



Trinity College Dublin
Coláiste na Tríonóide, Baile Átha Cliath
The University of Dublin

Identifying client needs when using treatment monitoring data to inform and improve nursing practice

Healthy Addiction Treatment (HAT) Recovery Model: A needs led manualised nursing model for the addiction services

Lisbon Addictions, 24th Oct 2019, Prof Catherine Comiskey

Background and defining an addiction model

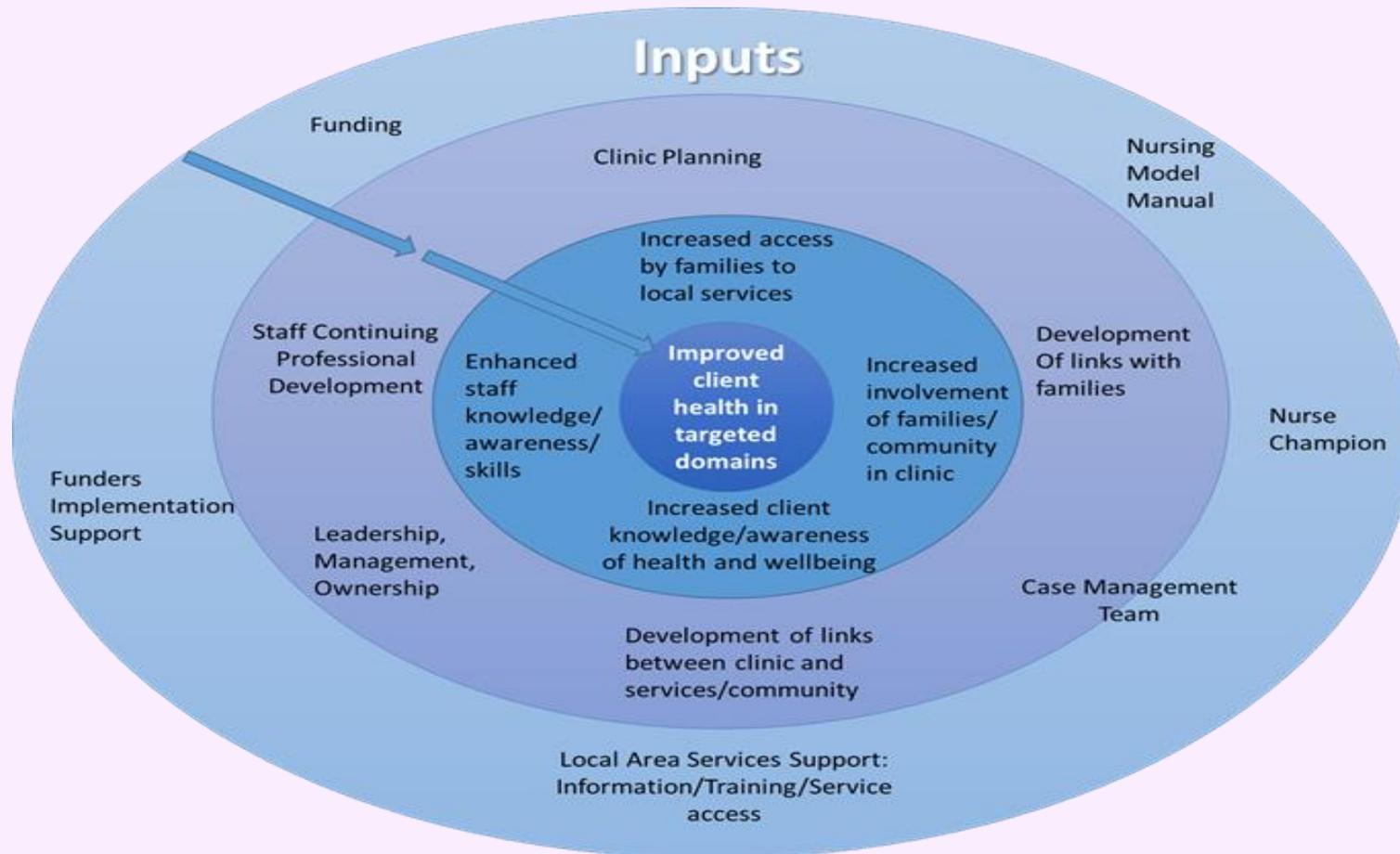
- Nurse practitioners recognise the need to examine ways of maximising the effectiveness and quality of nursing interventions and care in the management of substance misuse disorders and they sought to devise a model to facilitate this.
- For the purposes of the development of an addiction model within this study we define a nursing model according to Pearson et al (1996) where **a nursing model was defined as, ‘a picture or representation of what nursing actually is’**, and we incorporate and emphasise within this study, Murphy et al.’s (2010) assertion that, **‘nursing models offer a framework to guide practice and education’**.

Summarising the key components identified for a nursing model

In summary the model must address client need, hence it must be adaptable with time, be nurse led, be measureable and implementable, must be cognisant of the person and the environment (clinic, family and community), must have a bio psychosocial approach and possibly use a brief intervention approach to target a single measurable behavioural change outcome.

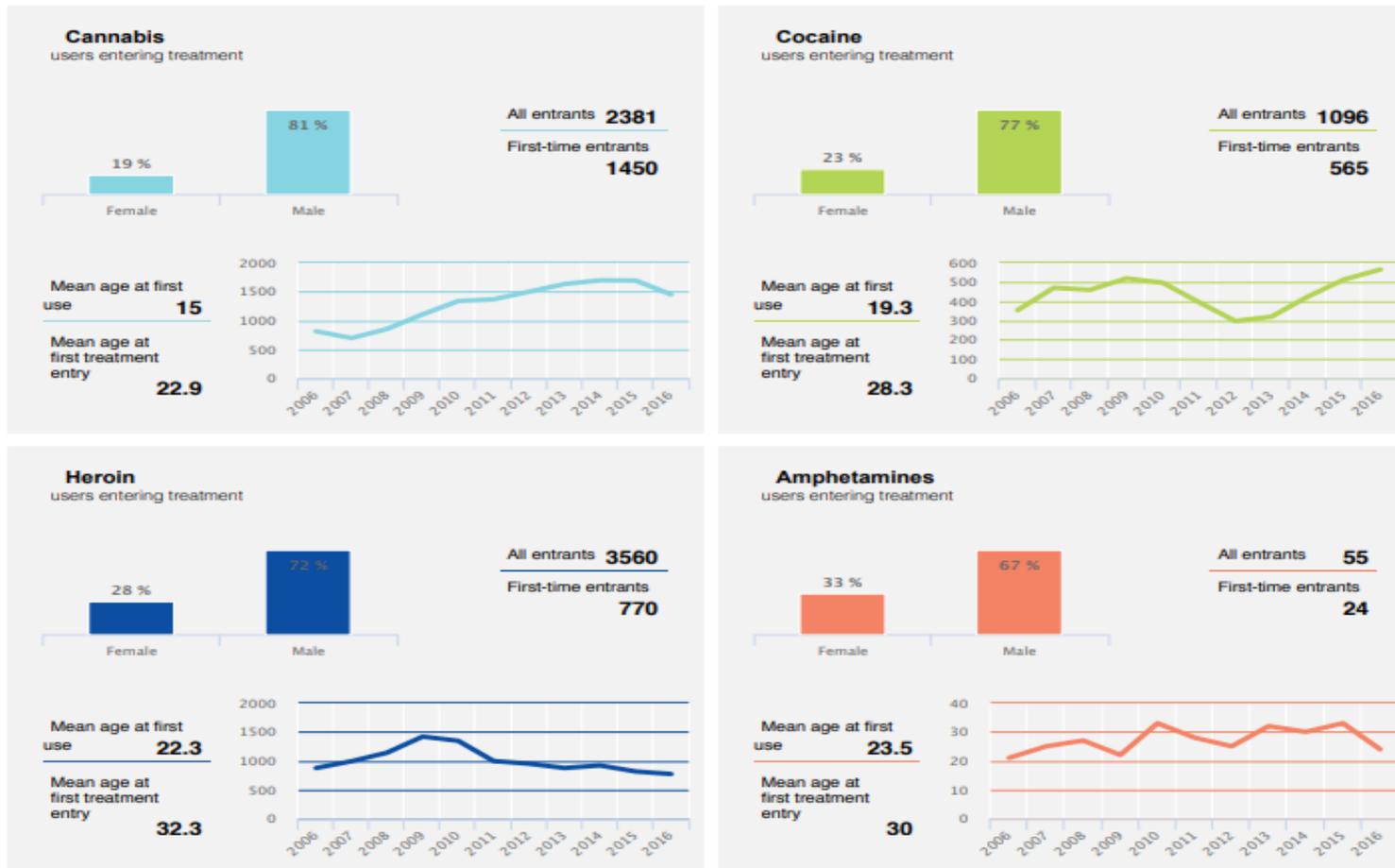
The chosen model is manualised and set within a Bronfenbrenner ecological type framework of client, family/peers, nurse, clinic, community and policy.

The Healthy Addiction Treatment (HAT) Recovery Model



Informing the HAT recovery model by reviewing clients needs within the treatment demand indicator (TDI)

Characteristics and trends of drug users entering specialised drug treatment in Ireland



NB: Year of data 2016. Data is for first-time entrants, except for gender which is for all treatment entrants.

Limitations of the TDI for practice include lack of detail on:

- Physical health
- Mental health
- Quality of life
- Social functioning

There is a need to renew the TDI to ensure it remains fit for purpose.



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Thank you

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**Book: Addiction Debates: Hot Topics from
Policy to Practice, SAGE Swift Series.**

ADDICTION DEBATES

HOT TOPICS FROM POLICY TO PRACTICE



CATHERINE COMISKEY

SAGE SWIFTS

