



# Measuring personality problems in patients with substance use disorders

Espen Ajo Arnevik, PhD

Section for clinical addiction research

Oslo University Hospital, Norway



# Co-occurrence SUD and PD

**Alcohol and all PDs**  
**29%**

**In out patient tretment**  
**40-64%**

**In in-patient treatment**  
**34-78%**

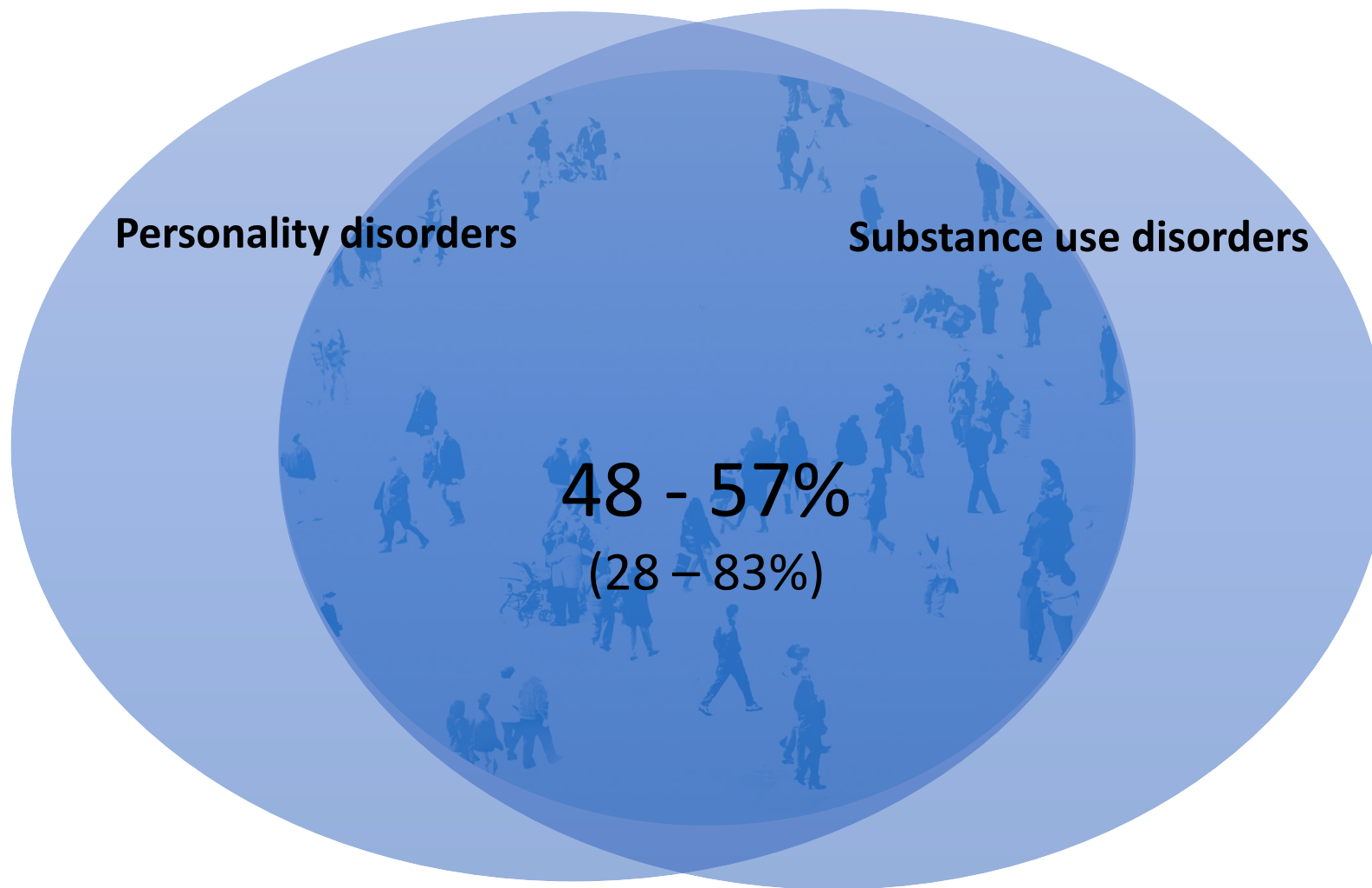
**All drugs and all PDs**  
**48%**

**In patient tretment**  
**35-91%**

**Borderline PD and all SUDs**  
**57%**  
**(78%)**

# SUD og PD

## - co-occurrence

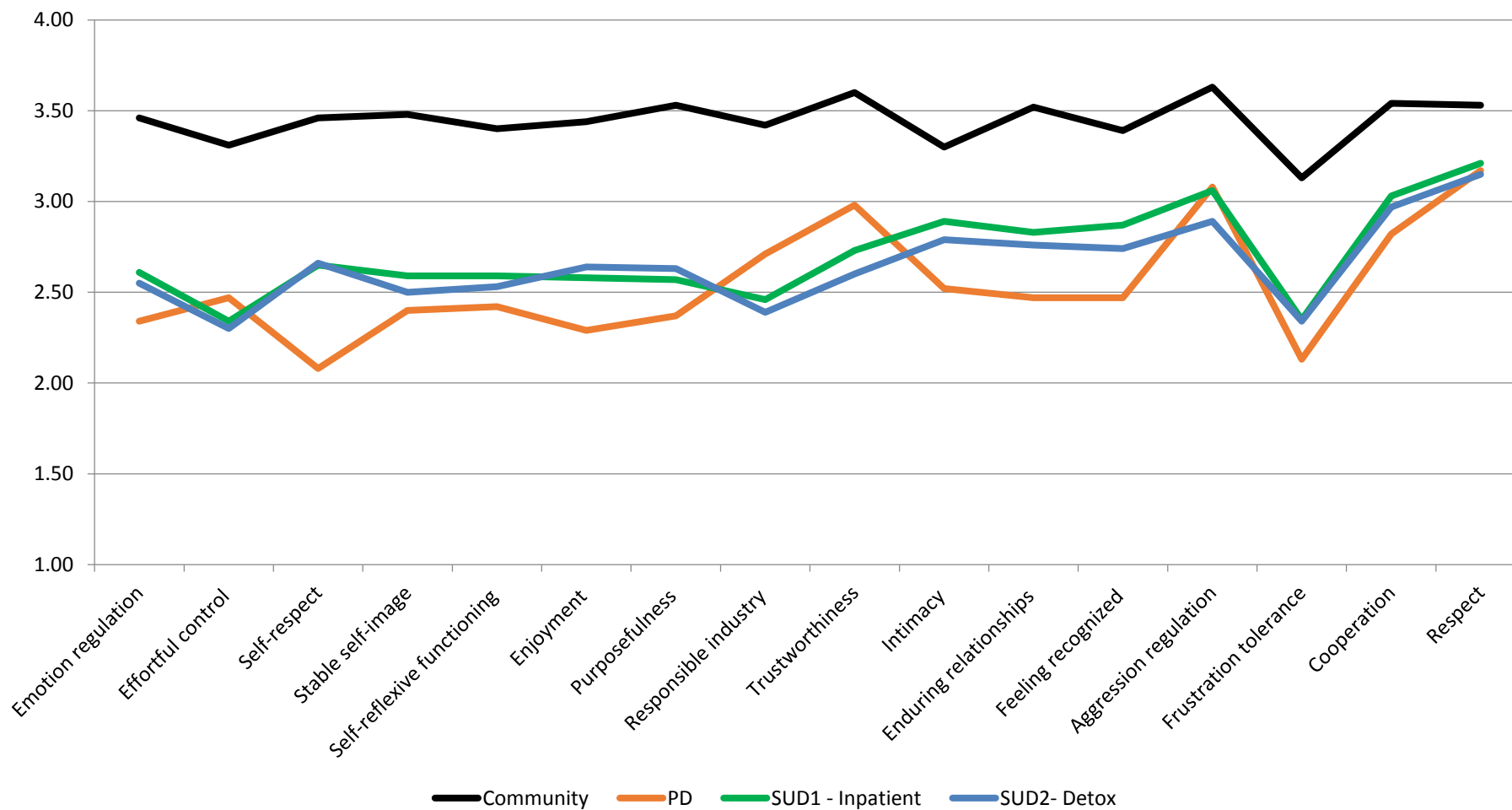


*Grant et al., 2004*  
*Trull et al., 2020*

	Population	Population site	Number of participants	Gender (% male)	Mean age
<b>Sample 1</b>	SUD patients	Two SUD detoxification units	136	61	42 (SD = 12)
<b>Sample 2</b>	SUD patients	In patient SUD treatment for young adults	187	64	24 (SD= 3)
<b>Sample 3</b>	PD patients	Day and out- patient treatment	1399	24	31 (SD = 9)
<b>Sample 4</b>	Normal population	No treatment	935	46	44 (SD = 14)

# Severity of personality problems (SIPP-118)

	To what extent do you agree with the following statements, judging from <b>the last 3 months?</b>	Fully disagree	Partly disagree	Partly agree	Fully agree
1	I can cope very well with disappointments	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	Sometimes I get so overwhelmed that I can't control my reactions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	When upset by someone I often feel like hurting him or her	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	I know exactly who I am and what I am worth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	Whenever I feel something, I can almost always name that feeling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	It is hard for me to believe in myself as a worthy person	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	I constantly feel misunderstood by other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	I can easily accept people the way they are, even when they are different	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	I strongly believe that life is worth living	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	Overall I feel that my activities are enjoyable to me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



# Conclusion

- SIPP may be used to assess personality problems as early as the detoxification stage of treatment
- The amount of personality problems in the SUD samples in this study, raises questions about the differences in treatment approach in these two fields of practice