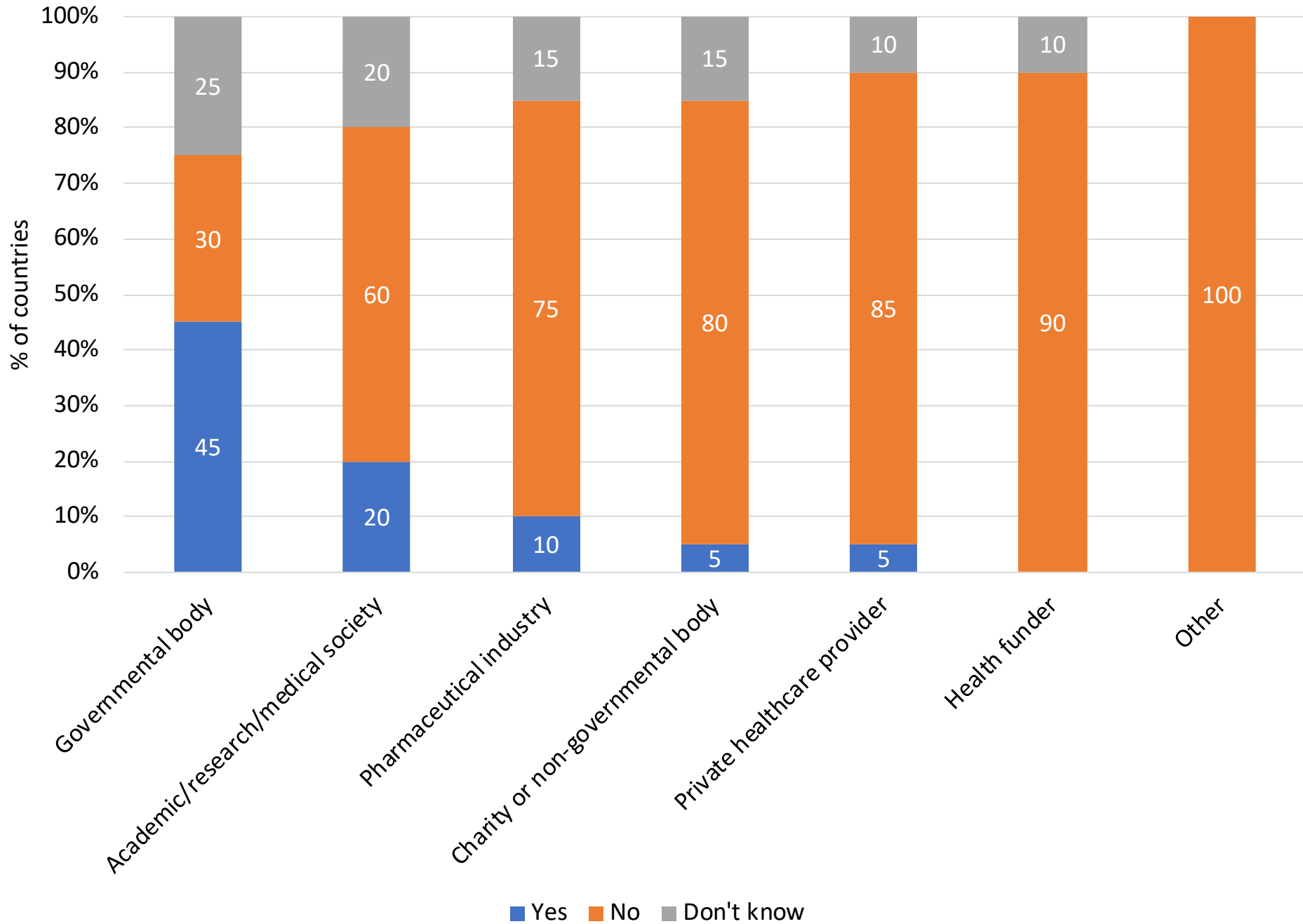




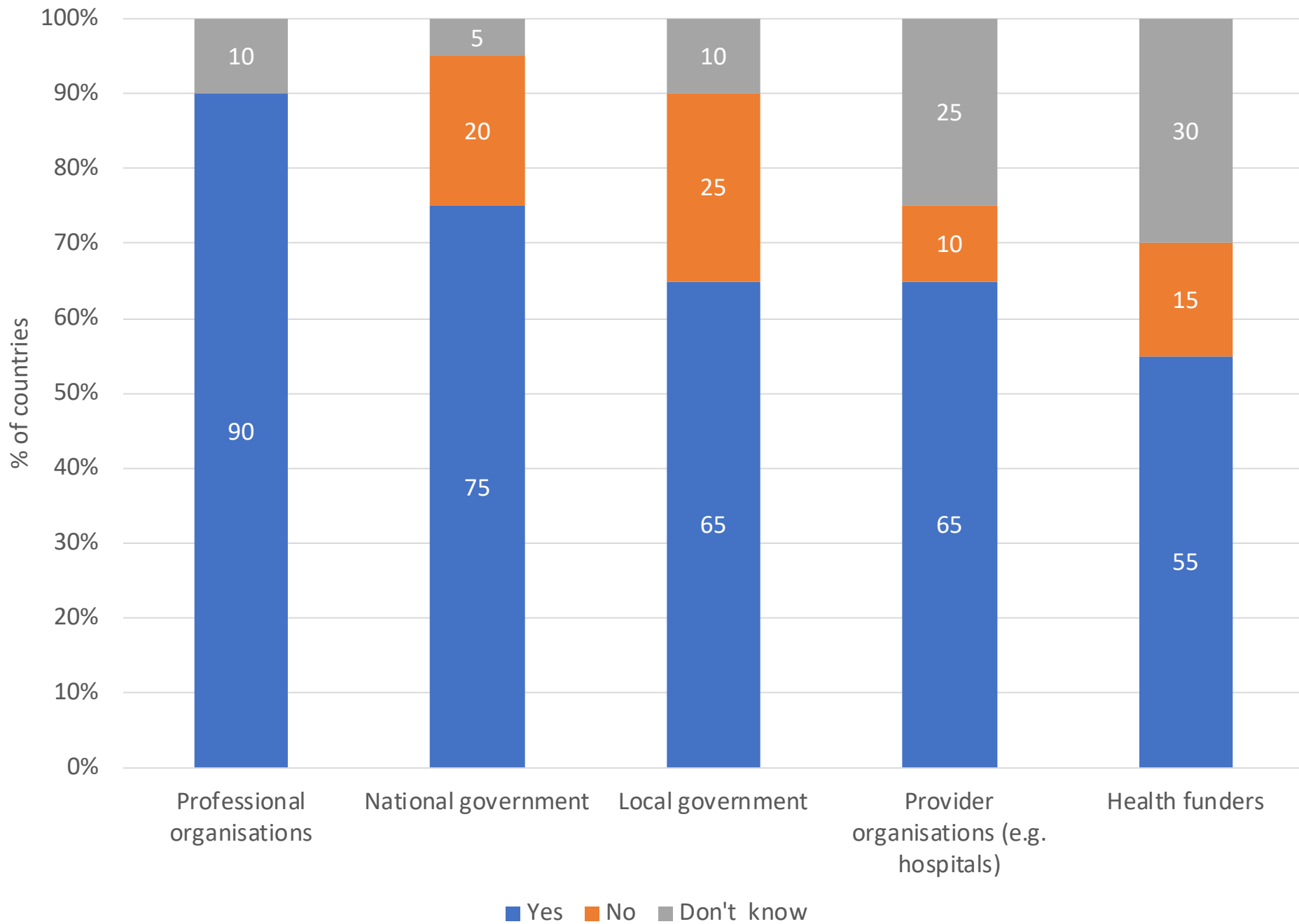
## Topics or aspects of AUD treatment included in the guidelines



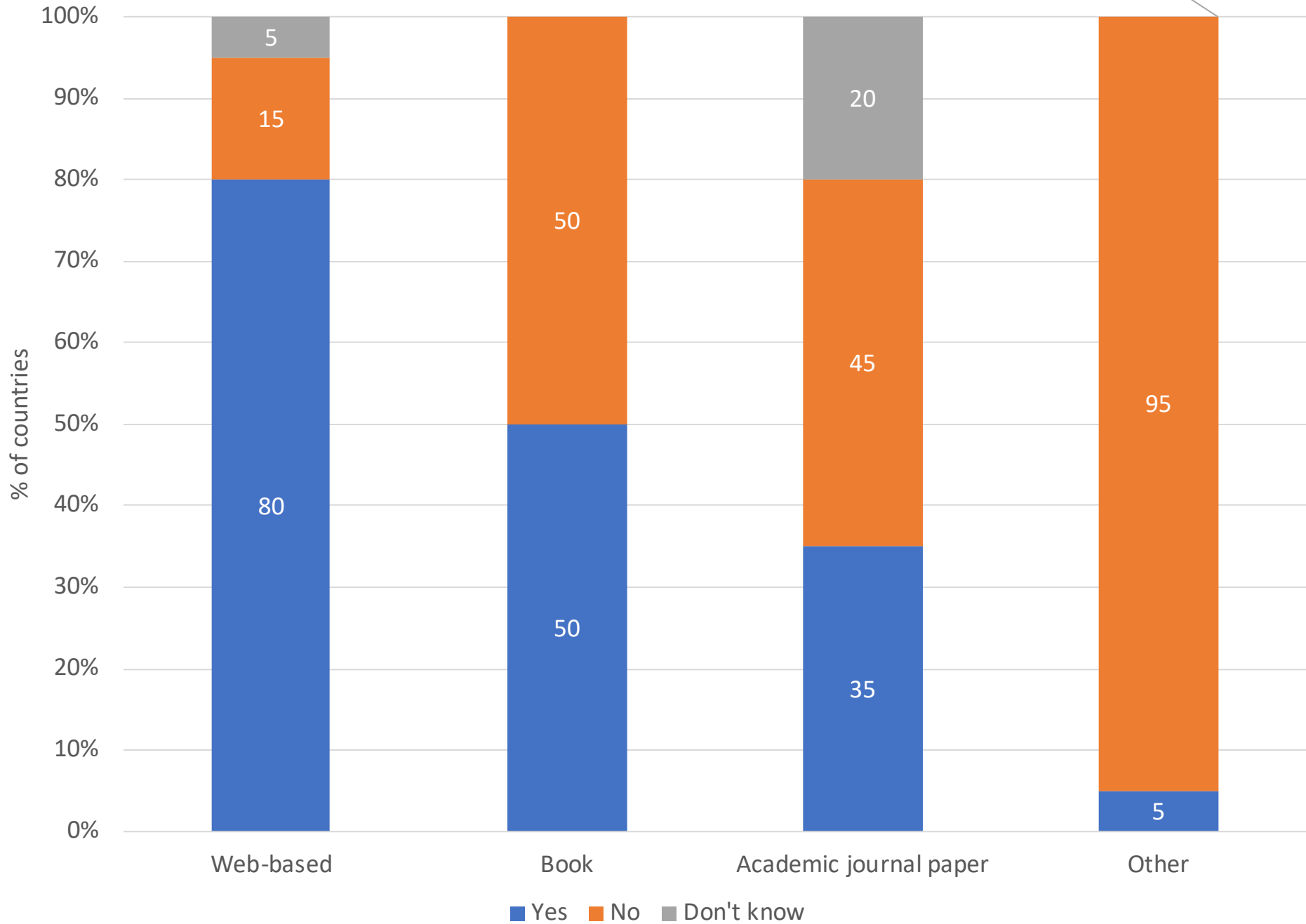
# Funding sources of AUD clinical guidelines



# Institutional recognition of AUD clinical guidelines



# Dissemination of AUD clinical guideline



# Quantitative analyses

- No relationships were found between:
  - GDP, GDP per capita, health expenditure, health performance, health service performance
- And
  - Whether the country had a guideline, performed a systematic review, involved service users

# Discussion

- Encouraging growth in alcohol guidelines – 92% have or planning a guideline
- Considerable variation in content and methodology of guidelines
- Only 45% involved service users
- Considerable duplication of activity – 60% conducted systematic reviews
- Potential for European collaboration on clinical guidelines

# What else could be done?

- What EUFAS is already doing
  - Collaborative network of European addiction societies
  - Working group on clinical guidelines
  - 4 symposia (ESBRA, Albatros, ISAM, EMCDDA)
  - Peer review of French and German guidelines
  - International committee membership
  - Survey of European guidelines → publication
- What could we do?
  - Guideline task force
  - Translation
  - Guidelines on principles of developing guidelines
  - International peer review process

# Thanks to

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