

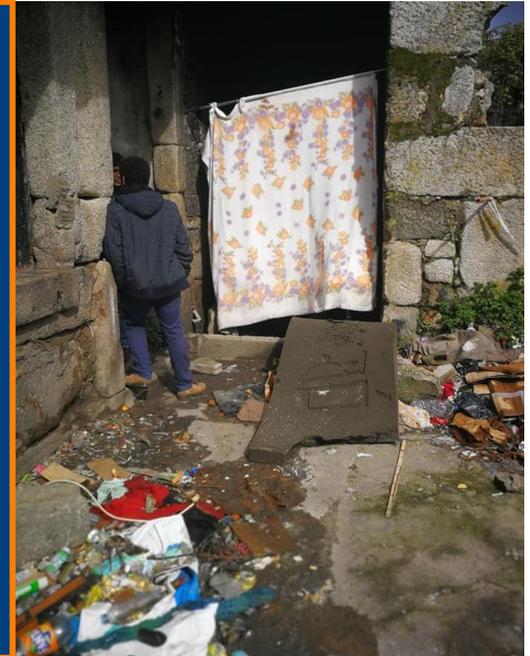
C + | Be + | Be your Rights

An example of Community Mobilization in a neighborhood with an open scene of drug consumption in Porto



More Outreach...
Be there...
where and when
needed...

Peer Work
methodology
- challenge and
opportunity.



With the support of



Disclosures

- The project was funded by AbbVie, Lda. (with a super team lead by André Bengala and Joana Dias.
- The collaborative work with strategic partners (APDES/GAT and other)
- Family and friends support



The IDEAS

- 1 - Foster the work developed among peers, hence promoting their expertise and knowledge.**
- 2 - Channel investment directly to empower people who use drugs and that know these geographies of open scene drug use.**
- 3 - Develop micro-projects and implement community-based intervention on this “city islands”, made invisible and forgotten by many.**
- 4 - Monitor and evaluate, and external evaluation done by Piaget Agency for Development an NGO with different outreach and harm reduction projects.**
- 5 - Investment in relationship and development (more accurate needs assessment)**

Actions



January

February

March

April

May

June

July

August

September

Planning and Capacity building action
(focused on human rights, self-development, our law and services, needs assessment, project designing)

Implementation (3 paid days per week to develop actions on the field — however most of us are still contributing and continuing the work)

evaluation and dissemination

Monitor and evaluation and external evaluation — profile of participant, different registers (tables, diaries, video footage) and notes and meetings with supervisors.

How

The project followed an action-research principle - promoting and reporting the involvement and mobilization of the community through outreach and immersive fieldwork activities in the identified territories – collaborative work with existing services and networks allowed us to more freely be focused on relationship building with the people that use in a logic of human relation first, local first, more vulnerable first, namely homeless and sex workers, reaching the harder to reach...

Some results

- More than 150 people contacted.
- Articulated moments with different services:
 - Outreach teams particularly the local team from ARRIMO but also Médecins du Monde and APDES.
 - Public Health Center for integrated answers to Addiction from Eastern Porto
 - Testing and referral with Médecins du Monde
- Cleaner spaces (unsanctioned spaces of safer use with foil and syringe distribution 24h
- Deeper knowledge on the different layers of hidden realities that these spaces have.

Some results

- **A film Director and Producer is doing a documentary film on one of these “city Islands”**
- **Thoughts and needs: more continued monitoring and registering, more training opportunities, protection of Peer Workers, more time and a more detailed budget.**



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