

# Day 1 | Wednesday 23 October

08:45 ● **Welcoming remarks**, with *Alexis Goosdeel* and *João Goulão* 📍 Main stage

## Plenary I: New frontiers for addiction science

Chair: *Antoni Gual*

● Introducing Lisbon Addictions 2019: The future is here, it's just not evenly distributed yet, *Paul Griffiths*

09:00 Future perspectives on the positive and negative effects of cannabinoids and health, *Marilyn Huestis* 📍 Main stage

● Does Cognitive Bias Modification help in the treatment of addictive behaviours? 📍 F1

● (09:30 to 11:00) REMOTE digital monitoring for risk of relapse – FuturiZe test-drive experience 📍 F2

### 10:30 NETWORKING ZONE

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|---|---|---|
| ● Focus on the EU borders 📍 C3  | ● Understanding and improving health and social outcomes 📍 N3 | ● Depot medications for unmet treatment needs in opioid use disorder 📍 N2                       |
| ● Innovative methods for exploring new drug-related trends 📍 I4   | ● Cannabis beyond psychosis 📍 C1                              | ● Stimulants — use, harm and interventions 📍 N4   |
| ● Development of a core outcome set for treatment of substance use and addictive behaviour disorders 📍 F3 | ● Alcohol: epidemiology and adolescence 📍 C2                  | ● Addiction in a digital world – FuturiZe thought leader round table 📍 F1                       |
| ● Emerging issues in the study of behavioural addictions 📍 I3   | ● Opioid-related deaths in Europe and Australia 📍 Main stage  | ● Challenges for harm reduction I 📍 I2  |
|   | ● Definition of disorders 📍 N1                                | ● Analysis and monitoring of ongoing darknet drug purchases – FuturiZe discussion and demo 📍 F2 |
|   | ● Insights in biology 📍 I1                                    |   |

### 12:20 NETWORKING ZONE

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|--|--|---|
| ● 2009-2019 — A crucial decade in international drug policy 📍 C2             | ● European Research Area Network on Illicit Drugs 📍 I4                                   | ● Digital health multi-sector co-ideation game jam 📍 F2   |
| ● Nicotine harm reduction 📍 N4   | ● Improving the validity of drug-related deaths data for policy making 📍 C1              | ● Speculative Addictions I 📍 F1                           |
| ● A global network of universities as the future of addiction education 📍 I1 | ● Alcohol-related brain damage and its relation to deshabitation treatment response 📍 I3 | ● Treatment — challenges, determinants and responses 📍 N3 |
| ● The future of hepatitis C among people who inject drugs 📍 Main stage       | ● Improving delivery of healthcare programmes 📍 C3                                       | ● Modelling the impact of decriminalisation 📍 N1          |
|  | ● Risk behaviours in context 📍 N2  | ● The challenges of monitoring new drugs 📍 I2             |

### 14:50 Break

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|---|---|---|
| ● Enhancing the role of drug treatment services for HCV elimination among people who inject drugs 📍 C1                | ● New clinical profiles in gambling disorder in Europe 📍 C2   | ● Modernisation, stagnation or roll-back 📍 N4   |
| ● Progress in alcohol research and treatment 📍 Main stage   | ● Implementation of supervised drug consumption facilities in Zurich: a success story 📍 N2            | ● New psychoactive substances 📍 N3  |
| ● Needs-based planning for substance use treatment systems: The new generation of principles, methods and models 📍 I4 | ● Drug policy and human rights 📍 I1   | ● Innovative communication – FuturiZe thought leader round table 📍 F1                 |
| ● Epidemiology of hepatitis C among people who use drugs — data to inform future planning 📍 I3                        | ● Improving responses to opioid-related harm 📍 C3   | ● Prevention strategies 📍 I2  |
|   | ● Virtual Reality (VR) facilitated cue exposure to reduce craving – FuturiZe discussion and demo 📍 F2 | ● Therapeutic horizons I 📍 N1   |
|   |   | ● Improving youth OUD treatment through family engagement and assertive outreach 📍 F3 |

### 16:30 NETWORKING ZONE

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|---|---|---|
| ● Migration, drug use and treatment 📍 I2  | ● Alcohol: short communications on policy and treatment 📍 N3                    | ● An epidemiological overview of new psychoactive substances use in Europe 📍 C3   |
| ● Gender and drugs in Europe 📍 N1   | ● Harm reduction across addictions: recent results and future directions 📍 I3   | ● My virtual reality in counselling: digital reading & writing in text-based online-addiction-counselling 📍 F3                  |
| ● Closing the gaps: HIV and Hepatitis continuums of care with a focus on people who inject drugs 📍 C1 | ● Big data and innovative monitoring – FuturiZe thought leader round table 📍 F1 | ● Developing tools for monitoring of drug policy and practice from the view point of civil society organisations in Europe 📍 I1 |
| ● Digital health multi-sector co-ideation game jam 📍 F2   | ● Extending the evidence-base of opioid substitution treatment 📍 I4             | ● Nicotine harm reduction: opportunities and challenges 📍 Main stage  |
| ● Theoretical and epidemiological considerations in gambling and other behavioural addictions 📍 C2    | ● Getting your addiction research published 📍 N4                                |   |
| ● Responding to vulnerability and special needs 📍 N2  |   |   |

### 18:20 Break

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|---|--|--|
| ● Workforce development and training 📍 N3                                     | ● Social robots as motivational interviewers – FuturiZe discussion and demo 📍 N4 | ● Consumption rooms: overcoming implementation challenges 📍 I4 |
| ● Innovative approaches for assessing or impacting demand for substances 📍 C1 | ● Smoking and health 📍 I1  | ● Treatment in the justice system 📍 C2                         |

### 18:30 ● **Big debate: Will changes in cannabis policy result in greater costs or greater benefits?**

Moderator: *Florence Ranson*

Panel: *Laura d'Arrigo, Jennifer Price, Robin Murray, Wayne Hall and Tom Blickman*

📍 Main stage

### 19:30 ● **Welcome cocktail** NETWORKING ZONE

COMPLETE PROGRAMME



# Day 2 | Thursday 24 October

## Plenary II: Learning from the past to meet the challenges of the future

Chair: *Eilish Gilvarry*

- 09:00 **Future perspectives for reducing tobacco related harm – what have we learnt?, Karl Lund**  
The future of prevention science, *Johanna Gripenberg* 📍Main stage
- Cannabis and causality — using multiple methods to unpick links between cannabis and neurobiology, cognition and mental health** 📍F3

### 10:30 📍 NETWORKING ZONE

- Towards a consensus approach to opioid substitution treatment outcomes and how they are monitored** 📍N1
- Drug-related interventions in European prisons** 📍I3
- Understanding behaviours, risks and harms** 📍N3
- Candidates of behavioural addictions** 📍I2
- Monitoring trends and developments** 📍I1
- Methods and approaches to inform drug policy and practice** 📍N4
- Individually-tailored support and education for safer injection** 📍N2
- Building a professional workforce for drug demand reduction** 📍I4
- Funding opportunities for early career/experienced researchers** 📍F3
- The European Mosaic: prescription drug misuse across borders** 📍C1
- Understanding pathways to stimulant use: a mixed methods examination of the individual, social and cultural factors shaping illicit stimulant use across Europe** 📍C2
- Lancet review series: Using evidence to better respond to drug problems - a call for action** 📍Main stage
- Gender perspectives** 📍C3

### 12:20 📍 NETWORKING ZONE

- Post-marketing prescription drug mosaic surveillance** 📍Main stage
- Added to work: the use of cognitive enhancers in the workplace and the implications for occupational safety and health** 📍F2
- Alcohol: harms and policies** 📍F3
- Infusing policy with evidence** 📍C3
- Reducing drug-related deaths** 📍C2
- Regulating the low-THC cannabis market in Europe** 📍F1
- Cannabis — risks and responses** 📍N4
- Enhancing hepatitis C treatment outcomes among people who use drugs** 📍I1
- Opioid-related deaths: learning from pharmacology, laboratory-based studies and physical assessments** 📍C1
- Treatment adherence** 📍I4
- (12:40 to 13:20) FuturiZe technology tours** 📍F2
- How to inform policy and decision makers about evidence-based prevention** 📍N2
- Injecting, risk and reducing harm** 📍N3
- Focus on prescription drugs I** 📍I3
- Policy and treatment** 📍I2
- Using new technology and innovative methods to measure substance use and related harm** 📍N1

### 14:50 Break

- Global changes in cannabis products** 📍Main stage
- Future addictions project game jam** 📍F3
- Emerging issues in the management of conflicts of interest** 📍I1
- Alcohol: comorbidity, risk and consequences** 📍C3
- Safer drugs? – FuturiZe thought leader round table** 📍F1
- The cannabis policy kaleidoscope** 📍C2
- Problematic usage of Internet: from assessment to intervention** 📍C1
- Take-home naloxone — its role in preventing opioid-related deaths in Europe** 📍I3
- Drug markets** 📍I4
- Exploring comorbidities in addiction** 📍I2
- Insight into the dynamics of substance use (research) in nightlife settings** 📍N1
- Treatment interventions** 📍N3
- Youth pathways** 📍N2
- Transcranial Magnetic Stimulation (TMS) – FuturiZe discussion and demo** 📍F2

### 16:30 📍 NETWORKING ZONE

- Prison and drugs in Europe** 📍F3
- European Drug Emergency Network Plus (Euro-DEN Plus)** 📍Main stage
- Factors influencing recovery** 📍I3
- How to support the implementation of a comprehensive policy for alcohol, narcotics, doping, and tobacco from a public health perspective** 📍I1
- New methods** 📍C2
- New perspectives on cannabis use disorders and their treatment** 📍I4
- Focus on the EU borders** 📍I2
- Alcohol policies and preventions** 📍C1
- Gambling research** 📍N1
- Methods and measurement of economic cost of substance use** 📍C3
- Recovery from problematic drug use** 📍N2
- Emerging health needs amongst adolescents who regularly use alcohol, cannabis or tobacco** 📍F2
- Alcohol: short communications on basic science, adolescence and comorbidity** 📍N3
- Issues for cannabis policy** 📍N4
- Striving towards the future elimination of Hep C among people who use drugs** 📍F1

### 18:20 Break

- Software-automated approach to monitoring online e-shops offering new psychoactive substances** 📍F3
- Developing new prevention strategies to improve the situation of clients and employees of harm reduction services** 📍N2
- Drug-checking technology – FuturiZe discussion and demo** 📍F2
- Nightlife, festivals and other recreational settings** 📍N3
- Measuring and monitoring drug policy for research, surveillance and practice** 📍N1
- Opioids — current and emerging lessons** 📍N4
- Speculative addictions II** 📍F1
- Cannabis labelling and health warnings: use and impacts** 📍I4
- Challenges for harm reduction II** 📍I3
- Prevention science and measurement of demand reduction quality standards** 📍C1
- Electronic cigarettes/vaping devices** 📍I2

## Big debate: Industry friend of foe? Can industry contribute to better addiction science, policy, and actions?

Moderator: *Florence Ranson*

Panel: *Henrietta Bowden-Jones, Axel Klein, Niamh Fitzgerald, Paul Wallace and Ian Gilmore*

📍Main stage

### 19:30 **Networking buffet dinner** 📍 NETWORKING ZONE

# Day 3 | Friday 25 October

## Plenary III: Horizons in addiction science

Chair: *Michael Farrell*

- Implications for the future of our developing understanding of addictive processes and future therapeutic options, *Olivier George*  
Future perspectives for new formulations for medications for opioid use disorder: hopes and fears, *Sharon L. Walsh* 📍 Main stage
- 09:00 ● Studying the operation of new forms of cannabis supply 📍 C1
- Illicit drug markets: strategic analysis for a safer Europe 📍 I2
- Treatment of elderly alcohol dependent patients 📍 C2
- Food addiction: a transdiagnostic construct of increasing clinical interest 📍 N1
- Contemporary issues in addictions 📍 C3
- Attentional Bias Modification Training as add-on to regular treatment in alcohol and cannabis use disorder 📍 F1
- REMOTE digital monitoring for risk of relapse – FuturiZe discussion and demo 📍 F2

10:30 NETWORKING ZONE

## Big debate: How do we get greater involvement of civil society and affected communities in shaping addiction research, policies and practice?

Moderator: *Florence Ranson*

Panel: *Mariann Skar, Marie Nougier, Tony Duffin and John McCracken*

📍 Main stage

- 10:45 ● Supporting future cannabis policy/achieving a Standard Joint Unit – FuturiZe workshop 📍 F3
- Monitoring drug trends in the EU and Australia using digital and online instruments 📍 F1
- Diversity in behavioural addictions 📍 N1
- The development and implementation of the ADVANCE intervention to reduce intimate partner violence perpetration by men in substance use treatment 📍 C3
- Approaches to support the development of an evaluative culture to promote better drug policy for the future 📍 N2
- Treatment — improving standards and outcomes 📍 N3
- Epidemiology of infectious diseases 📍 I4
- Focus on prescription drugs II 📍 C2
- Young people’s addictions treatment 📍 N4
- Drug policy debates: how are routine monitoring data used? 📍 I2
- Alcohol: Alcohol Use Disorder treatment and outreach 📍 I1
- Opioid-related deaths: learning from epidemiological studies 📍 I3
- Therapeutic horizons II 📍 C1

12:15 NETWORKING ZONE

## Closing session

Chair: *Julia Sinclair*

- 12:30 ● Preventing deaths from heroin overdose: better science, fuller understanding, greater impact, *Sir John Strang*  
Future perspectives on designing information for impact and decision-making, *Angela Morelli* 📍 Main stage

- 13:30 ● Closing remarks, with *Manuel Cardoso* 📍 Main stage

13:45 After this session, lunch boxes will be available

## Guided tours 📍 Poster tours room

### Day 1 | Wednesday 23 October

- 10:50 ● Progress in alcohol research and responses - EUFAS session 1
- 12:20 ● Measuring drug use to monitor trends in different populations - ISSDP session 1
- 13:20 ● Problematic gaming and digital media use - ISSBA session 1
- 15:00 ● Behavioural addictions: reasons, risks and responses - ISSBA session 2

### Day 2 | Thursday 24 October

- 10:50 ● Alcohol perspectives and prevention - EUFAS session 2
- 12:20 ● Making better use of existing data through standardisation, methods and analysis - ISSDP session 2
- 13:20 ● The Reitox network session
- 15:00 ● Opioid-related deaths and other harms: current and emerging lessons - SSA session

Colour code:

- Plenary session
- Big debate
- Structured session
- Workshop
- Poster guided tour
- Oral presentation session
- Short communication session

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