



Binge alcohol intake triggers microglial activation and TNF-dependent aberrant synaptic pruning, causing synapse loss and increased anxiety

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The authors declare no conflict of interest.

SCIENCE SIGNALING | RESEARCH ARTICLE

ALCOHOL ADDICTION

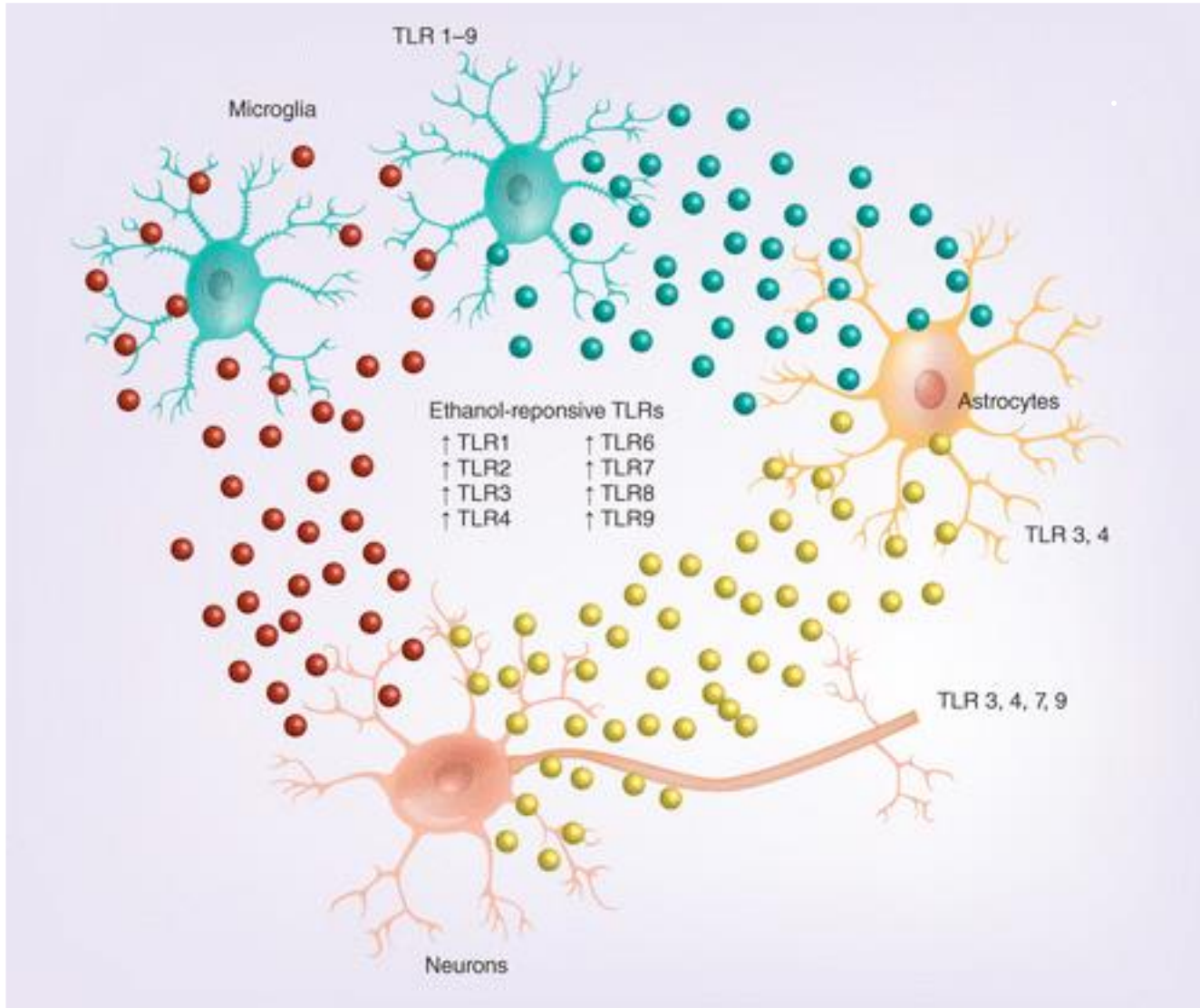
Daily alcohol intake triggers aberrant synaptic pruning leading to synapse loss and anxiety-like behavior

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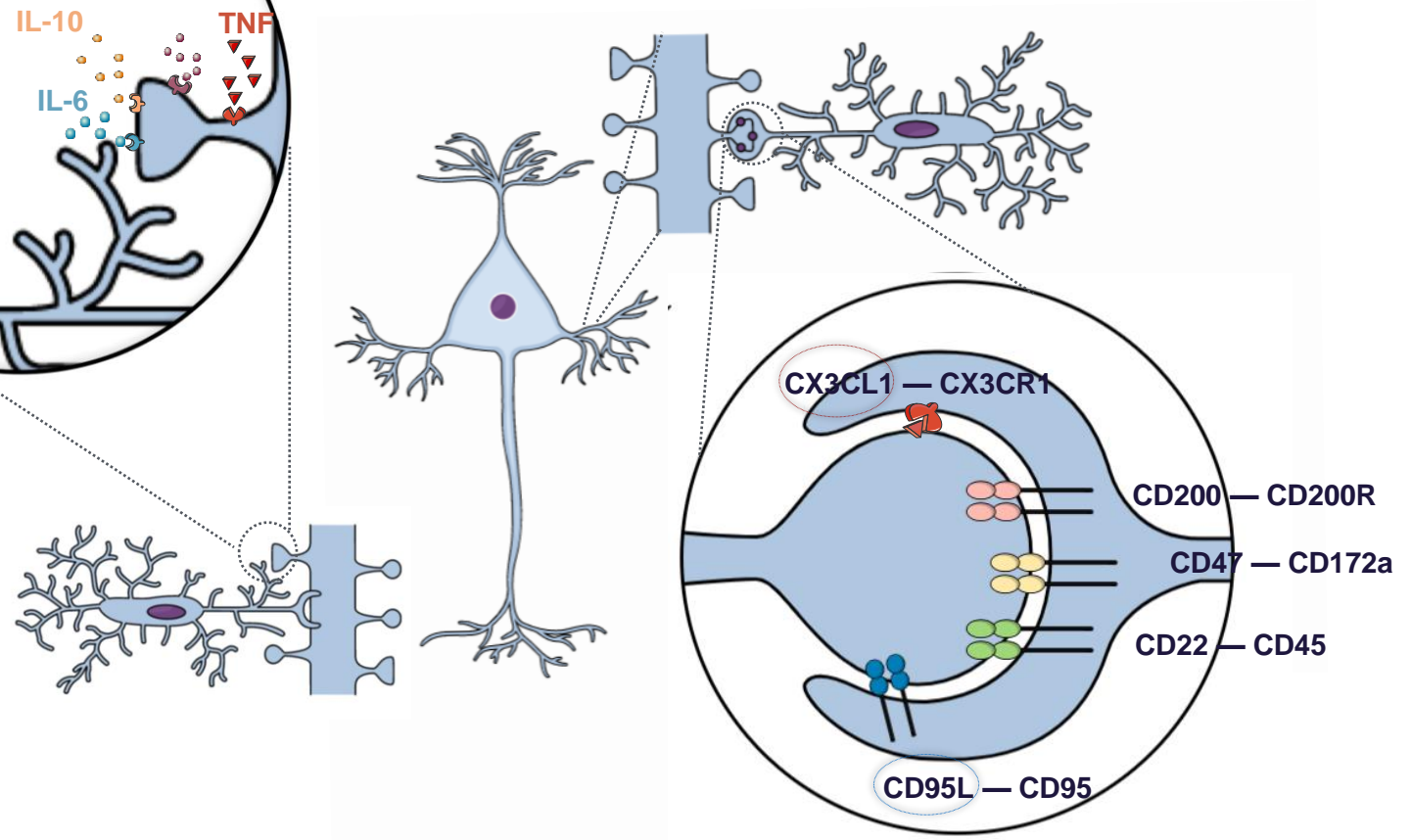
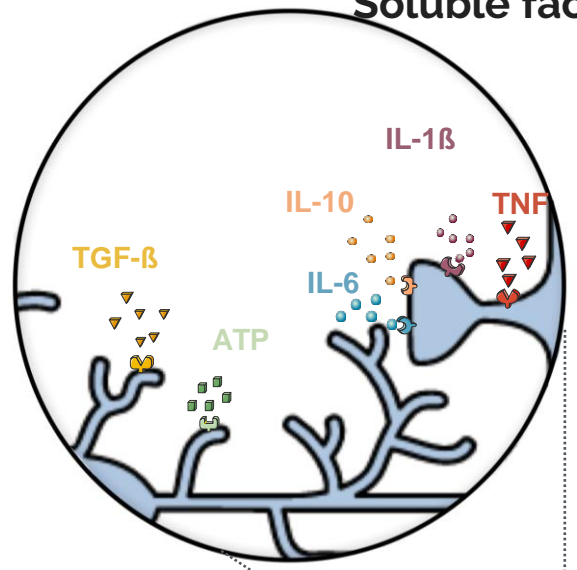
Neuroimmune responses, or a glia-neuron crosstalk



Neuron-microglia crosstalk



Soluble factors



Contact dependent immune pairs

Why is this relevant?



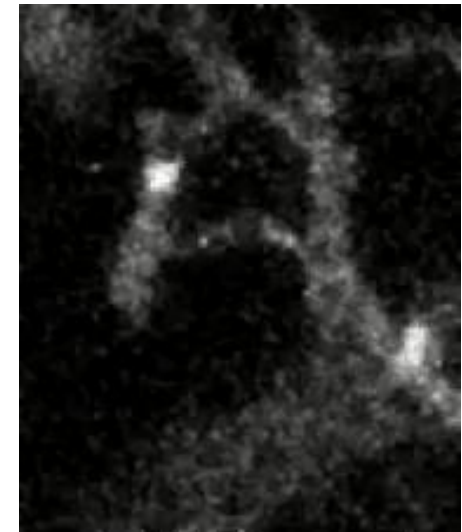
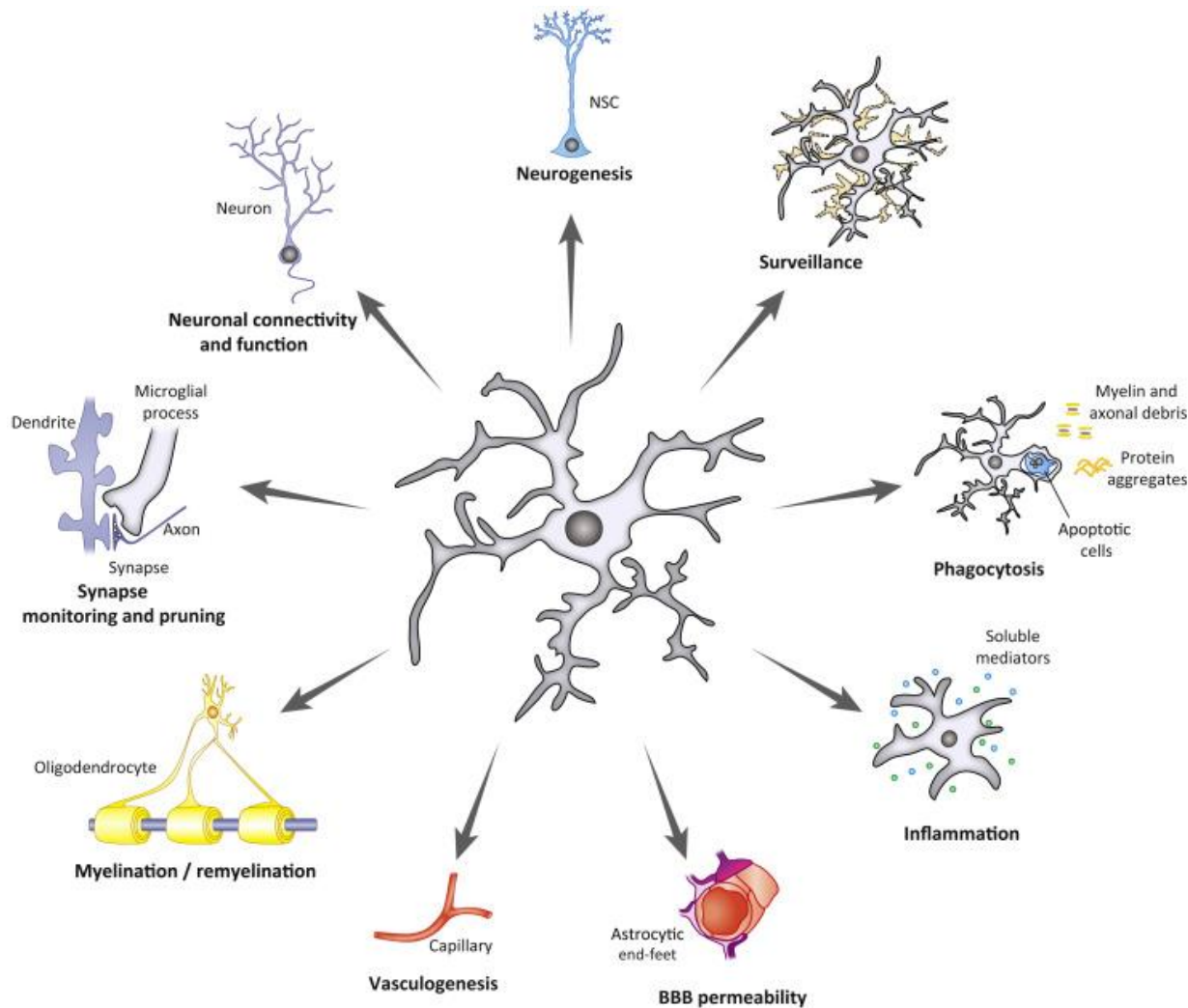
Intoxication stage - glial reactivity is likely involved in the reshaping of neuronal circuits underlying addiction.

Withdrawal stage - glia-neuron interaction seems to promote a “sickness behaviour syndrome” that increases the probability of relapse.

Relapse rates

Limiting glial reactivity may be relevant to control the addictive behaviour and reduce relapse rates.

Microglia cells, not “resting” at all!

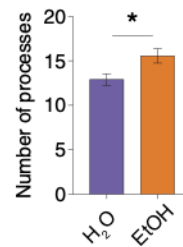
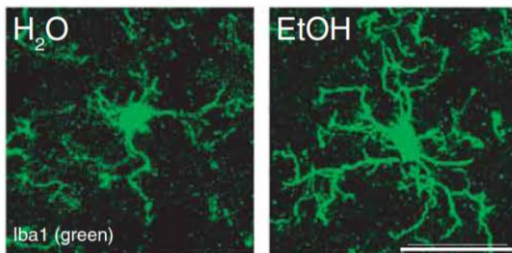
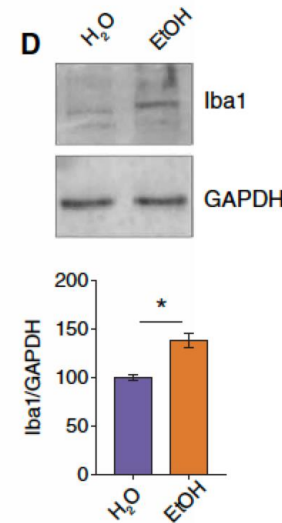
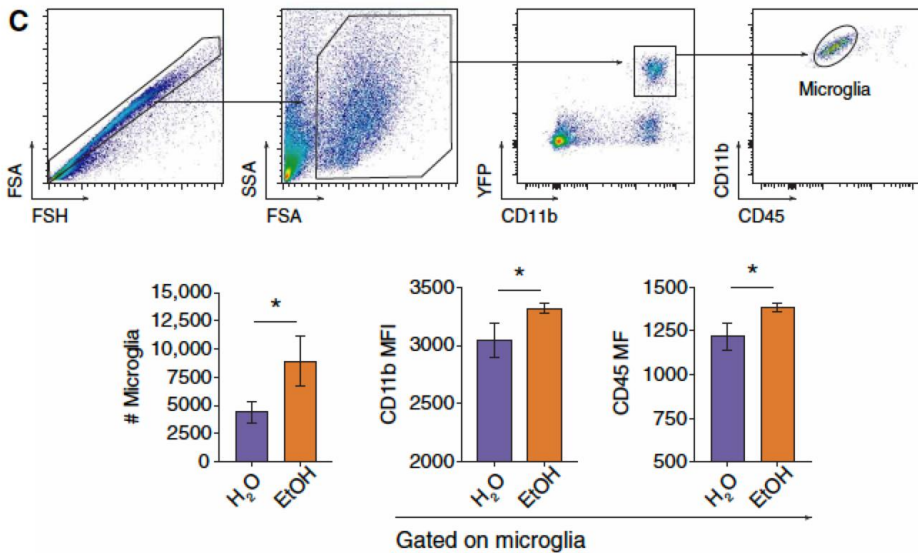
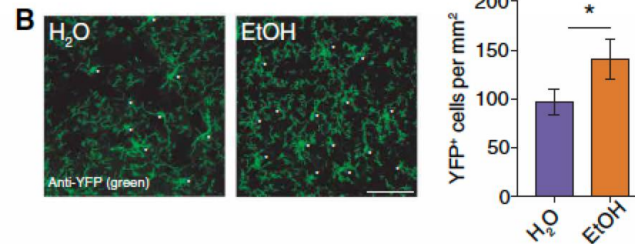
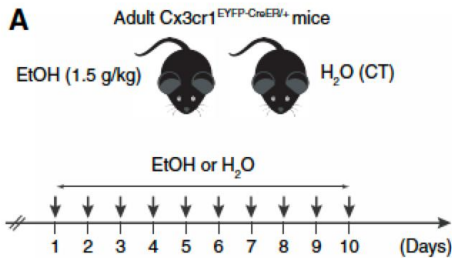


Nimmerjahn, Kirchhoff and Helmchen, Science

Disease-associated microglia (DAM)

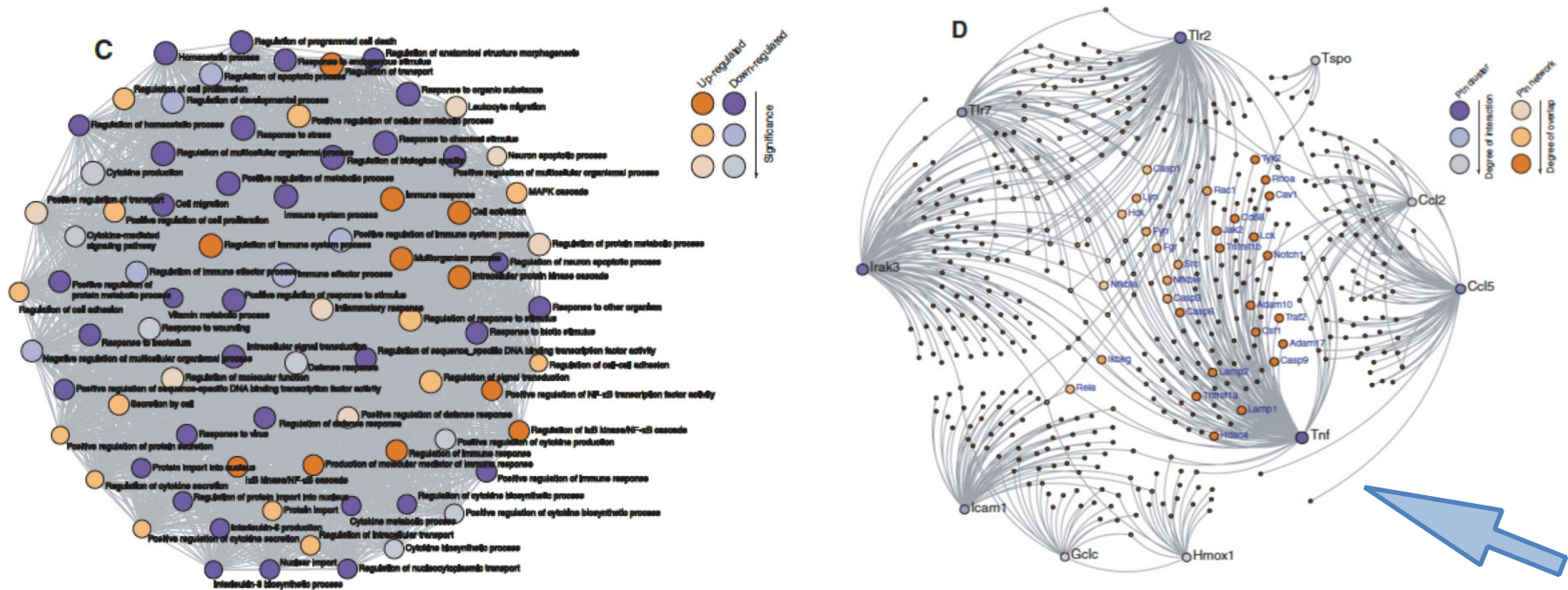
	Health	PD pathophysiology			
Type of microglia					
Morphology	Homeostatic Ramified Dynamic processes	Amoeboid Short and thick processes Rounded shape	Stress-primed Hyper-ramified Longer processes	Dark Hyper-ramified Extremely thin processes	Dystrophic Short and twisted processes Spheroid swellings Fragmentation Phagocytic inclusions
Functions	Surveillance Inflammation Phagocytosis Self-renewal	↑ Inflammation ↑ Motility ↑ Phagocytosis	↔ Inflammation ↑ Reactivity to immune challenges	↑ Interactions with synapses ↑ Markers of oxidative stress	↓ Surveillance ↓ Phagocytosis ↑ Inflammation ↑ Markers of oxidative stress

Daily alcohol intake induces microgliosis



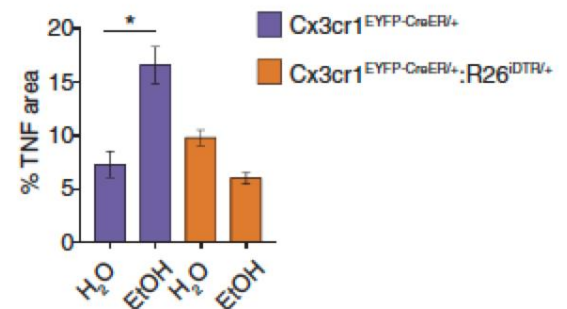
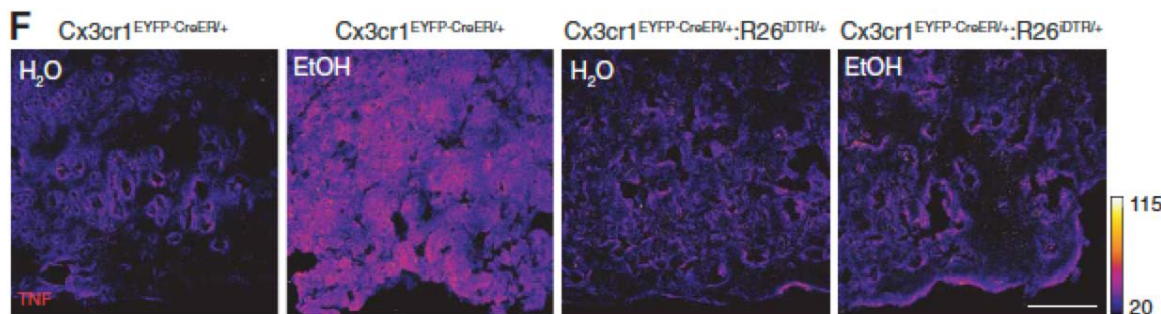
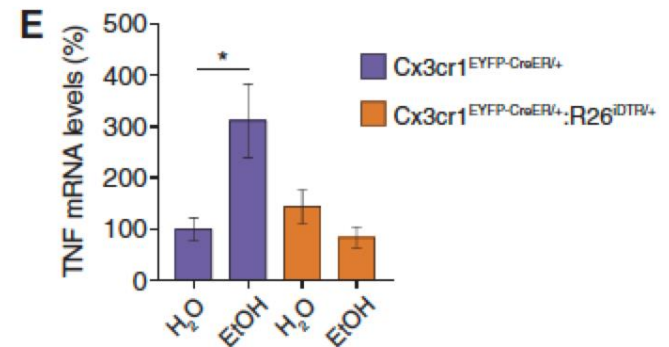
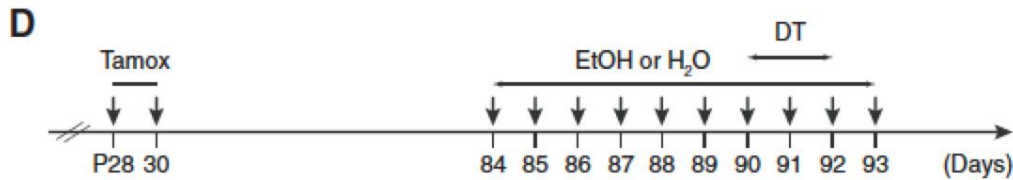
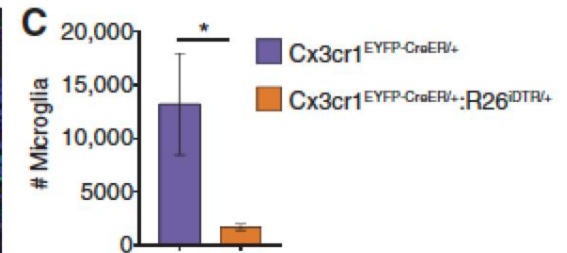
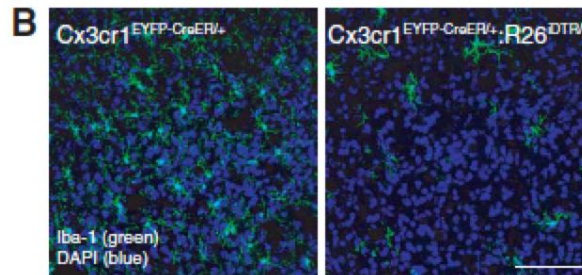
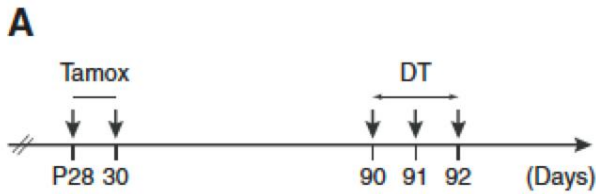
Binge alcohol led to expansion and increased activation of the microglial population.

Alcohol intake triggers a TNF-associated neuroimmune response

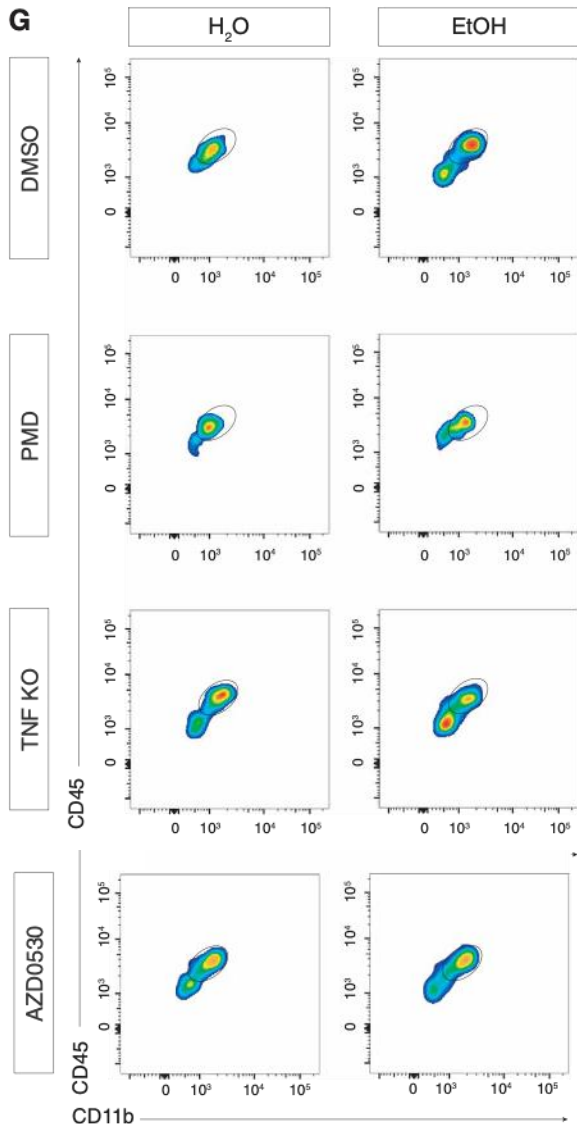


We analysed how microglia related genes were affected by alcohol exposure, and found a strong association with TNF.

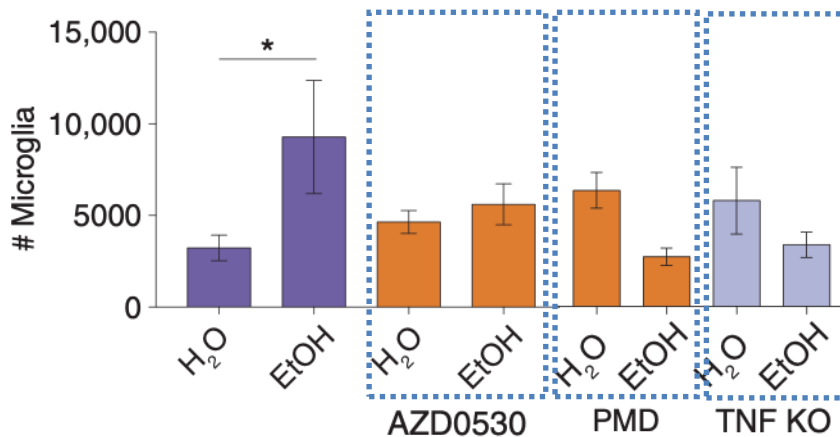
Alcohol-elicited production of TNF is driven by microglia in the prefrontal cortex



Silencing TNF prevents alcohol-driven microgliosis

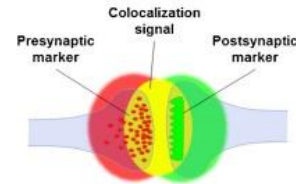
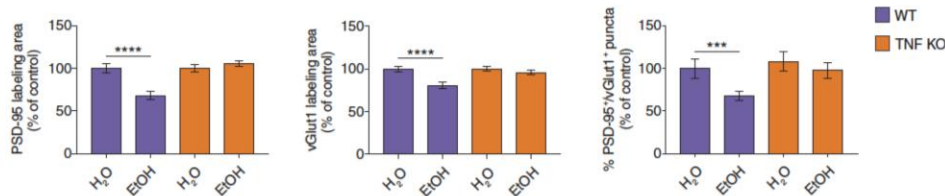
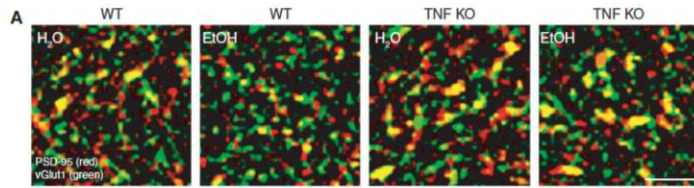


Using AZD0530 or Pomalidomide (blocks TNF production)

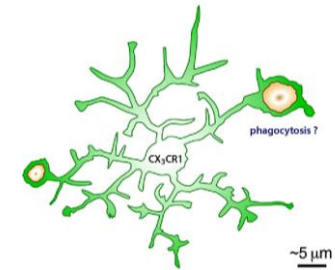
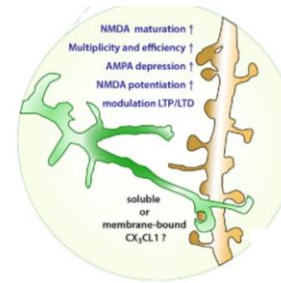
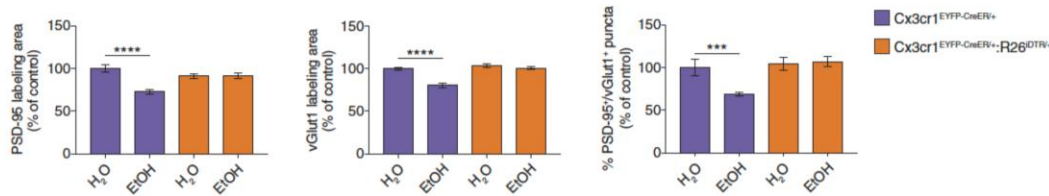
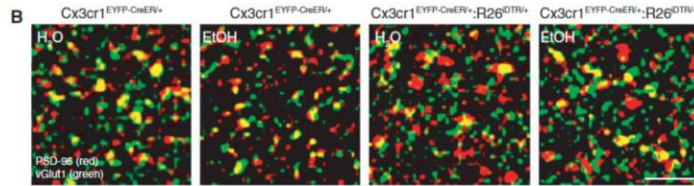


Alcohol intake in mice treated with AZD530, pomalidomide (PMD), or in TNF KO mice, does not cause microglia expansion.

Alcohol-elicited synapse loss is microglia dependent

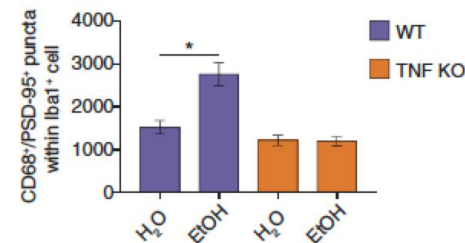
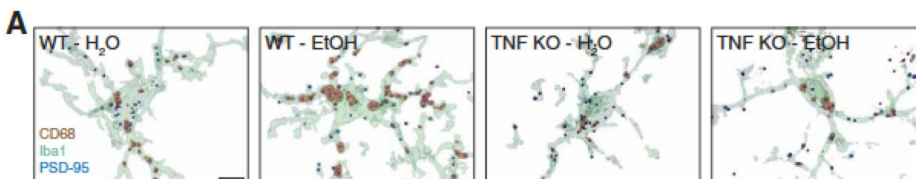


Colocalization reveals structurally accomplished synapses

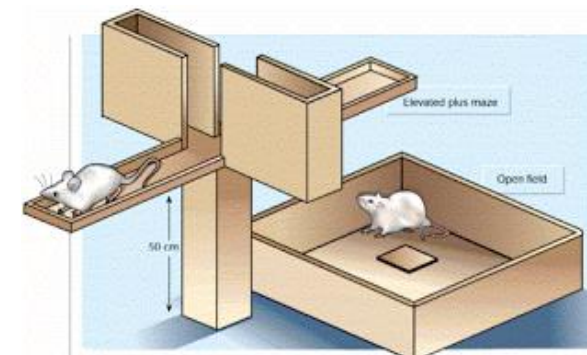
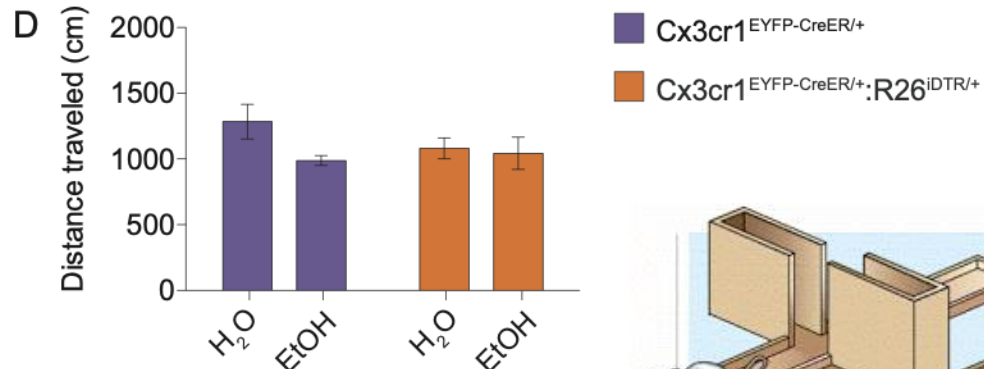
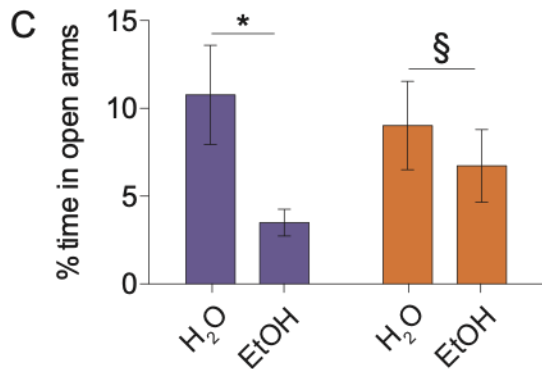
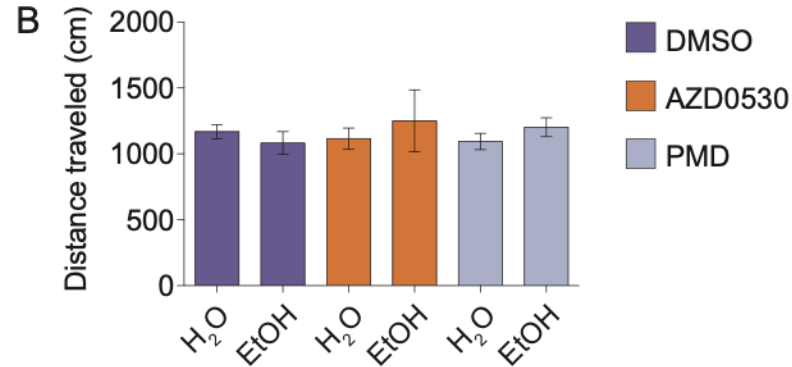
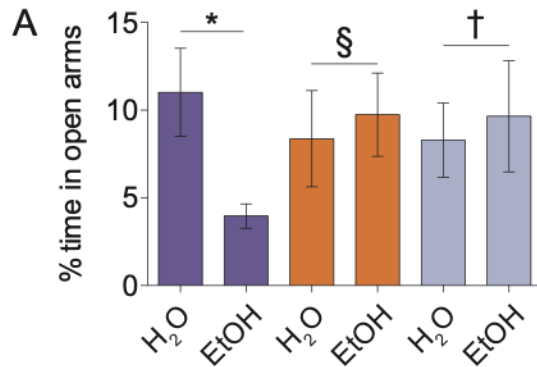


Adapted from Paolicelli et al 2016

Co-localisation of PSD-95 inside microglia



Blocking TNF production prevented alcohol-induced anxiety-like behaviour

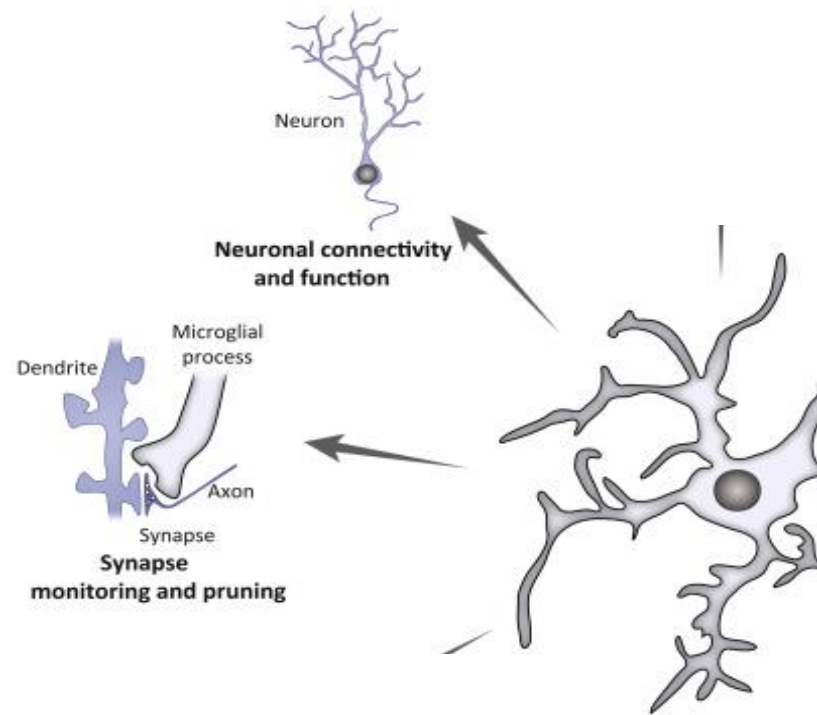




In summary, our data show that:

1. Repeated alcohol intake results in microgliosis;
2. Under repeated alcohol, reactive microglia increase TNF production;
3. These activated microglia engage in increased pruning;
4. Leading to increased anxiety;
5. Blocking TNF production prevented all these events;

We are now exploring how these mechanisms are regulated in long-term exposure to alcohol.



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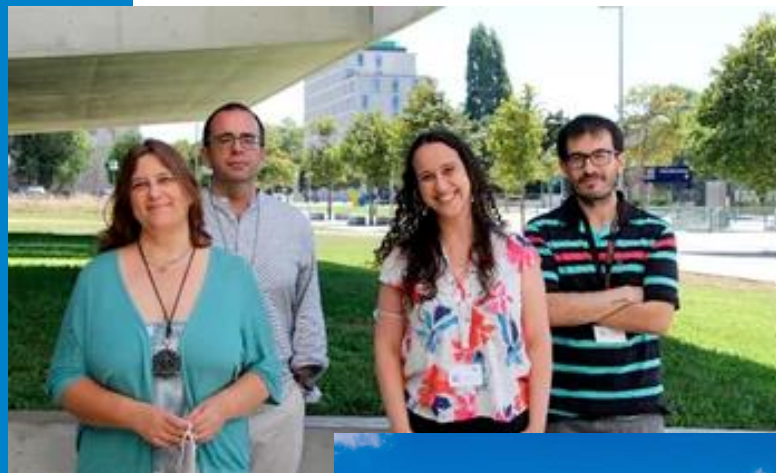
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Fundo Europeu de Desenvolvimento Regional



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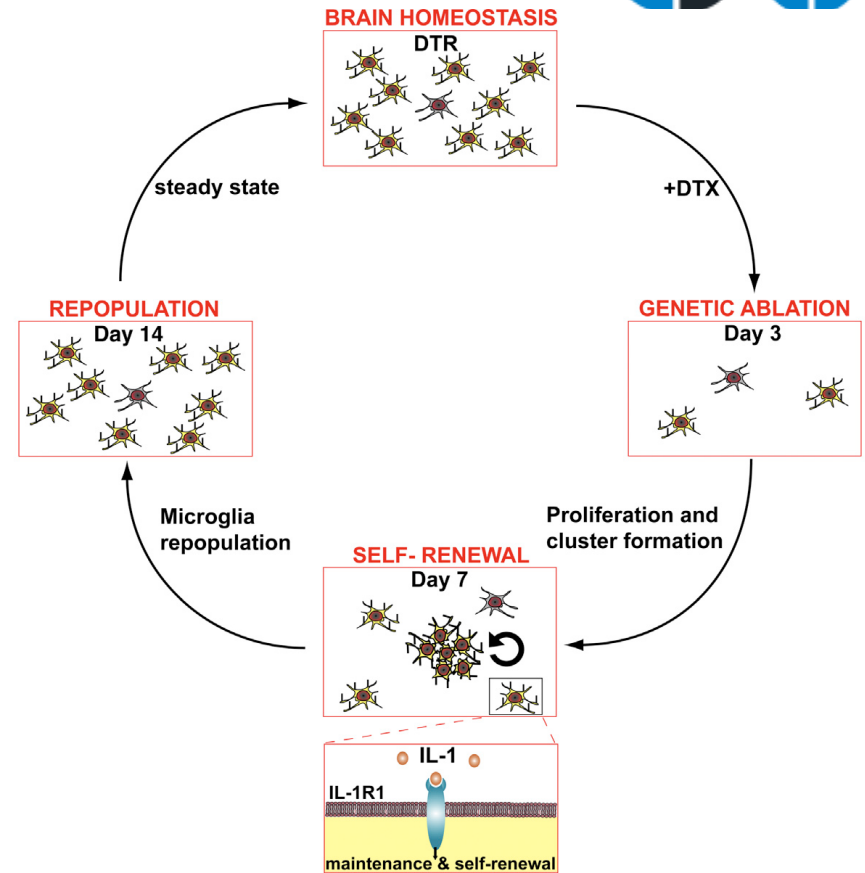
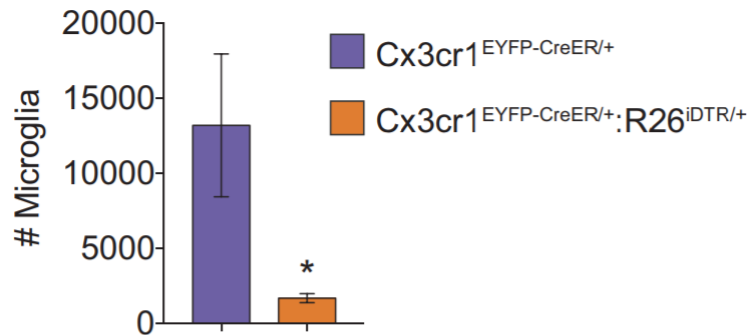
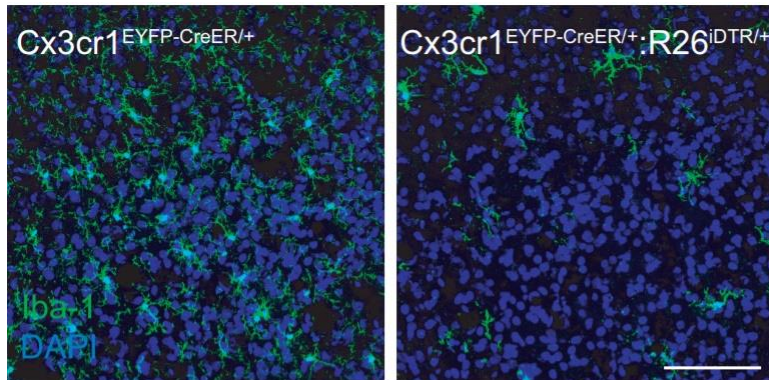


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2. What if we remove microglia?



Bruttger et al., 2015, *Immunity*

Microglial cells were depleted with an efficiency around to 90%

Microglia repopulate within 5 days of depletion after DT administration.