

# Supporting future cannabis policy – achieving a Standard Joint Unit workshop



**LISBON  
ADDICTIONS  
2019**

**LISBON CONGRESS CENTRE**  
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THIRD EUROPEAN CONFERENCE ON ADDICTIVE  
BEHAVIOURS AND DEPENDENCIES

# Why this workshop?



Changes in cannabis legislation



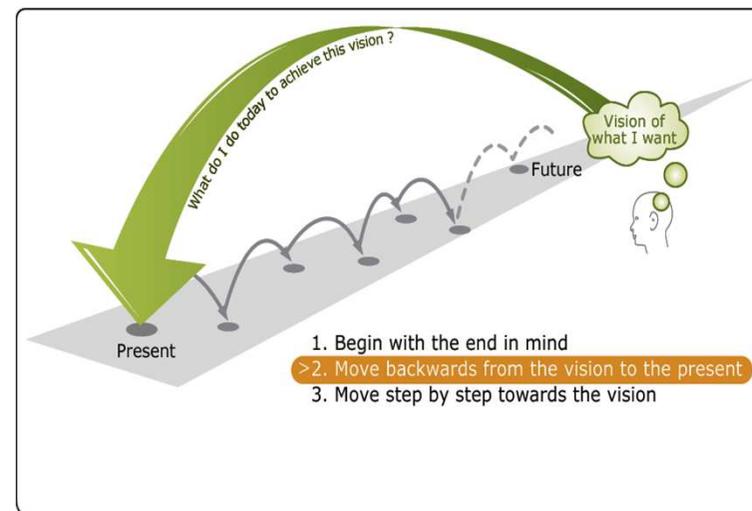
Experience with alcohol and tobacco showed that standardised measurement is useful for public health, research and clinicians (e.g. SBIRT)

# However...

- Cannabis has some differential features in comparison with other drugs
- The process developed with SDU could be improved with SJU

# Back-casting method

“is a scenario technique where normative targets or unwanted outcomes are defined by a group for the purpose of formulating ways in which such goals can be achieved or avoided”



# Objectives

## 1. Reflect on

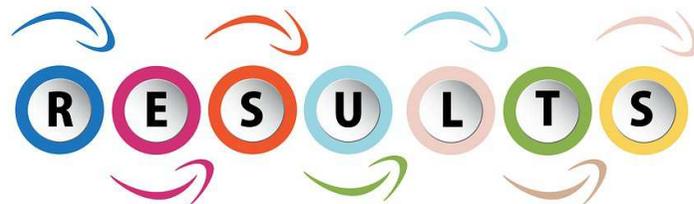
- challenges to consensus operative EU-SJU
- opportunities and facilitators to achieve an EU-SJU

## 2. Propose different trajectories to achieve the main goal: **implementation of EU-SJU**

## 3. Achieve a minimum consensus of the **first step** to achieve an EU-SJU

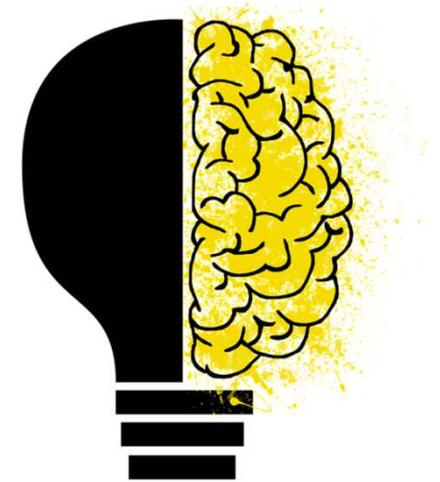
# Expected outputs

1. Consensus on **first-step** to achieve an EU-SJU
2. Preliminary **roadmap** to achieve an EU-SJU



# Keep in mind

- Absolute consensus is not expected. Please focus on minimum consensus
- Try to find relationship cause-effect
- Try to focus in one future desirable scenario
- Do not predict the future, keep in the desirable future



# Steps

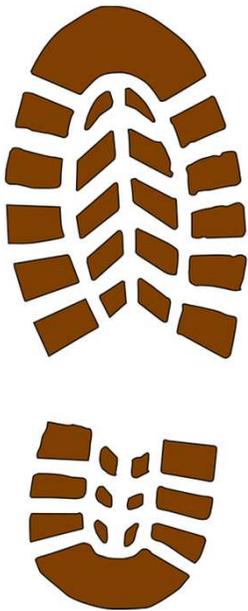
Key elements of the context and strategic orientation

Values, challenges and facilitators

Back-cast trajectories from future to present

Cornerstones and milestones

# Key elements of the context and strategic orientation



1



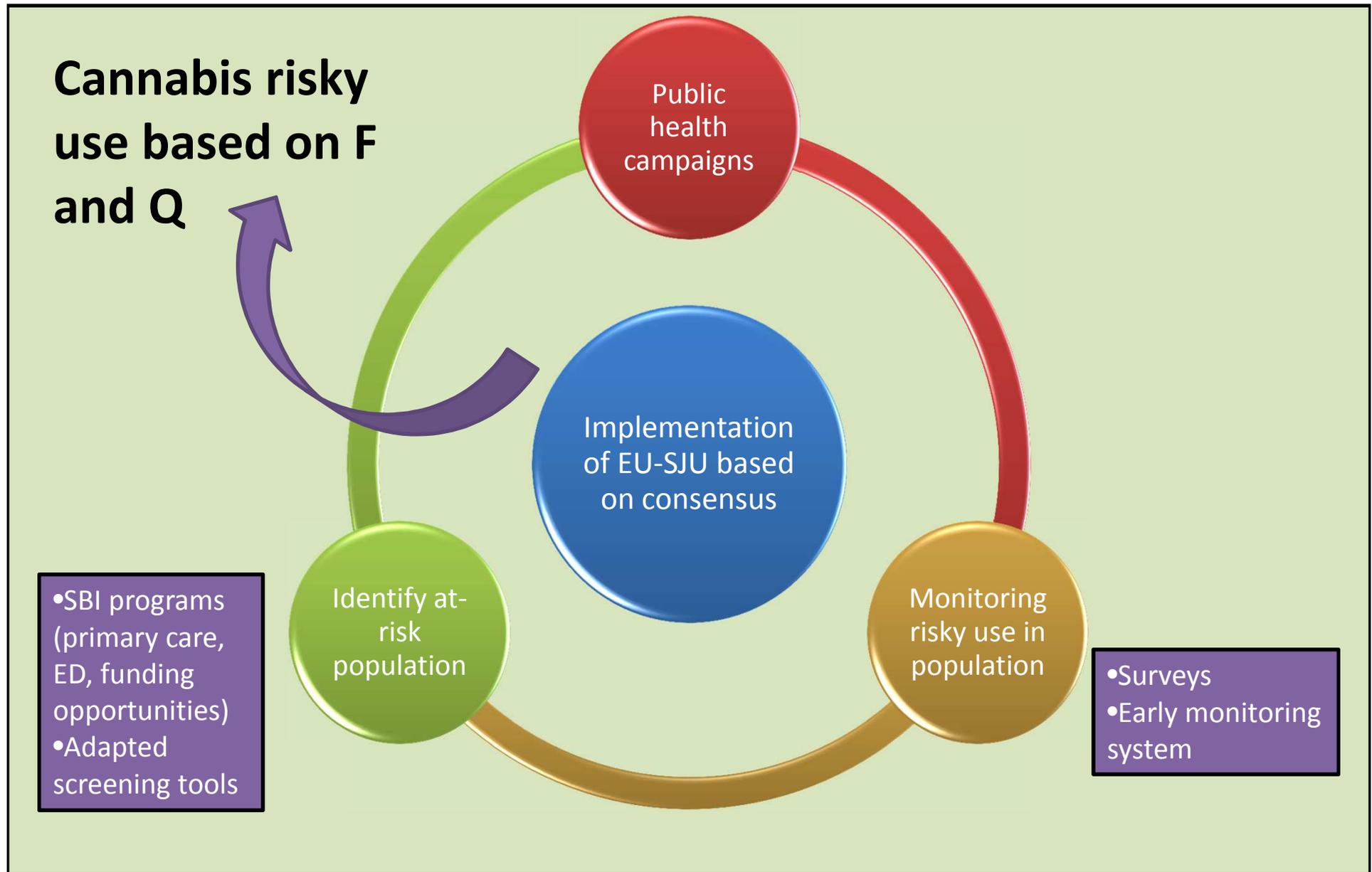
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# Current Scenario

- At-risk population is not well-defined
- Assessment of cannabis use is only based on frequency
- A clear public health message about ‘how much is too much’ does not exist
- Prevalence of risky use is unknown
- SBIRT programs are not implemented

# Desirable future scenario



# Values of EU-SJU and recognizing the challenges and facilitators



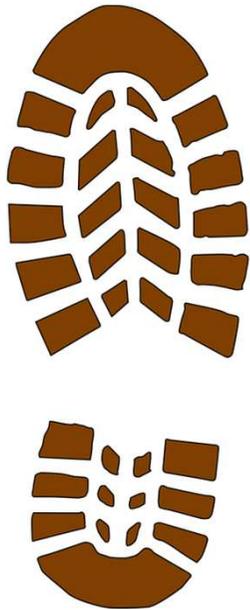
2

# Instructions

1. Organize working groups
2. Open your **future bag** and take **envelope 1**, which contains the list of values, challenges and facilitators.
3. Select 5 items of each category (groups individually). You might add new items if needed.
4. A **vote per groups** for each list category will be conducted, using the **small voting posters**: red for excluded items and green for selected items.
5. The **ranking** will be registered by the workshop responsible in a **cardboard** (one for each category).
6. Selected items should be taken into account to design the future trajectories\*.



# Hansen and Gretel: a trail of bread crumbs



Back-cast trajectories from future to present

3

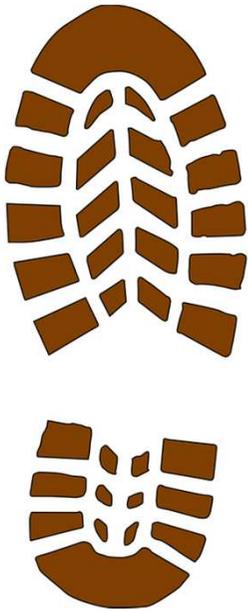
# Instructions

1. Take **Envelope 2** from the **future bag**, and read the assigned scenario, in which the back-casting will be based.
2. Write down the selected items for each category (**challenges**, **facilitators** and **values**) using post-its. They are **timeless**.
3. **Use markers to draw the trajectories and the milestones in the cardboard** (timeline drawn from future to present. Include all years).
4. One participant per group to present **their trajectories in one minute**



# The cornerstone

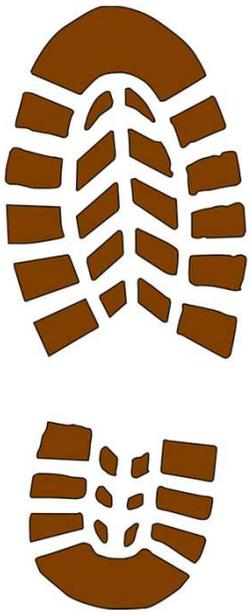
**Which are the milestones?  
Which is the first step?**



Identify intervention to initiate trajectories

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# Summarising by Tom Freeman



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