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Quality of life as a monitoring outcome measure for OST

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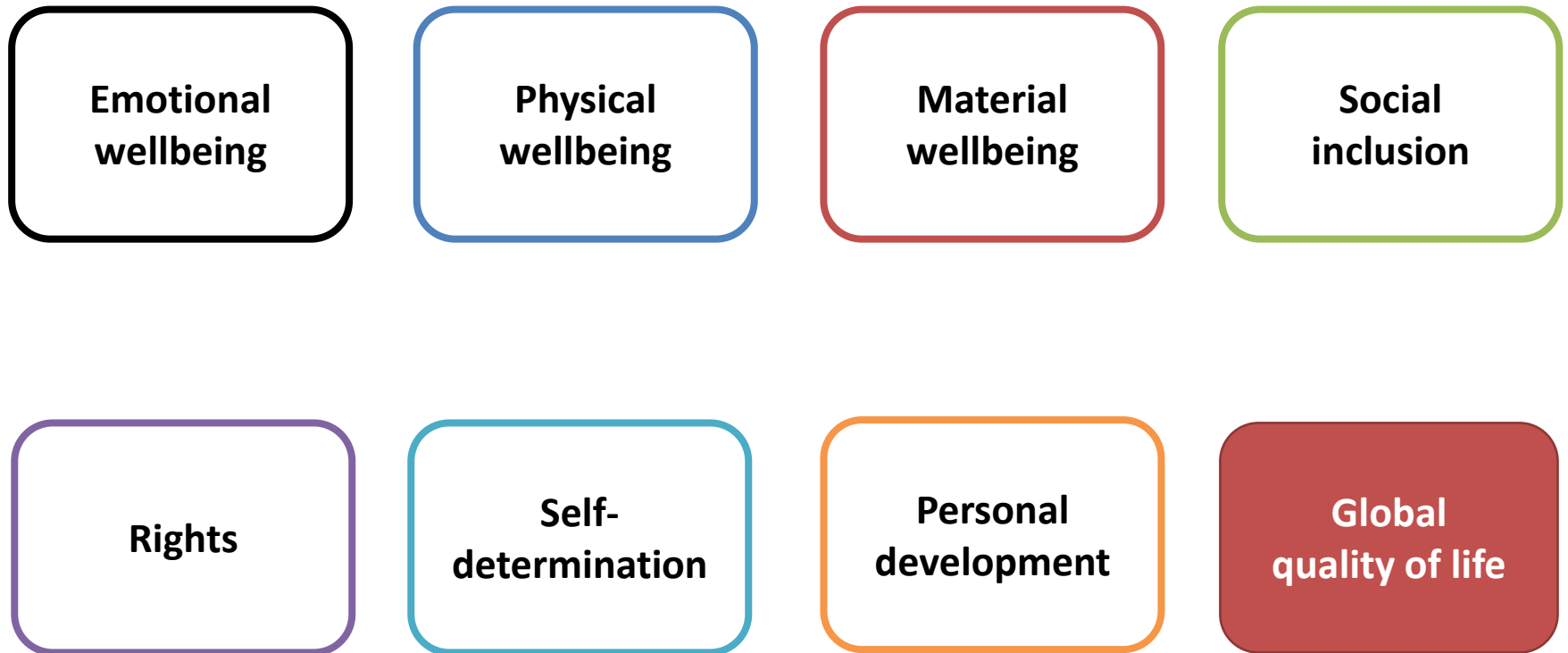
OST outcome measures

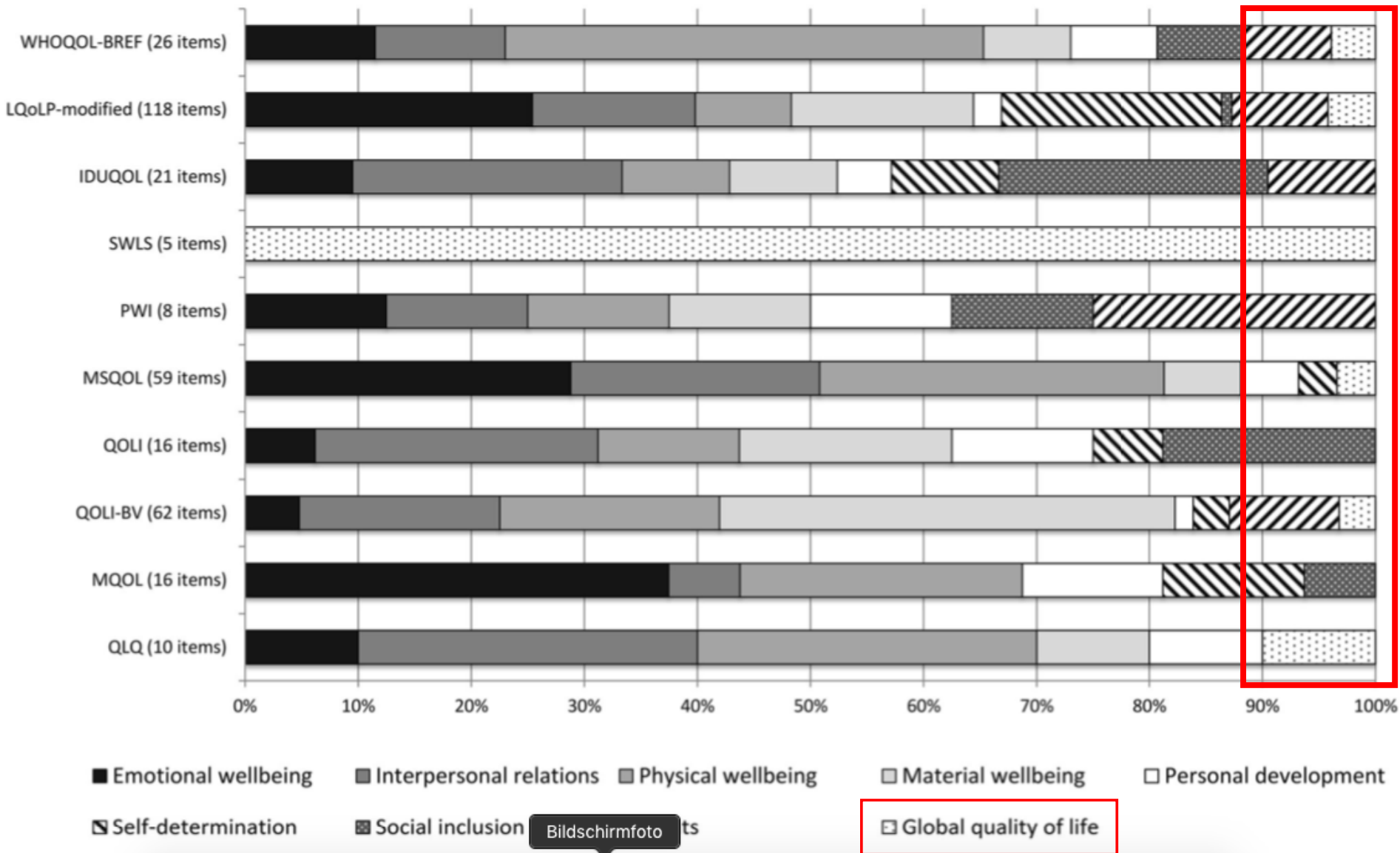
- The wide-ranging impact of opioid dependence on people's lives, stressing the need for holistic and integrative approaches to measure treatment success
- Focus in OST research and clinical practice tends to be on socially desirable outcomes, e.g. abstinence, social integration
- So far, limited focus on patient related treatment outcome measures, such as their personal wellbeing and quality of life (QoL)

Relevance of QoL as OST outcome measure

- QoL is a useful parameter to measure the impact of opioid dependence on daily life and to evaluate the quality and success of treatment and harm reduction programs, based on patients' subjective experiences
- Multidimensional concept of individual's perception of his/her position in life in relation to goals, expectations, standards, concerns
- Distinct from health-related quality of life (HRQoL), as it also encompasses life domains beyond health

Schalock's model: Quality of life domains





Bildschirmfoto

Many thanks for your attention!

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