

# Trends in mortality from alcohol, opioid, and combined alcohol and opioid poisonings in the US

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#### **Conflict of interest**

All authors have no conflicts of interest to declare

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A microsimulation of alcohol control interventions to advance health equity and reverse the current decrease in life expectancy in the US (SIMAH) R01AA028009

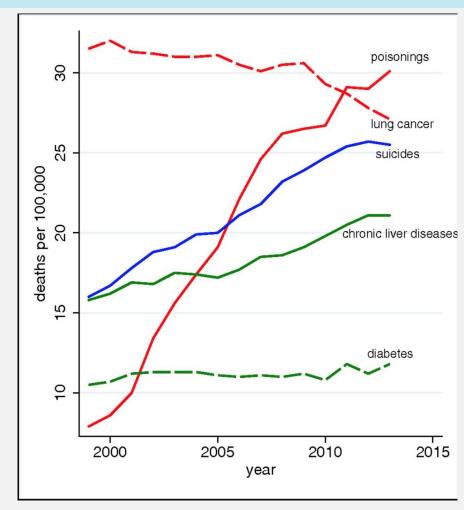
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Trends in mortality from alcohol, opioid, and combined alcohol and opioid poisonings by sex, educational attainment, and race and ethnicity for the United States 2000–2019

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#### **Background**



Mortality by cause, white non-Hispanics aged 45-54

- Opioid poisoning deaths increased from 8050 to 49,860 between 1999 and 2019
- Around 1 in 5 fatal opioid overdoses involved alcohol
- Alcohol poisoning deaths increased from 2486 to 12,954 between 1999 and 2017

Case A, Deaton A. Rising morbidity and mortality in midlife among white non-Hispanic Americans in the 21st century.

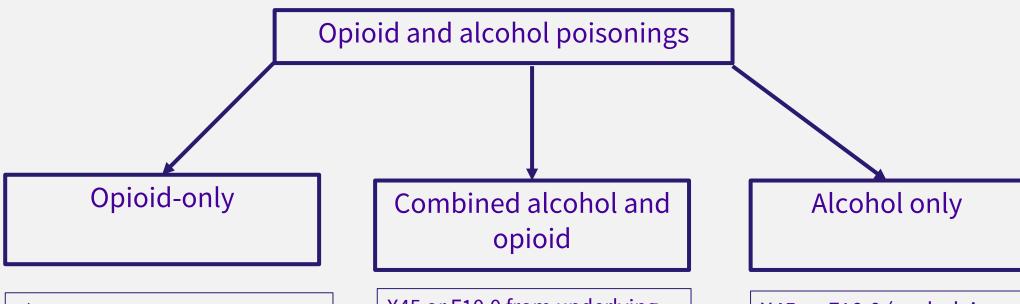
Proceedings of the National Academy of Sciences. 2015 Dec 8;112(49):15078-83.

#### **Aims**

# Explore the intersection of alcohol and opioid poisonings and trends by:

- 1. educational attainment (high school or less, college degree or more)
- 2. race and ethnicity (non-Hispanic Black and non-Hispanic White)
- 3. age, period and cohort

#### **Decomposition of poisoning type**



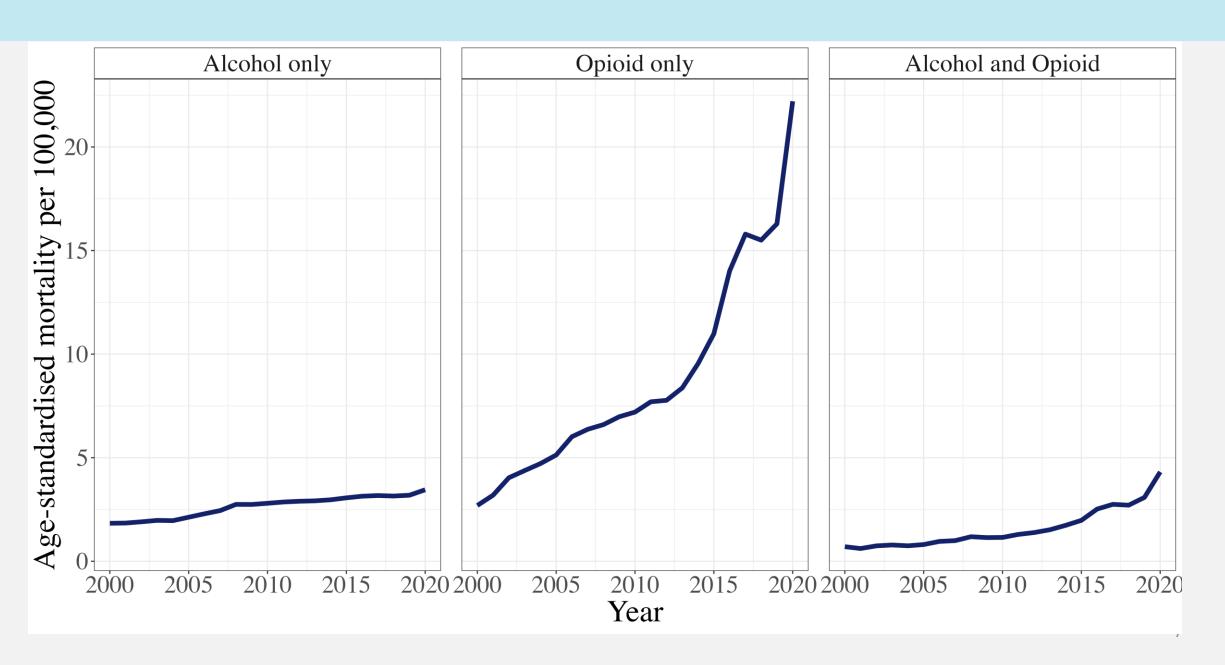
- 1) X40-X44, X60-X64, X85, Y10-Y14 from underlying cause
- 2) T40.0-T40.4, T40.6 from contributing cause

Must meet both 1) and 2)

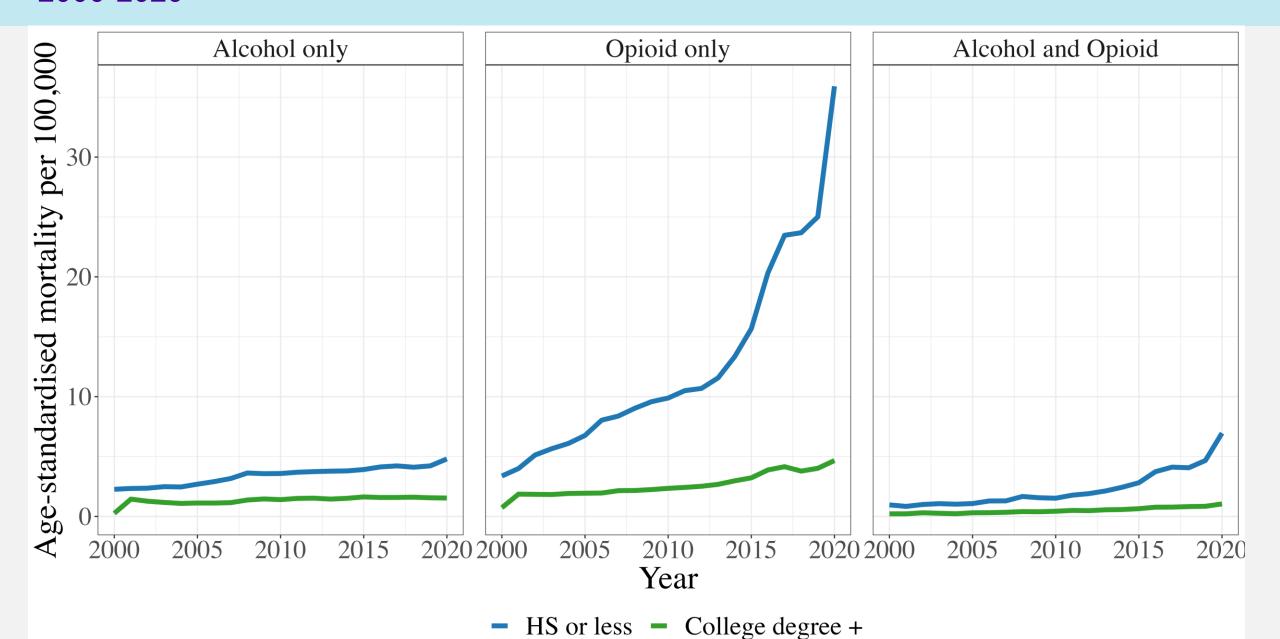
X45 or F10.0 from underlying or contributing cause or T51.0 or T51.9 from contributing cause, *and* opioid poisoning, i.e., both (**a**) X40-X44, X60-X64, X85, or Y10-Y14 from underlying cause and (**b**) T40.0-T40.4 or T40.6 from contributing cause

X45 or F10.0 (underlying or contributing cause), T51.0 or T51.9 (contributing cause)

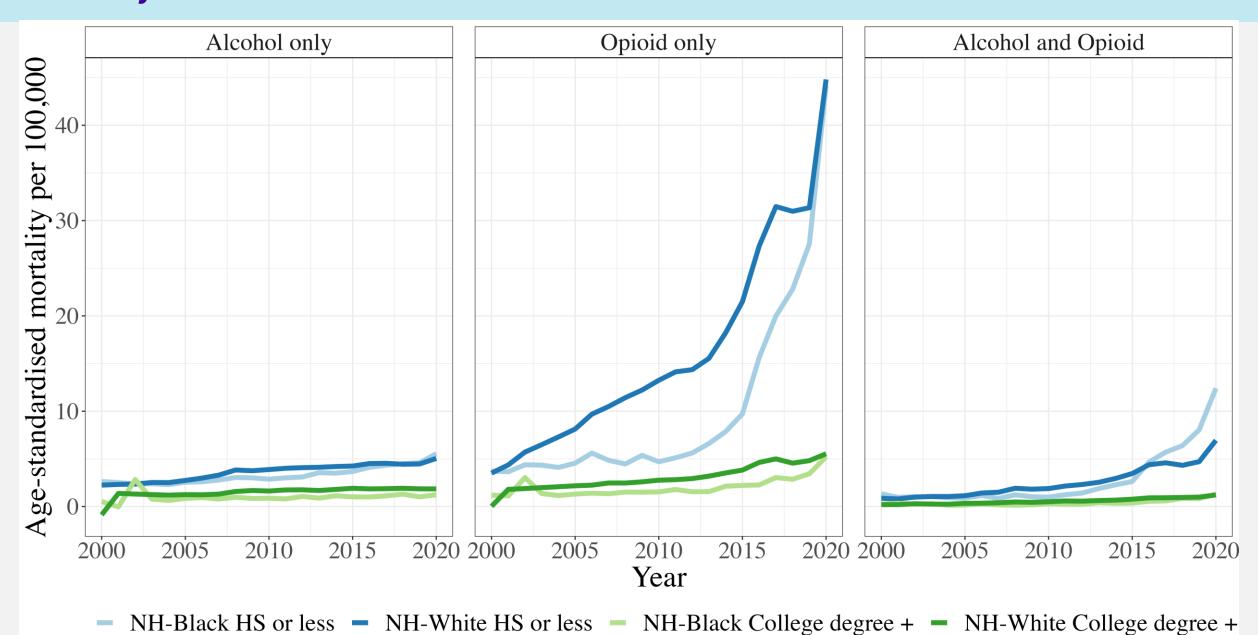
#### Trends in alcohol-only, opioid-only and alcohol and opioid poisonings 2000-2020



### Trends in alcohol-only, opioid-only and alcohol and opioid poisonings by education 2000-2020



## Trends in alcohol-only, opioid-only and alcohol and opioid poisonings by race and ethnicity and education



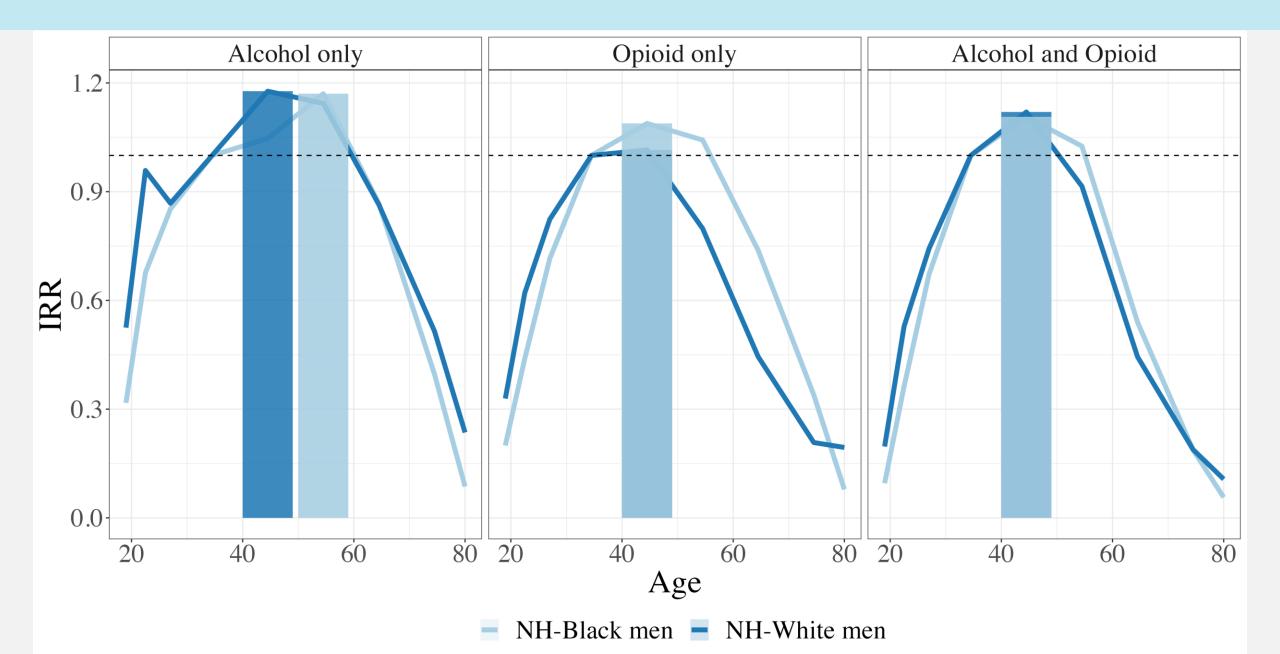
#### Age, period and cohort (APC) modelling

Decompose trends in alcohol-only, opioid-only and alcohol and opioid poisoning mortality into **age, period, and cohort effects** (by race and ethnicity)

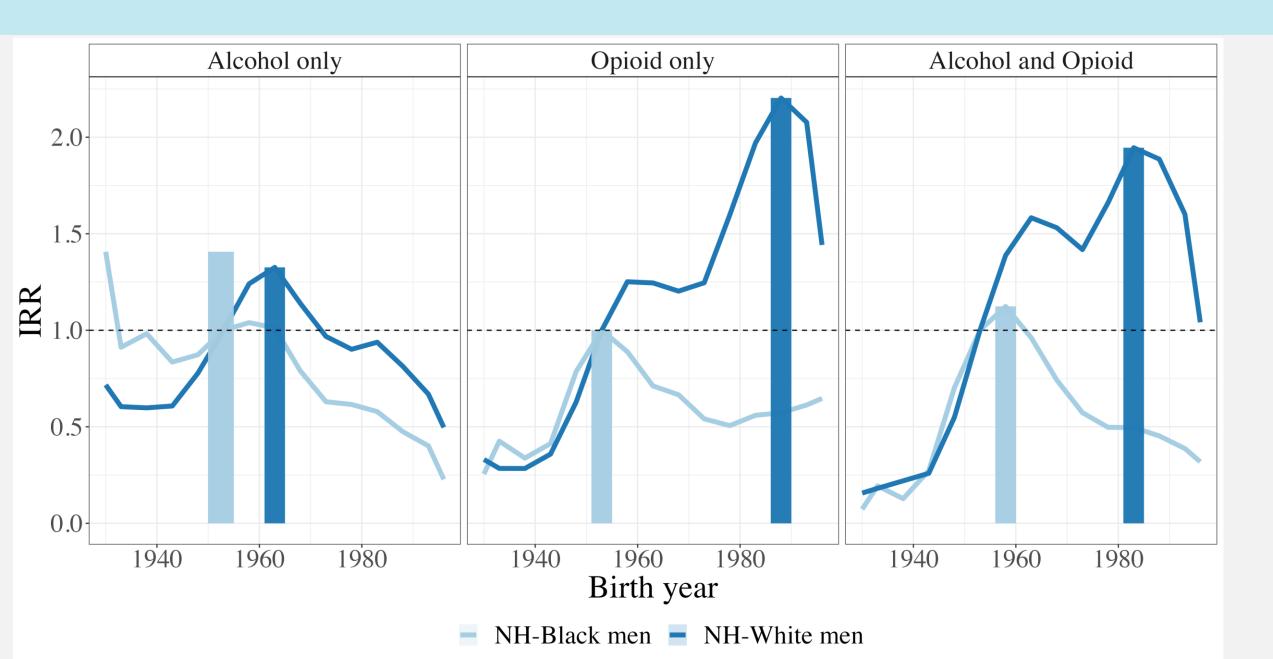
#### Method

- Alcohol-only, opioid-only and combined alcohol and opioid poisoning mortality rates modelled separately in Poisson regression
- Period (individual years, reference = 2010)
- Age (18-20, 21-24, 25-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+ (reference = 30-39)
- Birth cohorts in 5-year categories ≤1930 ≥1996 (reference = 1951-1955)
- Sex stratified models, results presented for men and Black and White groups

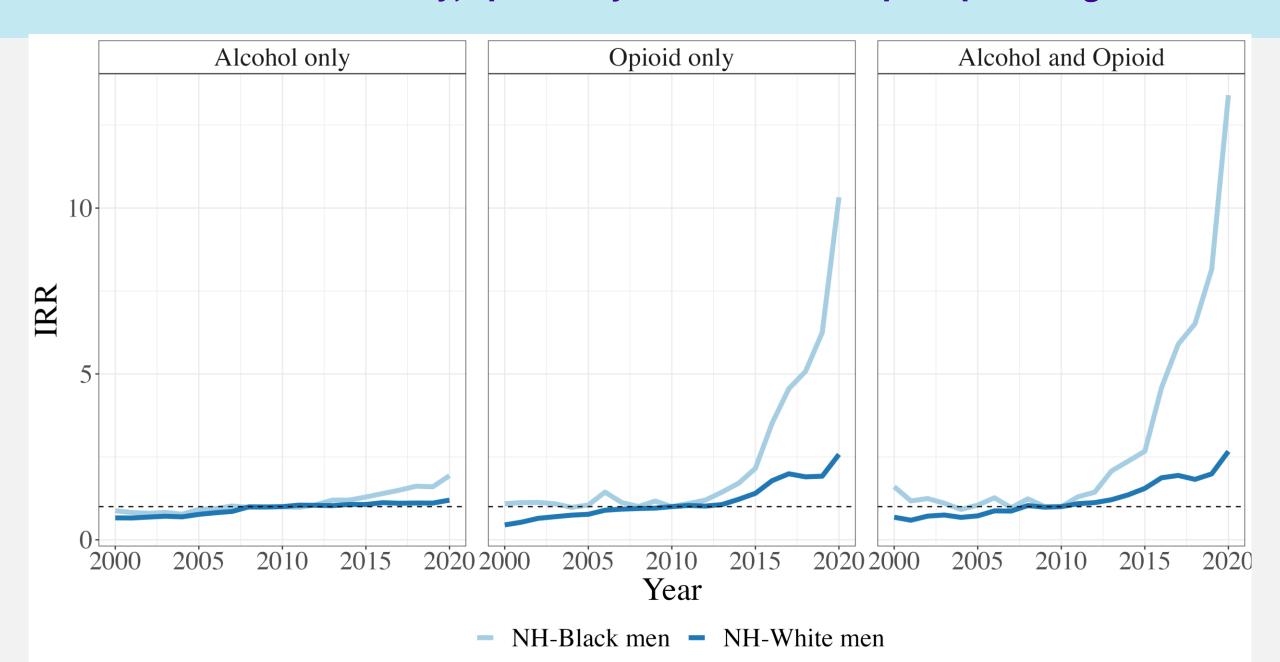
#### Age effects in alcohol only, opioid only and alcohol and opioid poisonings



#### Cohort effects in alcohol only, opioid only and alcohol and opioid poisonings



#### Period effects in alcohol only, opioid only and alcohol and opioid poisonings



#### **Summary**

- Gradual increases in alcohol poisonings 2000-2020, faster increases in opioid and combined alcohol and opioid poisonings (particularly since 2015)
- All poisonings most concentrated in low education groups
  - Some differences by race and ethnicity
- Age effects consistent across race and ethnicity groups
  - Peaking at ages 40-49 and 50-59 in most groups
- Period and cohort effects vary by race and ethnicity
  - Trends in White men appear to be more driven by cohort effects
  - Trends in Black men appear to be more driven by period effects (not affecting one particular age or cohort group)
- Understanding drivers of these trends is essential for informing targeted interventions to reduce poisoning mortality

#### **Thank you**

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Robin Purshouse (University of Sheffield, UK)



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Presentation (Charlotte Probst and Robin Purshouse): Thursday 10.50 – Central square 1 Poster: Friday 13.20 – Networking zone 1